

**Here are the winners
of the 2024
Collegiate
Newspaper Contest.**

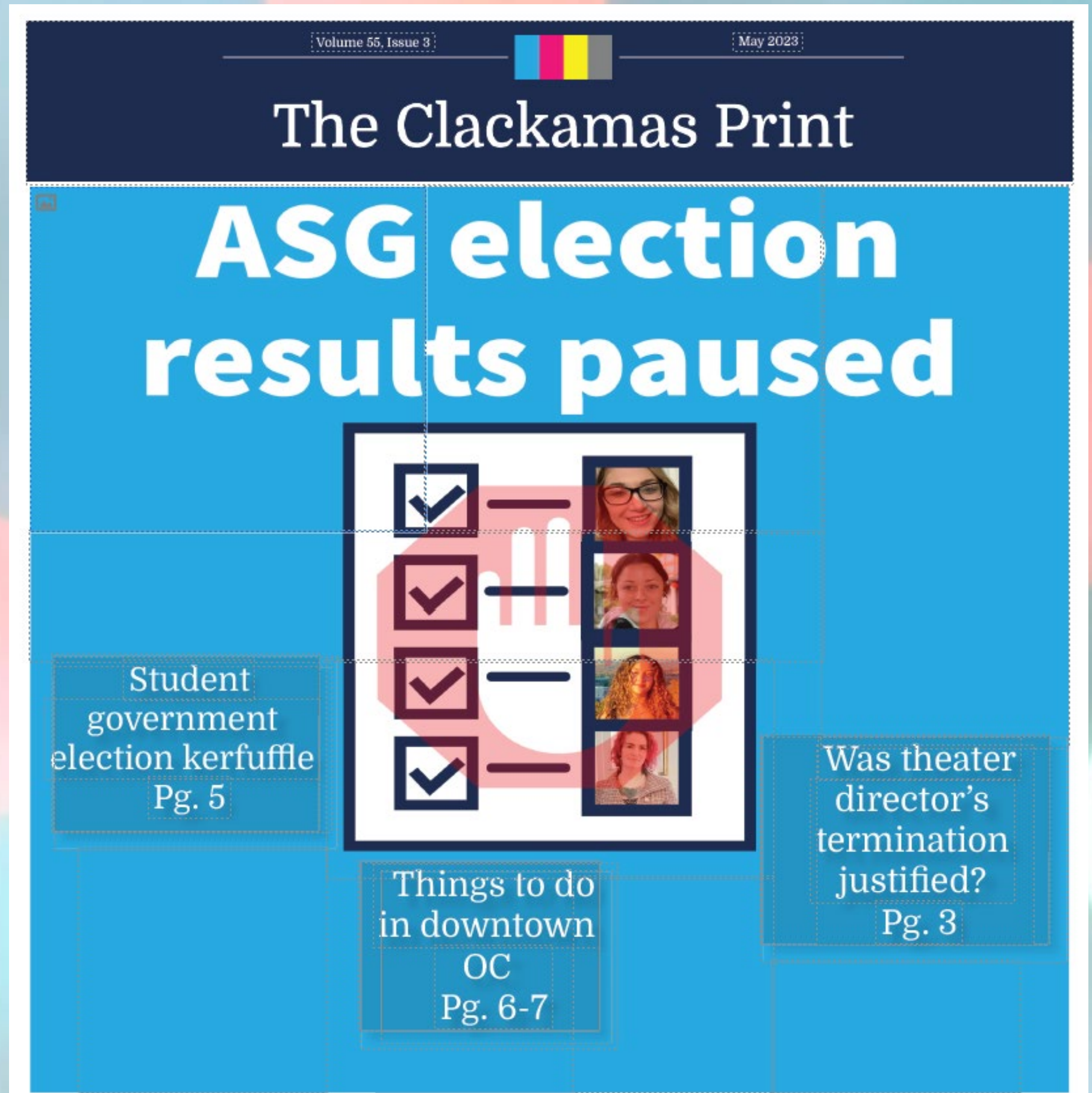
Best Section

Group 3

3rd Place

The Clackamas Print

staff



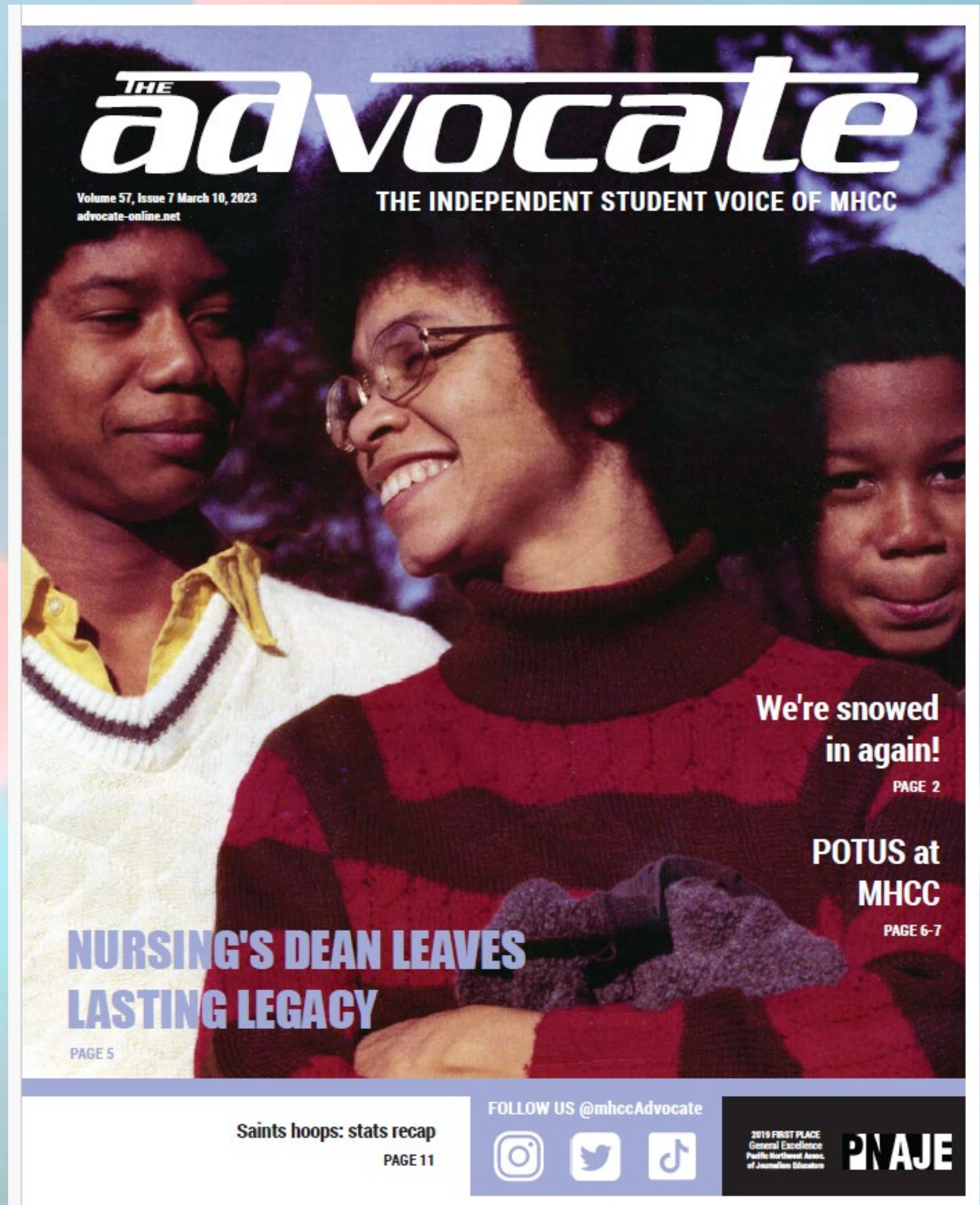
Best Section

Group 3

2nd Place

The Advocate-MHCC

STAFF



Best Section

Group 3

1st Place

The Commuter- Linn Benton CC

Staff



PERSPECTIVE:

From online high school to in-person college

words by RYLAND BICKLEY
photo by SARAH ROSE LARSON

College had always been in the back of my mind from kindergarten through high school. And as with many things that you look forward to for 13 years, finally getting to it didn't exactly result in the feeling of optimism and relief that I had been expecting.

Instead, there was an overwhelming sentiment of "Now what?"

Leaving the structure and comfort of high school for the endless options and new horizons of college filled me with equal parts hope and existential dread. I now had the chance to do what I wanted with my life, but the safety net that had always been beneath me was slowly being pulled back.

The newfound freedom was great, but that also came with the free reign to completely mess up my life. Choosing a college, a major, and a plan for work and living felt like future-altering choices. They were a far cry from the ones I had in high school, where my biggest school-related decisions were five-minute conversations on what new electives I should take each semester.

I ended up being accepted into Oregon State's Dual Partnership Program with Linn-Benton Community College, with the plan of spending my first two years of college as a Roadrunner. I decided to follow my two biggest passions in life with a major in Music Production and a minor in Applied Journalism. To me, a college degree was the first step towards getting a career and a great way to get hands-on experience in those fields. Beyond the technical education, it was also a way to gain life skills and a chance to break further out of my comfort zone.

But breaking out of a comfort zone is never easy, and to me, one of the most intimidating aspects of college was its in-person setting. I had spent my high school years in an online school, and I had always been

unique in that until recently: when COVID-19 struck late my freshman year, my entire generation was sent further into isolation and burgeoning social anxiety. Like so many others, I was stuck inside and learned to thrive in an online environment.

That isn't to say I spent my high school years locked in my bedroom with a Wi-Fi password. I went on trips, played sports, and worked locally, meeting new people and learning new things. But school was always something I accessed from within the comfort of my home, not something I drove to early each morning, 30 minutes from my room.

The college experience seemed distant and unfamiliar. I was worried that finally going to a "traditional" school would show just how far out of my depth I really was. But I felt strangely at home on the LBCC campus during New Student Orientation. I learned that as overwhelming as the big-picture aspects of college could be, there was comfort in how many of the little things stay the same in the transition from high school.

Meeting new people, making schedules, taking classes, having conversations, learning ... The list goes on, full of things I've already done countless times throughout my life. And college will just be more of that - just this time, it'll be painted in a blue-and-yellow color scheme. Still, there were and are some lingering unknowns, but when the little things started to feel familiar, the big things seemed less like possible failures and more like opportunities for growth.

Life isn't lived in the terrifying big picture but rather in the small, present moments. And while you'll have to forgive the occasional instances of existential dread, I couldn't be more excited to spend my next few years of little things here at Linn-Benton Community College. ✨

FEATURE

FUMBLING STUDENT ATHLETES! Higher roster numbers are associated with declining retention rates for male athletes at Pacific

EMILY RUTKOWSKI
THE PACIFIC INDEX

Student-athletes are a major source of enrollment—and pride—for Pacific University. Nearly 60 percent of incoming male students play sports—a statistic that Pacific boasts about in speeches and promotional materials, and uses as a marker about the soul of the school. But that number also creates an unyielding problem, and casts a dark shadow across student retention: When these recruited athletes don't make the starting team, or fail to get significant playing time, they don't always stick around.

Said more plainly: Pacific University has a retention problem; male athletes are the number one group of students who leave Pacific, and they are leaving the college in unprecedented numbers. While specific numbers were not available by press time, Pacific holds a somewhat middling retention rate of 75 percent. Within that number, it has been acknowledged that the leading cause for those fumble retention numbers are male athletes; presumably meaning that more than one out of four male athletes who enroll at Pacific leave before graduating.

The math is fairly simple: With squads in baseball, basketball and football more than quadrupling the number of starting spots, the chances of playing time for the vast majority of male athletes is low. The Pacific football team, for example, has over 130 players rostered for the 2023 season. With 11 players on the field at a time, that means that the program could host nearly five different lines of offensive, defensive and special teams. Even with active JV squads, that leaves a lot of players competing for prime playing time.

During his first year, Lucas Dahl was on the football team as a wide receiver. But when returned for this year as a sophomore, he left the football squad (but is still a member of the track team). "I played for a really small high school," explained Dahl. "Coming into college and being on such a big team, it sucks to feel like just a number." He went on, "I think many people came in, and it wasn't what they expected."

Likewise, Boxer basketball has significantly fewer spots available than athletes recruited. One glaring statistic is that the team had 29 people rostered on the JV squad last year, and 16 did not return.

"At the end of the day, it's a recruitment problem," said Brian Thompson, who is one of those JV players who did not return. After one year at Pacific, he transferred and is now a student at Oregon University. He went on, "The JV starters would get maybe 15 minutes in a game that lasts 40 minutes."

One bright spot, though, has been the baseball program, which also carries a large number of male athletes, but has developed a JV program that seems to be satisfying



Top: JV Baseball Riya Patel / The Pacific Index; Bottom Left: JV Football Molly Sporn / The Pacific Index; Bottom Right: JV Basketball GoBoxers SmugMug

athletes' desire for playing time, and for being part of the squad, while simultaneously developing a support system for the varsity program.

The Boxer baseball team has a 53-player roster this season, including 16 freshmen players. With nine men on the field, those numbers track the football or basketball squads, which all carry roughly five times as many players on their roster as starting positions. However, baseball's retention rates are strong: Only three players left or transferred from last season; the rest returned.

An important part of that success has been the development of full squad unity, and particularly using the JV squad as an active development opportunity. Assistant Boxer Baseball coach Ryan Krout explains that he considers it essential in team growth that each player understands their value and sees a clear uphill trajectory.

"The way we look at it is we are always one team," says Krout. "We practice together, same locker room; it's just about scheduling more games, and we want to get as many guys on the field as possible," he explained. "We can get our athletes on the field, and not just waiting around lifting and hitting all year."

And Krout should know: He is a 2022 alumni who spent his freshman season with the JV team, known as the "Red Wave,"

before jumping to the varsity team his sophomore season, eventually earning first-team All-Conference Honors his senior year.

"I was a JV guy," Krout admits, referring to his first year at Pacific. "Honestly, the JV program was huge for me. I wasn't ready for college baseball; it was scary and too fast," he expressed. "Getting a year on the JV helped me get my confidence and grow a little."

"We honestly treat our Red Wave program kind of like a minor league," Krout continues. "It kind of ebbs and flows up and down to allow guys to get comfortable at the college level before being asked to play high-speed game environments on varsity."

And that lesson and success with retention seems to be resonating with other coaches at Pacific. After speaking with the baseball team's head coach, Brian Billings, and learning about their "minor league" strategy, head basketball coach Justin Lunt implemented something similar for his

players, creating a "G-League" tournament.

The "G-League" provides non-varsity athletes more chances to play competitively and to display their abilities. The varsity players coach and officiate the mini four-team league aimed at creating team cohesion. The team conducted light-hearted post-game interviews and even has a Twitter account.

Lunt spent 12 seasons at Puget Sound and took the Loggans to seven Northwest Conference Tournament appearances, a Northwest Conference title, and the Sweet 16 of the NCAA Division III basketball tournament. This year is his fifth season at Pacific.

"One of the reasons I left Puget Sound," he explained, "was because I love the fact we had a JV program here." He added, "I feel like there are opportunities when players come in as freshmen, that they may not be at the level they need to be, but then they get the opportunity to play."

Lunt points out that he has players who started on JV and are now regular varsity team starters—and that two of those players from the previous season are now playing professionally abroad, including Ethan Chung, who graduated in 2023 and now plays professionally in Taiwan's Plus League.

"I want to create the vibe that JV is more of a developmental team," says Lunt.

Best Section

Group 2

3rd Place

The Pacific Index - Pacific Univ

Staff

Best Section

Group 2

2nd Place

The Pacific Index - Pacific Univ

Staff

CULTURE

THE TIMES, THEY ARE A-CHANGIN’

The Pacific choirs are preparing for their first concert, while one of their conductors is preparing for his final year with the group.

LIBBY FINDLING
THE PACIFIC INDEX

Pacific University's Concert Choir, Chamber, and Vera Voce, an a cappella group, will be debuting for the first choral concert of the year. The event takes place on October 27 at 5:30 p.m. at the Taylor-Meade Performing Arts Center and is free for Pacific students.

Judy Rose is the instructor for Pacific's Concert Choir, which currently has roughly 25 members. With 20 years background as a music instructor in Portland, she also leads a rock band, chamber choir, an early morning choir, and a songwriting class outside of Pacific.

The multi-talented and multi-faceted songwriter and music instructor, Rose has built her relationship with Pacific one song at a time. She first found her way to Pacific through "Jubilant Day," a song she wrote in 2018 after she experienced a traumatic micro-aggression in Portland. She was able to take the hateful experience and turn it into a triumphant spiritual song with a

message of surfacing the love and power she knows burns within herself, and everyone around her. The song begins with the line, "Each day begins and ends with me."

In turn, the song was performed by Portland-area school Grant High—and also was performed by several other high school choirs. In 2019, Pacific University Chamber Choir sang the song; the first college-level group to sing her work—and then, a year later, Scott Tuomi invited Rose to conduct her piece for his students, and she was given the opportunity to perform a concert to honor Black History Month in 2020. But the pandemic interfered.

On October, Rose's "Jubilant Day" will be part of an uplifting and varied collection of songs. "I am loving the energy and excitement of the group this year," says Rose. "This is an inviting place, and when we include people, we welcome everyone as their whole self."

Along with Rose's song, Tuomi, who is wrapping up her 36 year career at Pacific, including leading the chamber singers for 20 years, is including a Chamber Choir song called, "Can We Send the Darkness



Photo courtesy of Pacific University Choir

to Light," which Tuomi says is about being kind to each other in this world that has darkness in it.

Tuomi's group will also be performing a song honoring a composer born 400 years ago, Scottish mouth music, and a surprise spooky Halloween piece. Bob Dylan's "The Times They Are A-Changin'" will also be performed, which Scott says carries a message about his generation giving over this world to the younger generations.

"My hope is to have as much fun as possible," says Tuomi, who will retire in May 2024. "I want to do stuff that I love to do and share it with the students. I am having the time of my life with the group this year. They're terrific students. I'm

dedicated to having fun and making the best music we can."

Rose echoes those sentiments, and expressed that she wants this year to be as fun and glorious as possible for Tuomi. "He helped me rethink my career," stated Rose. "There were times when I was unsure about my impact as a teacher, but Scott was a good friend and a mentor to me, telling me I could get through it. He saved me. Every music educator needs a champion like that." She added, "Scott will leave a legacy of raising people. I can't think of any other person who's been stalwart in amplifying students and faculty of color. I credit him for giving me this opportunity at Pacific."

AN ODE TO HOME

A mural painted in just a few hours was a community-building event like no other

ANARI SCHUMACHER
THE PACIFIC INDEX

Pacific University is deeply rooted in Hawaiian culture. With an estimated 25 percent of the student body traveling from the Hawaiian islands to attend school here. And, in spite of the distance between the islands and the inland campus, the university and students alike keep the Hawaiian culture present and immediate.

On October 5, a group called "Kupu A'e Molokai" came to Forest Grove to do just that. Originating from the island of Molokai, the group works as a Hawaiian clothing brand company. With a fashion show, mural painting, and hula dancing, a regular Thursday night turned into so much more.

Kalae Tangonan, a staff member from Kupu A'e Molokai knew Pacific was a place where their art needed to be shared. "We were doing a fashion show for our clothing brand and inquired around looking for Hawaiian natives that lived locally in Oregon. That led us to Pacific. The Hawaiian club on campus wanted us to incorporate our fashion into giving back to our Hawaiian



Photo courtesy of Kupu A'e Molokai

culture" Tangonan explained.

On Thursday afternoon, after the fashion wear presented on the UC patio wrapped up, a canvas was unfurled and put onto the brick wall—and immediately artists went to work. By Thursday night, the mural, entitled "A Call to Hina," was finished. "Hina is our goddess of Molokai II, and she is calling out and just connecting to the people here in Portland," said Tangonan.

At first, it was just the members of the group Kupu A'e Molokai working

on the mural. But soon others joined. "I didn't expect anybody to really show up because at the beginning, no one was really around," said Tangonan. "Then as the day went on, we had around 30 students show up." With so many students wanting to join, Tangonan had them use their hand prints as the background of the mural. "The handprints in the mural represent something we call Manamana Lima," Tangonan passionately explained. "This represents your fingers and then it connects to your hand which is transfer-

ring up with your energy. We call it manana or spirit."

What was just a normal day on campus turned into an event that represented so much for the community. Students from all over contributed to the mural. It did not matter if you were artistically inclined or could barely place your hand onto the canvas in the perfect manner; all were welcome to join in and share in what turned out to be a one-of-a-kind art piece.

Best Section

Group 2

1st Place

Vanguard - PSU

Macie Harreld, Kat Leon



"WETERINGSCHANS, AMSTERDAM." OIL PAINTING BY HENK PANDER IN OJMCHÉ EXHIBITION, THE JEWS OF AMSTERDAM, REMBRANDT AND PANDER. MACIE HARRELD/PSU VANGUARD

LEARNING FROM HISTORY'S MISTAKES

OJMCHÉ HIGHLIGHTS THE IMPORTANCE OF HOLOCAUST EDUCATION

MACIE HARRELD

THE OREGON JEWISH MUSEUM AND Center for Holocaust Education (OJMCHÉ) reopened this summer after a four-month period of renovation. Alongside three core exhibitions which focus on Oregon's Jewish community and the state's history of discrimination, OJMCHÉ has added a new core exhibit, *Human Rights after the Holocaust*, as well as a temporary exhibit—*The Jews of Amsterdam, Rembrandt and Pander*—open through Sept. 24.

The recent installations emphasize the importance and timeliness of educating people about the Holocaust in the present day. The narrative that this genocide was a finite, anomalous event, far removed from the present day is erroneous and poses a threat to democracy.

The Holocaust started long before 1938. Years of antisemitism, aggressive nationalism and complicity to xenophobic ideologies

established a basis for state-sponsored mass murder. Throughout these two exhibitions, OJMCHÉ traces the Holocaust from the seventeenth century to genocides which echo into today.

The Jews of Amsterdam, Rembrandt and Pander traverse nearly 400 years of Jewish history in one particular place—Amsterdam. This story starts with Rembrandt van Rijn, born in the Netherlands in 1606.

Rembrandt's Amsterdam represents the splendor of the Dutch Golden Age—an era of newfound wealth and cultural renaissance. This prosperity was doubtless due partly to contributions made by the large influx of Jewish immigrants, who sought refuge from the persecution suffered in wider Europe and the Middle East—particularly in the Spanish Inquisition.

"Amsterdam promised religious freedom of practice to all comers," said Bruce Guenther, OJMCHÉ adjunct curator for

special exhibitions. "So for 150 years, the Jewish community enjoyed a freedom unseen elsewhere in the seventeenth century. Rembrandt is a witness to that."

This exhibition showcases 22 of Rembrandt's etchings depicting the tradition and culture of Amsterdam's thriving Jewish community. Rembrandt was not a Jew—yet his integration and solidarity within the Jewish community are tangible in his works and unfortunately unique among non-Jewish artists of his time.

"It's one of the first moments in European art history where the humanity of the Jew was represented," Guenther said. "Before this, before the medieval period, they were, of course, discriminated against—they were not represented as human."

The works illustrate stories and figures of the Tanakh—often modeled after real people in Rembrandt's community—as well as prominent Jews who commissioned portraits from the artist.

Best Special Section

Group 3

3rd Place


The Commuter- Linn Benton CC

Staff

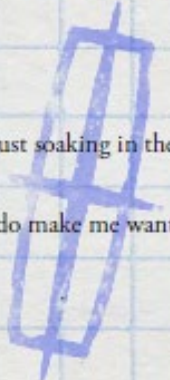
meet the team

Over the Summer we have been hard at work gearing up for the coming school year. We've picked up a lot of new faces at the Commuter and we decided to include a Meet the Team article so you can get to know a little more about the outstanding staff that makes up our publication.

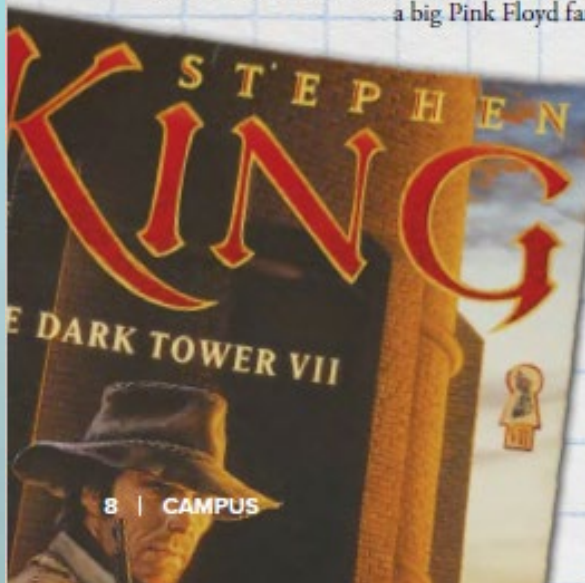

1. Major and career aspirations (yes, maybe boring but enquiring minds want to know ...)
2. If you wake up tomorrow with any one quality, what would that quality be?
3. Favorite song and/or artist?
4. Favorite pastime outside of school/work?
5. What's something you've always wanted to try but haven't had the chance to yet?
6. What's a piece of media you've been interested in lately? (book, tv show, movie, video game, magazine)



1. I am a business major and I am passionate about marketing. Right now I am gaining as broad of a knowledge base as I can. Career wise, I would love to secure an internship where I could gain experience contributing to digital marketing efforts.
2. I would like to wake up and gain the quality of having every single item from Trader Joe's in my pantry and it will never run out.
3. "The Gambler" by Kenny Rodgers, saved for Karaoke nights and long drives.
4. Trivia Nights - it can get competitive.
5. I think right before finals week I'm going to try one of those float tanks where I am just soaking in the salt water like a starfish.
6. Right now my wife and I are watching "The Lincoln Lawyer" on Netflix. They really do make me want to buy a Lincoln. Hey! Is that product placement? Thanks Marketing Class!



1. I'm a visual communications major following the graphic design track. Currently my post-graduation plans are to go into logo design or screen printing.
2. I would like to be able to have a longer attention span, I think that's a pretty common problem for people nowadays. Being able to grind out homework for longer chunks of time would be great.
3. Recently I've been listening to a lot of Cage the Elephant and Queens of the Stone Age. Also a big Pink Floyd fan, gotta make sure that's in my top three.
4. Outside of school/work I spend a lot of time downhill skateboarding. It's a bit of a niche sport, not a big community for it, but I've been doing it for almost eight years now and I love it.
5. I've never been on a backpacking trip. I love the outdoors and hiking but I've never been on a real backpacking trip, it's on my bucket list.
6. Recently I've been reading the Dark Tower series by Steven King. It's an interesting read, it definitely still has the Steven King horror elements but sometimes it seems more like a fantasy/adventure series.



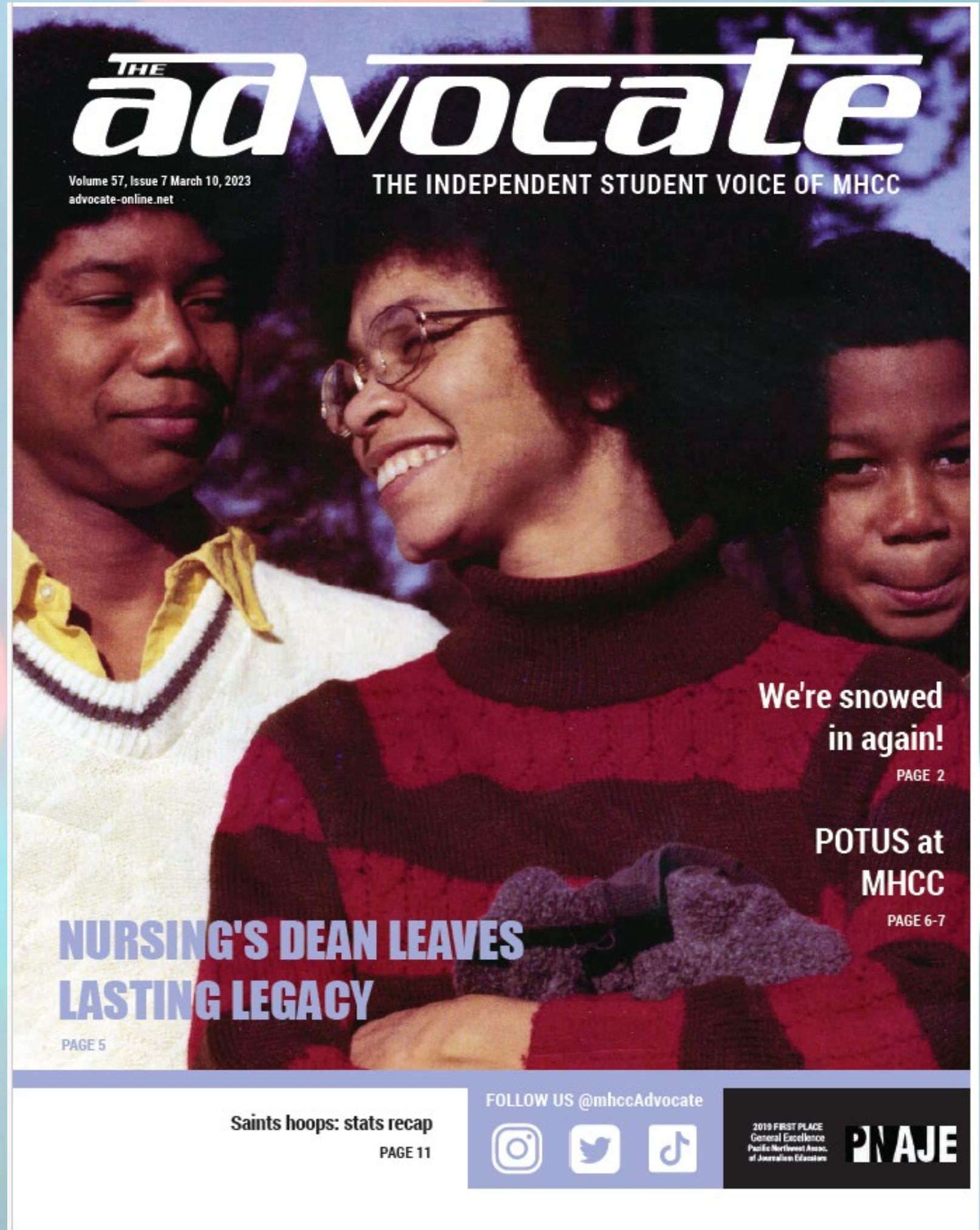
Best Special Section

Group 3

2nd Place

The Advocate-MHCC

Staff



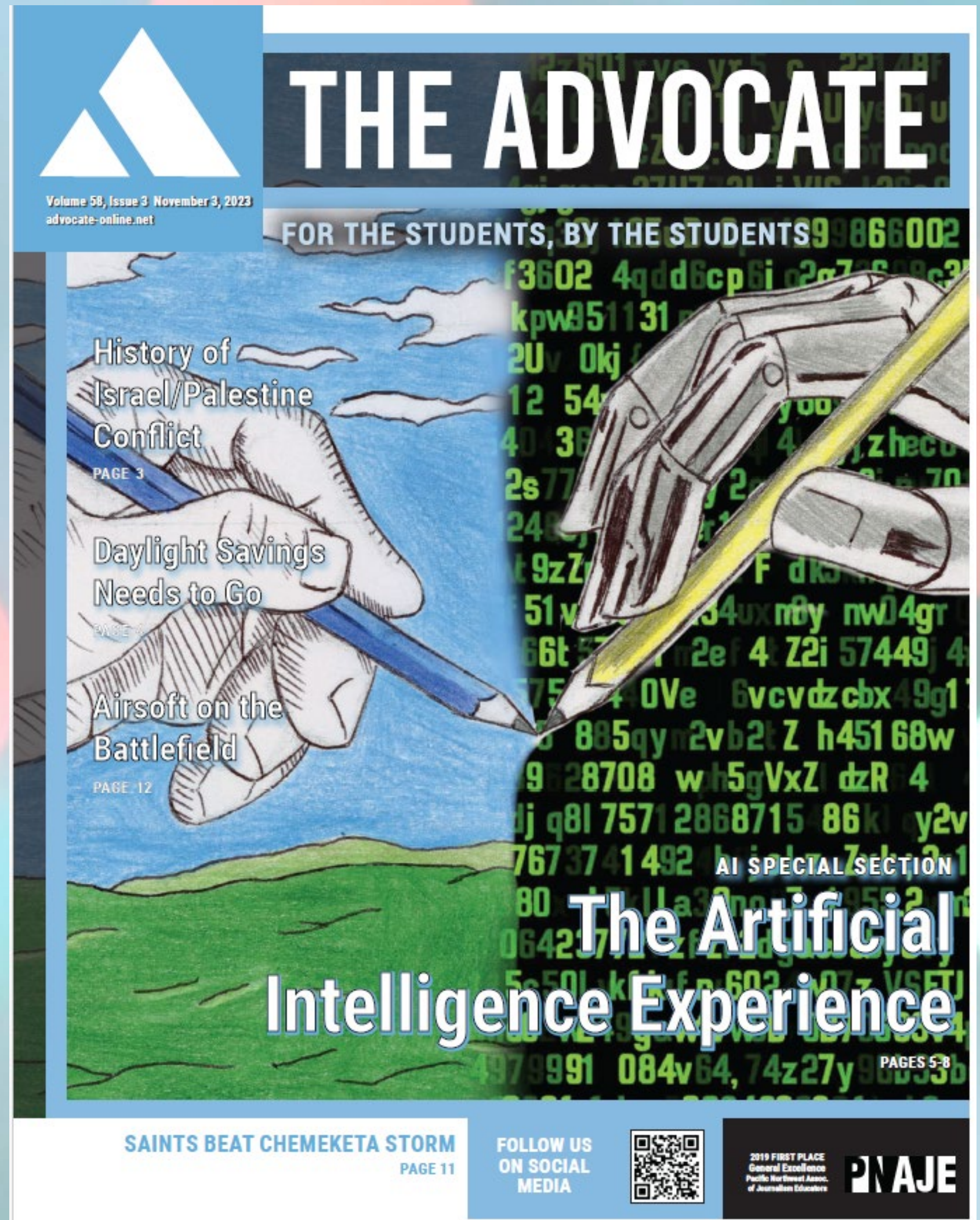
Best Special Section

Group 3

1st Place

The Advocate-MHCC

STAFF



Best Special Section

Group 2

3rd Place

The Daily Barometer

Staff

The Daily Barometer NOVEMBER 2023
DAILYBAROMETER.COM VOL. CLAVE, NO. 03

THE LAST PAC-12 RIVALRY GAME

OREGON STATE UNIVERSITY vs UNIVERSITY OF OREGON



ILLUSTRATION BY H BECK

STATE OF THE PAC-12
Legislative politics of PAC-12 realignment
An unprecedented college athletic conference realignment left the five Big Ten members in the state of Oregon or two of them conference-bound. Read more about the state of the PAC-12 and all of its future prospects. 7

FASHION EVOLUTION
Hail to Old OSU: 130 years of OSU football uniforms
At 2 p.m. on a crisp November day in 1893, 11 men dressed in black and white quilted vests and heavy knit tunics stepped on a grass field where Oregon's first football game was played. Today, OSU's football uniforms are a far cry from those of the past. 11

ALUMNI
Past OSU football players weigh in on 127th Rivalry Game
As dozens of enthusiastic fans echo through Steen Stadium, the past comes back to life for OSU football players who gather to reflect on a tradition that has, yet again, made its mark on the field. 12



127th RIVALRY GAME

NOVEMBER 24
at 5:30 p.m.

AUTZEN STADIUM
Eugene, Ore.

BROADCASTED ON
KEVR 88.7FM

POSTER INCLUDED INSIDE

SEND MORE, SPEND ON OUR DIGITAL PLATFORMS | @DAILYBAROMETER | #DAILYBAROMETER | DAILYBAROMETER.COM

Best Special Section

Group 2

2nd Place

Vanguard - PSU

Staff

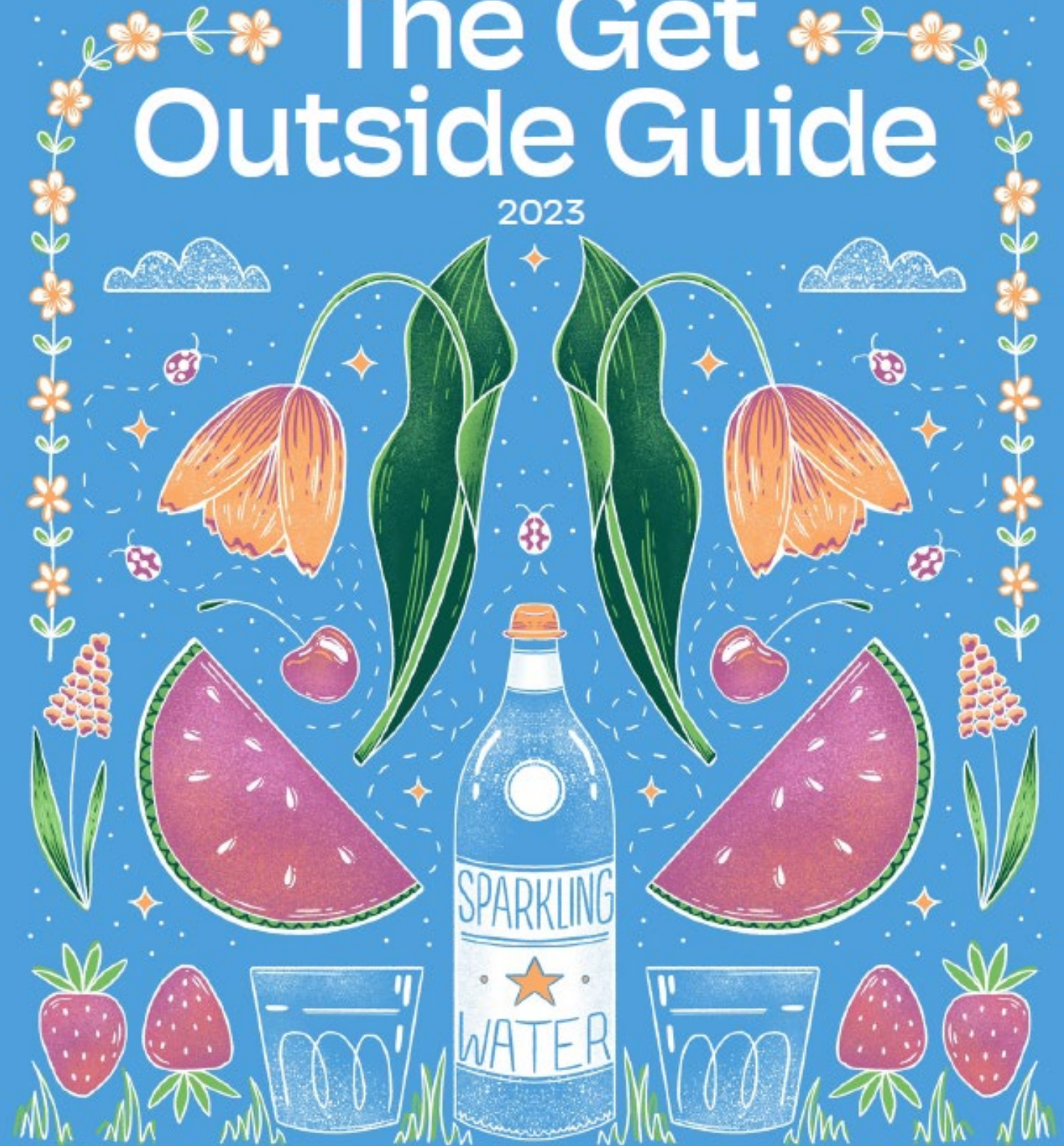


PORTLAND STATE VANGUARD

VOLUME 77 • ISSUE 37 • JUNE 7, 2023

The Get Outside Guide

2023



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JSMA showcases PSU Design student's creations P. 6-7

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PSU doesn't have an AI policy—and that's a problem P. 30-31

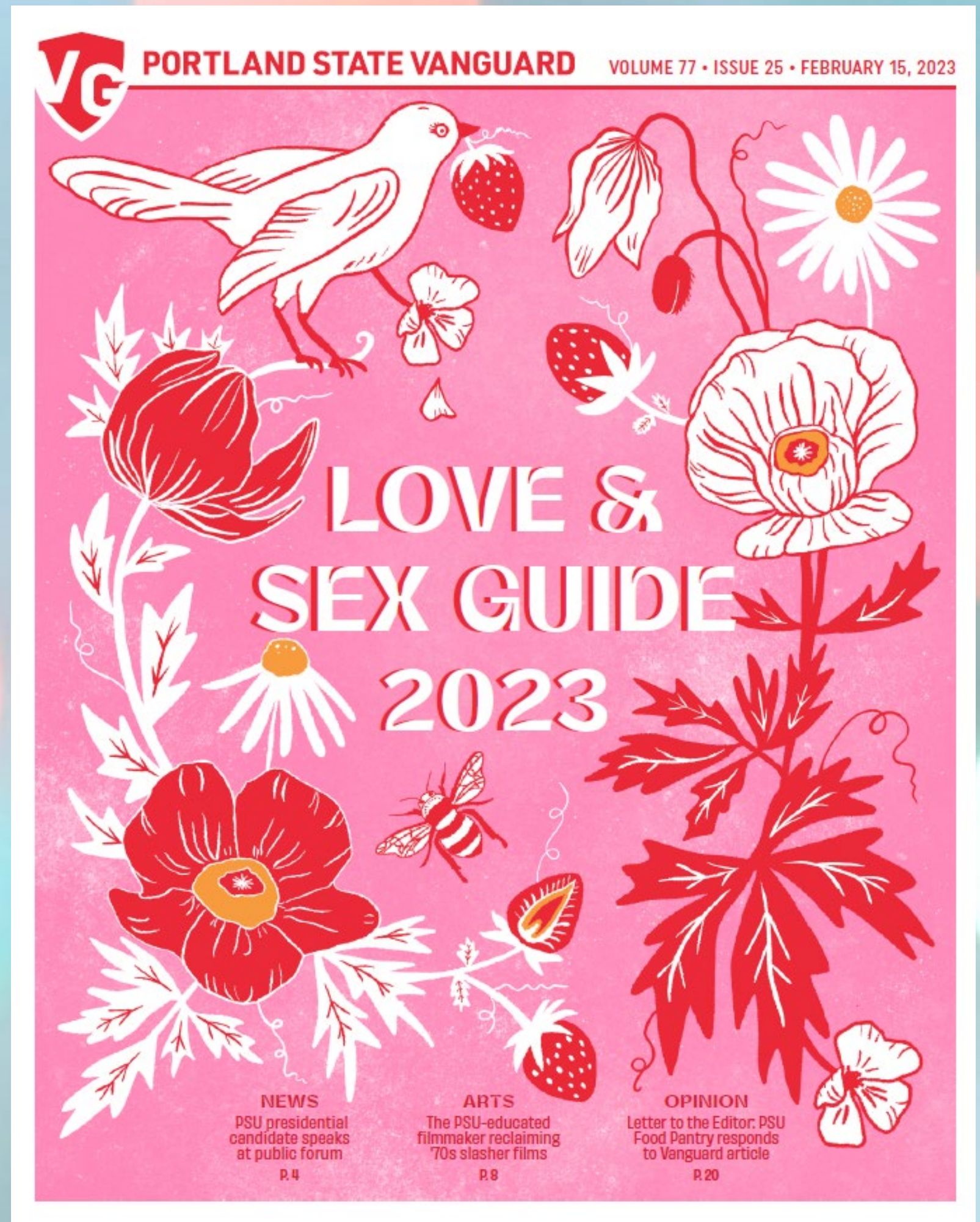
Best Special Section

Group 2

1st Place

Vanguard - PSU

Staff



Best Headline Writing

Group 3

3rd Place

The Advocate-MHCC

Andrew Hull

THE ILLUMINATING ART OF POLLY MALBY

Photos taken by Wes Jensen

Shalynn Robinett
The Advocate

Polly Malby has lived a remarkable journey in the U.S. and beyond, working as a midwife and teaching midwifery to the next generation with a balance of science, art, and faith weaved into her story.

Now she channels her passion to create into unique custom lampshades and light fixtures. Her art pieces are displayed at the Red Trillium Gallery in downtown Troutdale and additional locations.

The Fairview resident said love for the arts has always been a part of her life, even while teaching nearly two decades at the Oregon Health & Sciences University in Portland.

"I have always had a sense of creativity and desire to make things beautiful and fun," she said.

"When I did midterms and final exams for my students, I made them like screenplays, and the students had to figure things out – not just regurgitate information, but show they had critical thinking skills. I had former students come up to me many years later at conventions and say they still had those exams."

She often made special gifts for students, such as hollowed-out eggs on which she inked an image of a baby in the womb, or a young child with a mother. She made a golden speculum award for one faculty member. "Then, of course, my daughters were getting older, and they needed prom dresses, wedding dresses, and wedding cakes," which she was glad to craft, she said.

By 2015 Greg took a secondary job at Hippo Hardware in Portland, which sells antique hardware and salvaged goods. One day he brought home a broken lampshade and asked if Polly could do something with it. She quickly replied, "Are you kidding? Silk, ribbons, colors, beads... Yeah!" And since that moment, her custom lampshades and fixtures have come to brighten many lives and earn renown.

Besides at Red Trillium, her works are displayed at the Café Delirium in Gresham and The Pendleton House Historic Inn, in Pendleton. More can be seen at McMenamins properties, such as Edgefield in Troutdale, the White Eagle Saloon & Hotel in Portland's St. Johns neighborhood, and the Blue Moon Tavern & Grill in northwest Portland. Two of her lamps were purchased to be featured in a hotel scene for the television show "Billions."

Polly lists artists William Morris, Maxfield Parish, and Duffy Sheridan, as well as the Art Nouveau and Craftsman eras, as inspiration. But her favorite type of lampshade project is creating heirloom and memorial lampshades, as well as shades to commemorate special events such as weddings or anniversaries.

An example: She had an opportunity to

create a shade in remembrance of a child who died in a tragic accident. The mother had taken many years to unpack or dispose of any of the belongings. Finally, the mother gave her some clothing and charms, and a newspaper clipping with a poem on it that the mother read at the funeral.

"I designed the lampshade thinking this mother would never be able to attend that child's wedding, to see them graduate, or welcome that child's children," said Polly. "I used strips of a blue dress to create a pocket for the mother to tuck in her child's student body card and display that treasure, if she wished. The child's soccer number was 2, so I included No. 2 charms with the others along the trim. I printed the poem from the newspaper clipping on a ribbon and incorporated it at the base of the shade just above the trim."

"And it was very subtle, but you could see the beautiful words from this poem as they ran around the shade. It was a very special project for me because I knew I was being helpful to that family."

Polly loves to create shades that incorporate a bride's colors, flowers she picked out, the style of the wedding invitation, or the type of lace on her dress.

"People having a wedding spend a lot of time and money shopping for the right flowers, the right atmosphere and theme. And then the event is over, and all the tablecloths get re-

turned, the flowers wilt, and everything gets thrown out. If I make a lampshade that incorporates all those beautiful elements, it helps to preserve the memory in a beautifully unique way."

Always there is a story attached to how she comes about her lamp-making supplies, how each piece comes together. At the Oregon Coast she encountered a woman moving her own antique shop, and in the stash was a Chinese gentleman's wedding skirt from which a large square had been cut out from the middle. To most people, the garment would be considered ruined and unusable, but not to her.

"It was made of this crispy, gold silk with perfect pleats and gorgeous hand embroidery throughout, and I've used it in several projects."

Polly loves repurposing old neckties because they come in beautiful colors and silks. She has a collection of Czech glass buttons that she uses in the shades as a little "window" to great effect.

"I'm always looking for antique crystal and glass beads. They are so brilliant when the light shines through them it excites me, and I think it excites the people who appreciate my art."

She explains the Baha'i faith she shares with Greg plays directly into her appreciation for beauty and possibility within objects large or small. Take her love of vivid colors. "Why does a hummingbird look for a red flower? Why do we like butterflies?" she said. "It's the color and vibrancy and marveling at the incredible creative energy in the world and trying to reflect that harmony, beauty, and joy because the world is full of darkness and sadness."

"Creating helps me feel whole, healthy, and connected to the community."

Recently Polly was asked to join a study group researching the importance of the arts on a spiritual level, and became one of three facilitators in the U.S. for this program. Among the first topics covered was that art is a gift from the divine.

"We are looking at the role of art in society. When we have a body of knowledge, whether it's midwifery, education, or business, and we study it, it is just a body of knowledge; but when you put that knowledge into practice, it becomes art," she said. "It's not just about how we use our knowledge but also about brightening the world with beauty and creating harmony."

"Art takes your mind to these meditative spaces, and you become more open to the divine light we're all capable of accessing. If more people did art, I imagine that society wouldn't be so crabby with each other, and we



Best Headline Writing

Group 3

2nd Place

The Clackamas Print

Staff

TRAVEL

5

Students travel back in time

HISTORY, GEOLOGY AND BIRDING AT THE MALHEUR WILDLIFE REFUGE

BY ETHAN M. ROGERS
EDITOR-IN-CHIEF

Time travel is easier than most people think. People do it all the time without knowing what they're doing. If not for my trip to Malheur with two science instructors from Clackamas Community College and a group of their students, I might not have noticed it either.

"Our trek today is kind of a trek through time," said geology instructor Sarah Hoover at our first stop, at Government Camp on Mount Hood. "We started with really young stuff over there in Oregon City and the Willamette Valley, and if you go west to the coast, you get even into younger stuff and then as we move in that direction (east) we're going to slowly get older and older and older."

At that moment everything clicked; we were literally traveling back in time — geologically speaking.

Our trip began in the blue lot at CCC where 18 students and two instructors, Jennifer Bown, a biology instructor, and Hoover, a geology instructor, loaded up a trailer and two passenger vans for a 7 a.m. departure on a Thursday morning.

It became apparent at our first stop that this trip wasn't going to be a straight line; rather it was a slow journey through time, an exploration of subduction zones, volcanic activity and accretion — all things that contribute to the slow process of growing the state's geological landscape. Up Mount Hood and down the back side, to the Warm Springs Recreational area on the Deschutes, to the Ochoco Wilderness and the painted hills of the John Day. We took in birds, wildlife geology and even the Thomas Condon Visitor Center near the John Day Fossil Beds.

It took us 13 hours of travel, with more than half a dozen stops to reach The Malheur Field Station.

There's a scene in the 1993 movie "A Perfect World," from actor and director Clint Eastwood, in which the character of Butch Haynes, played by Kevin Costner, describes a car as a modern-day time machine. What is outside the front window is the future, in the rear-view



Students stop on the side of the road to search for raptors during spring term 2023. Photo Ethan M. Rogers

mirror and out the back window, that's the past. It's a half-correct description — you can't travel to the future, only to the present or the past, depending on which way you point your vehicle.

Our next three days were a whirlwind of sites, both geologic and historical, of the Malheur area of Eastern Oregon.

The field station in Malheur, which means "misfortune" in French, was the site of a right-wing protest and armed occupation back in 2015. A large pile of broken and destroyed furniture sat behind a chain link fence, remnants of the destruction caused by activists. Beyond that small reminder, all evidence of violated buildings and bullet holes and frightened staff has faded into the mists of memory.

The visitor's station, just up the road from the field station, shows no signs of its occupation by armed cattle ranchers.

Beautiful black birds with bright yellow bellies flock by the hundreds, eating from feeders and singing merrily. Ground squirrels, chipmunks and rabbits played in the grass.

From 7 in the morning until sundown, in two college vans, we scoured the back roads of Malheur and crept along the Central Patrol Road looking for birds, stopping once or twice during the day

to take in some of the local geology or history.

Many of the students had been on a recent CCC trip to Death Valley, sleeping in tents and learning to identify all the different parts of the natural environment. It turns out, there's more to these field trips than just learning.

"My favorite parts of the trip would just be spending time with everyone," said Jake Canady, a geology student at CCC. "As weird as it sounds, getting to talk to people in the van and just interact with people, playing cards and just spending time with everybody is super fun. I mean the lectures are very cool, but getting to know people is probably the highlight for me."

The birds were the big attraction. I had inadvertently chosen to ride in the "geology" van rather than the "birder" van on the way out. I hadn't realized the groups were self-sorting but happily picked the right van as I'm much more interested in geology than birds. But not everyone felt like I did.

"My son is super into birds, he's super into dinosaurs and he said dinosaurs never went extinct, we just call them birds now," said Carina Cooper, another student. "So I thought, wow, that's a really cool way to look at it, so I decided

to study them."

"I think it's good to get out and be in nature. I think a connection to nature is super important," said Cooper. "A connection to nature fulfills parts of us that we've let slip away and it might be uncomfortable at first, being away from home and being away from family, but it's good too, I don't know if endure is the right word, some discomfort and independence."

The time in the vans, the stops along the way, the slow rolling along backroads and waterways, making friends and challenging ourselves to learn things we didn't think we were interested in — sharing laughs and large jugs of water.

"It is designed for teaching students the value and appreciation of nature, and some of the natural beauty that we have around us," said Hoover.

It's hard not to gain an appreciation for nature when you're surrounded by it and there's no cell service when the quiet stillness of the desert is broken by the song of a bird or the howl of a coyote.

Best Headline Writing

Group 3

1st Place

The Advocate-MHCC

Andrew Hull



UPGRADE YOUR THANKSGIVING WITH THESE SIMPLE RECIPES

Peyton Hull
The Advocate

Thanksgiving is a time for gratitude and tasty food, but that does not mean you have to overspend. With a bit of smart planning, you can create a delightful holiday spread without breaking the bank.

So, roll up your sleeves, head to the kitchen, and create a feast that is both scrumptious and affordable.

Here are a few recipes that will make your Thanksgiving both delicious and cost-effective. Good taste doesn't need to come at a high price!

Herb-infused Roast Turkey

Go for a frozen turkey, instead of fresh, to save money. Create an herb-butter mix with parsley, sage, rosemary, and thyme to rub under the turkey's skin before roasting. This adds flavor without the need for expensive ingredients, resulting in a moist and flavorful centerpiece.

Stuffing

Make delicious stuffing without blowing

your budget: Use day-old bread, onions, celery, and poultry seasoning. Add dried fruits or nuts for extra flavor and texture. This classic recipe ensures a tasty side dish that is insanely simple and less expensive.

Garlic and Parmesan Mashed Potatoes

To elevate mashed potatoes without spending much, add roasted garlic and parmesan for depth of flavor without the need for excessive butter or cream. This alternative will satisfy your guests without breaking the bank, as well as stand out from regular, old mashed potatoes.

Cranberry Orange Relish

Make your own cranberry sauce by combining fresh cranberries with orange juice and sugar. You'll create a zesty relish that pairs perfectly with turkey. Not only does the citrus bring out the flavor of the cranberry, but the sugar adds just enough sweetness to combat that bitter taste.

Green Bean Almondine

Transform affordable green beans into an elegant side dish: Sauté them with slivered almonds in olive oil for an inexpensive but de-

licious dish. The crunch of the almonds adds a delightful texture without a hefty price tag.

Budget-friendly Pumpkin Pie

Create a pumpkin pie by making your own crust using flour, butter, and sugar. Use canned

pumpkin, evaporated milk, and spices for a rich and flavorful filling. Top it off with homemade whipped cream using heavy cream, a more economical choice than store-bought options.

CRANBERRY ORANGE RELISH

Serve as a side for ham or turkey this giving season!

INGREDIENTS

- 1 Can of Cranberries
- 1 orange cut and peeled
- Sugar to your liking

DIRECTIONS

1. Combine ingredients in a large bowl.
2. Add sugar to your liking (less for more bitter taste, more for a sweeter taste)
3. Transfer to a serving dish to share and enjoy!



THERE'S NO DUCKING THE GOOSE PROBLEM

Ayla Beck
The Advocate

The geese are flying south again!

These past few weeks, you've probably seen (or at least heard) that most of our gaggles have turned into skeins – a "gaggle" is a group of geese on the ground while a "skein" is a group of geese in the air.

Our feathered friends may be coming here from as far as Alaska, and others are heading down south to California. In the spring, most all will return north to their birthplace, where they will raise their own young.

The Canada Goose is the most common species of the bird in Oregon, identified by its gray or brown bodies, black necks, and white chins. The smaller version of Canada Goose are now considered a separate species, called a Cackling Goose.

Geese are very social; they live in communities, meeting up in large flocks to migrate. Individually, they mate for life and goslings can recognize their parents even after they're grown.

Believe it or not, geese have been a hot topic in government legislation for over one hundred years. Canada Goose numbers were declining in the early 1900s due to overhunting, so federal hunting restrictions were created in the 1910s. Meantime, humans destroyed much of the geese's natural wetland habitats and by 1962 they had almost gone extinct!

Since then, government regulations and individual natural conservation efforts have been tried to bring the Canada Goose back – and, boy, did they come back. In the past few decades, their number in the 48 contiguous

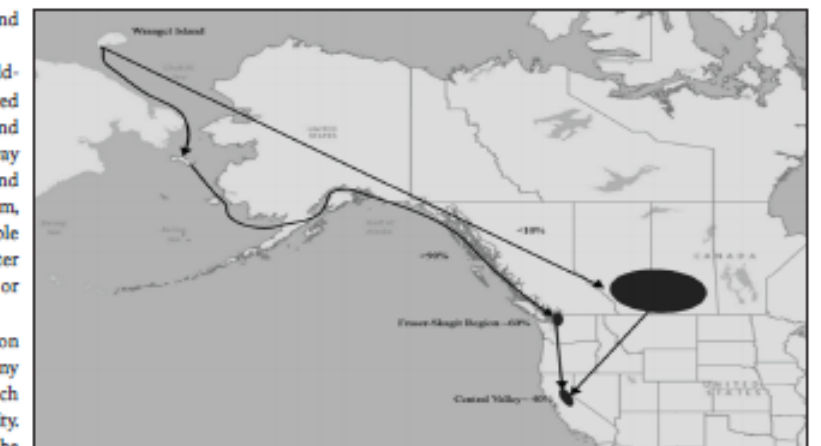
American states has greatly increased, and many now stay in place year-round.

Geese don't mind people. In fact, in building habitats for ourselves, humans have cleared out forests, replaced them with open lawns and farmland that geese love, and have driven away many natural predators, such as coyotes and bobcats. And as we cause our planet to warm, summer nesting grounds are becoming livable year-round. Canada Geese are migrating later in the year and by much shorter distances, or even not at all.

In towns all across the U.S., overpopulation of geese has become a serious issue. Too many geese mean too many goose droppings, which are a biohazard and can harm water quality. Geese cause agriculture damage and can be incredibly dangerous around airplanes, not to mention that they can get aggressive when a human gets too close to their goslings.

Lethally wiping out a whole flock of geese just leaves room for another group to move in. Luckily, humane deterrents are the most effective way of kicking the birds out of overpopulated spaces. There are now several goose-removal businesses in the Pacific Northwest that use herding dogs to chase and bark at the birds until they get fed up and leave. It's a popular and effective method.

Whether you love geese or hate them, it's clear these birds are adapting well to live and care for their families despite the drastic changes that humans have brought to their traditional homes. Since we were the ones who messed up goose populations to begin with, it's up to us to find effective ways to solve these problems and live peacefully with them.



Web Photos

Best Headline Writing

Group 2

3rd Place

Vanguard - PSU

Kat Leon

COMMUNITY SCIENCE AND ITS RIPPLE EFFECTS

THE BENEFITS OF PUBLIC ENGAGEMENT IN SCIENCE



Above, two community scientists collect river samples. Community scientists worked with The River Mile (TRM) network to study the changes to the Qapqáqim Wéelo—or Grande Ronde River in the Cayuse Nez Perce language.

CAMERON RODRIGUEZ

COMMUNITY SCIENTISTS INVOLVE THE PUBLIC in engaging with the development of science. The increased care and observation of our environment has several practical benefits for the development of science and the improvement of the environment. A method of this observation is through investigative data collection along streams to monitor species and water conditions.

Participants can engage as community scientists without the help of a facilitator. For example, individuals can utilize websites like iNaturalist and gather data through a picture database. Community science is more known as citizen science, but the term has evolved out of the same principles.

"I like the word community science rather than citizen science, because it doesn't matter if you're a citizen or not," said Rick Reynolds, manager at The River Mile network (TRM). "I think it can be all of us all participating. I've even learned from our native partners that it doesn't even have to be just humans. We have our other-than-human community members that can be part of this. When we're out in the field, we really stress with the students—stepping lightly on the earth, and being careful of the waters, and the fact that the living things that are there are also part of

our community—and we're all working together to have a better understanding of the environment... Once you have this better understanding, that's when you really want to protect it too."

TRM participants can interact with the environment around them by monitoring stream ecosystems through observing species and conditions, such as crayfish and water quality. "It really leads to a deeper understanding of the place and our role in keeping the environment healthy," Reynolds said. Moreover, learning in our natural environment can be a beneficial and meaningful way to learn, as Reynolds further explained.

Individuals might not view the crayfish as necessary. However, water systems can quickly encounter the spread of invasive species—such as the red swamp crayfish—which differ from the native species in Oregon.

"On the southern Oregon coast near Coos Bay, [community scientists] found invasive red swamp crayfish there [and] were able to report that data... Then wildlife managers here in Oregon could get down there and try to stop that invasion before it really caused trouble," Reynolds said.

These invasive species don't just disrupt the food web by outcompeting like other invasive species, but also

deteriorate the water quality through their activity, which harms the whole ecosystem.

Inclusive involvement in this issue allows the community to connect with their environment beyond just a scientific connection. "In the process, you'll learn about the different species, the collection techniques and how to minimize your impacts at the site," Reynolds said. "For example, ways to get down to the creek without causing a lot of erosion." Students not only learn to identify species, but also to better interact with the environment around them.

Because this involves people of different backgrounds and age demographics, creating involvement standards for collecting data is essential to ensure quality. "I developed a field guide that is focused on what you can see in the field with the naked eye to identify the critters," said Dr. Patrick Edwards, director of the Environmental Professional Program at Portland State. "That was one of the first things I did over 20 years ago, because that material wasn't there. We have to modify these metrics that we use to indicate the condition of the stream, because they were all developed for professional data."

This field guide developed guidelines for observing the

Best Headline Writing

Group 2

2nd Place

Oregon Daily Emerald

Alicia Santiago

https://www.dailymerald.com/news/dangerously-cold-winter-weather-sparks-action-for-unhoused-people/article_5b0d9ad0-95fc-11ed-a416-f7c8907feabe.html

Dangerously cold winter weather sparks action for unhoused people

Alicia Santiago
Jan 17, 2023



Central Lutheran Church will open as one of Eugene's nine Egan Warming Centers in November. *This caption was updated on Oct. 21 to correct the name of the church.* (Robin FitzClemen/For the Emerald)

Robin FitzClemen

With freezing temperatures in Eugene throughout December, people living on the streets were particularly vulnerable.

On Dec. 22, 2022, the City of Eugene declared an ice/snow emergency due to freezing rain covering the streets.

A week earlier, St. Vincent de Paul opened up its Egan Warming Centers to give unsheltered people a warm place to sleep on nights below 30 degrees.

The program provides meals and assistance to unsheltered individuals who are welcome to come and go.

Best Headline Writing

Group 2

1st Place

Vanguard - PSU

Nick Gatlin

WHY IS IT SO HARD TO PEE IN THE CITY?

THE SHITTY SIDE OF HOSTILE ARCHITECTURE

NICK GATLIN

IT'S EASIER TO PEE IN Portland than most cities in the United States. But public restrooms still aren't accessible to everyone—and the ones that are can hardly be considered dignified. The debate around public bathrooms in Portland, like in most cities, is driven by anti-homeless politics. Everyone needs to use the restroom, and everyone deserves a safe, private, dependable place to go. Unfortunately, Portland has not yet met this goal.

According to QS Supplies, a United Kingdom bathroom wholesaler, Portland has a total of 109 public toilets, or 17 per 100,000 people. That statistic includes all restrooms explicitly available to the general public, including restrooms in public buildings like City Hall and some on the Portland State campus. Compared to cities like New York or Los Angeles—with 4 and 5 public restrooms per capita, respectively—Portland is certainly ahead.

What accounts for Portland's relative headstart? You've probably seen one before: a sleek, oblong stainless steel structure that looks suspiciously like the fuselage of a B-17, sitting in the middle of the sidewalk. I'm talking about the Portland Loo, a metal-enclosed public restroom that can be found in 15 locations around Portland, including one on the South Park Blocks near PSU.

According to Portland Parks & Recreation, there are five Portland Loos open 24/7: one on the North Park Blocks, one on the South Park Blocks, two at the Tom McCall Waterfront Park and one at the original location on NW Glisan and 5th Avenue.

The Portland Loo, a registered trademark of the City of Portland, was first introduced to the city in 2008 by City Commissioner Randy Leonard and Madden Fabrication. It was "designed," according to the Portland Loo website, "to deter criminal activity and meld into its surrounding environment," avoiding problems like "vandalism, illegal drug use or prostitution." Per Portland Loo, "The sleek and modern kiosk discourages crime with graffiti-proof wall panels and open grating that allows you to see if and how many people are inside."

Reading this language used by the company, the Loo suddenly appears far less appealing. They have described a panopticon.

The implied surveillance permitted by the Loo was made explicit by spokeswoman Anne Hill, who told the *Los Angeles Times* in 2012, "As you approach a Loo, you can see what's happening inside. If it's 2 in the morning and there's two sets of feet in the Loo, law enforcement has cause to knock on the door and say, 'Why are there two sets of feet in the Loo? Two of those feet need to come out.'"

Public restrooms are often villainized as hubs for drug use, prostitution, vagrancy, littering, foul odors and any number of other stereotypes associated with the homeless. The Portland Loo, alas, is no exception.

Take Daryl Turner, former president of the Portland Police Association, who told the *Portland Tribune* in 2011, "that's Randy Leonard's crack house right there," pointing to the Portland Loo on Northwest Glisan in Old Town. Turner, who has been vocal in his disgust toward Portland's undesirable populations for years, said in a Facebook statement in 2018 that Portland had become a "cesspool," with "human feces in businesses doorways, in our parks, and on our streets."

Turner's comments represent the contradiction at the heart of anti-homeless policymaking—on one hand, critics decry "human feces" in the street; while on



PUBLIC RESTROOM ON SW COLOMBIA AND PARK. ALBERTO ALONSO PUJAZON BOGANI/PSU VANGUARD

the other, they denounce efforts to expand public facilities as hopeless, effective only in providing shelter for drug dealers and delinquents.

Besides the small number of restrooms maintained by the city, Portlanders' options are limited. The most common restroom facilities nominally available to the public are found in customer-facing businesses, especially restaurants and grocery stores. In a place such as downtown Portland, that means businesses like Whole Foods, Safeway and Starbucks. Most of these establishments have their restrooms locked with a code, and even if non-customers are technically allowed to use the restroom, in practice one usually has to buy something in order to go.

Some businesses are even looking at making the de facto purchase requirement a rule, as with Starbucks C.E.O. Howard Schultz. Speaking to the *New York Times*' Dealbook D.C. policy forum in June, Schultz voiced a desire to roll back the company's 2018 open restroom policy. "We have to harden our stores and provide safety for our people," he said. "I don't know if we can keep our bathrooms open."

Schultz is right about one thing—we can't rely on private businesses to provide restrooms for the public. That requires a substantial public investment, something that municipalities across the country appear unable or unwilling to do.

A lack of public restrooms can and should be understood as a form of hostile architecture, a form of urban planning designed to exclude certain groups of people from public spaces. Michael Mehaffy, an architect and researcher with a focus on public space, explained to OPB in June that "public space is our commons... and when we start to exclude people, whoever those people are, we're eroding the public space." He went on to say that it's really "not public space if some members of the public can't use it."

Anti-homeless activists do not see the homeless population as people, but as criminals. Any effort to provide them with the basic dignity of human existence—such as the right to use the restroom—must be accompanied by an increase in surveillance under the guise of "public safety."

Nobody should have to pee in a Benthamian psychological prison, and the fact that I have to write these words makes me a bit disgusted. Everyone, no matter their housing status, deserves a discreet and dignified place to go. The first step to taking back the commons is to take back our toilets. ♡



A VIEW THROUGH THE GRATING AT THE PUBLIC BATHROOM ON SW COLOMBIA AND PARK. ALBERTO ALONSO PUJAZON BOGANI/PSU VANGUARD

Best Writing

Group 3

3rd Place

The Mainstream - Umpqua CC

Robin Bailey

The Mainstream

HOME NEWS COMMUNITY - STUDENT SPOTLIGHT - HEALTH SPORTS ABOUT US

Sex, romance as experienced by aromantics, asexuals: Two students tell-all

Published by **Robin Bailey** on February 10, 2023

Queerness exists in all things: it specters every spectrum. As an umbrella term and historical slur now largely reclaimed by its community, “queer” is and can be used to refer to people who fall under the LGBTQIA+ acronym in a short and summative way.

Kat Grammon, a queer theater major on the aromantic and asexual spectrum, describes their life-before-labels as being filled with dread, apprehension and confusion as to who they really were.

“Do you want the overly-defined or simply-defined answer?” Grammon says. “I’m nonbinary and use they/them pronouns; I present myself as cupiosexual, though up until a year ago did so as demisexual; and I’m demiromantic.”


What does it mean to be aro-ace?

Aromanticness, asexuality and all other ends of the aro-ace spectrum (“asexual” can be shortened to “ace”) exist as inner queerings of sexuality. “Unlike celibacy, which is a choice, **asexuality is a sexual orientation**. Asexual people have the same emotional needs as everybody else and are just as capable of forming intimate relationships.”


Beyond this, identities like “graysexual” (someone who experiences a varying level of sexual attraction) and their accompanying microlabels (like Grammon’s “cupiosexual”) define those who consider their sexuality falling **somewhere on a spectrum** between asexuality and allosexuality — the latter term describing the “norm” of experiencing sexual attraction.

“I don’t think labels are a necessary thing, but I enjoy them. I choose to use my labels; I’d still have these feelings regardless,” Grammon says.

The “a-ha” moment



Digital artwork provided by Kat Grammon



Kat Grammon, a theater major, discusses the difficulties in getting past labels and their journey through accepting who they are.
Robin Bruns / The Mainstream

Best Writing

Group 3

2nd Place

The Advocate-MHCC

Tony Acker

HOW PORTLAND OFFICIALS ARE DEALING WITH THE HOMELESS CRISIS



Tony Acker
The Advocate

Over the last handful of years, you surely have noticed the houseless communities in Portland – and may have wondered how individuals there can be truly helped.

Will Portland's next mayor – since incumbent Ted Wheeler announced he won't seek re-election – have any good answers?

According to Portland.gov, between 2015 and 2023 homelessness increased by 65% (from 1,887 to 6,297 known individuals). Summers of wildfires displacing Oregon residents, decriminalization of drugs and the proliferation of fentanyl, ever-increasing rental hikes, stagnating wages, and the COVID-19 pandemic: all have contributed to the deep wounds felt through the community.

The year 2021 saw a 53% rise in homeless deaths – 193 of our neighbors perished on the streets, 60% of which were caused by substance use and abuse. Four died during the June 2021 “heat dome” and eight died of hypothermia in winter that same year. There is no updated number for houseless “youth”, but in 2015 that number was 6.9% of the recorded population.

It's easy to see that the numbers have increased. Efforts to place families in housing, whether in newly constructed apartments or so-called “safe rest villages” across the city have helped many in need. Expansion of services and fostering of empathy and compassion while still maintaining guidance will be needed to continue to help heal our community.

But with Portland's recently instituted overnight camping ban, and continued sweeps of camps, many houseless residents are left bewildered and confused where to go next.

While navigating these turbulent time and documenting the crisis around me, I couldn't help but reflect on my own experiences. I grew up in Los Angeles County and conceding that parts of Portland remind me of Skidrow is incredibly disheartening.

Wheeler is stepping aside, he said, to focus on helping form Portland's new government. Voters have approved major changes, expanding the City Council from five to 12 members organized into four geographic districts, with three council members per district. The mayor's role will shift to overseeing daily city operations, while council members focus solely on legislation, with a new city administrator (appointed by the mayor) to oversee the city's bureaus.

This reorganization aims to provide clearer oversight and management compared to the previous system. Now, after Wheeler departs, the next Portland mayor will face the formidable task of navigating the homelessness crisis.

So far, two candidates have formally entered the 2024 race. Will they bring comprehensive plans for helping and healing Portland's homeless population in this new political landscape?

Current Portland City Council member Mingus Mapps, 55, is a professor and who was elected in 2020, winning 55% of the votes. He earned his doctorate in government from Cornell University after graduating from Reed University. No doubt he has a vast education and is knowledgeable in politics. But where does he stand when it comes to helping our community on the streets? Mapps has yet to reply to an Advocate query on the issue, we can review his council positions and process on tackling homelessness. He holds firm that Safe Rest Villages have been a success across the city and plans to further back them.

“We've gotten people off the sidewalks into tiny homes and we're also finding that over time, folks are transitioning from those homes into jobs and more stable housing,” Mapps said in a prior interview with KOIN-TV. He has also expressed seemingly genuinely concern over addressing the issues of mental health and substance addiction, two key factors in creating a houseless situation and keeping those people on the streets and in tents.

However, he voted “Yes” to enact provisions from House Bill 3115, Oregon legislation



passed in 2021 (ORS 195.530) which sets in motion a requirement that “sitting, lying, sleeping, or keeping warm and dry outdoors on public property that is open to the public... be objectively reasonable as to time, place, and manner,” under penalty of fines up to \$100 or 30 days in jail.

In a statement prior to his vote when Portland adopted the policy in July, Mapps stated “Portlanders want a return to order, cleanliness, and peace on our streets.”

At what cost, though?

Youth Counselor Durrell Kinsey Bey is the second mayor candidate who has filed, and generously offered his time to explain his vision for the city and communities of Portland.

Age 29, Bey was born in Kennewick, Washington, and graduated from Hanford High School in nearby Richland. He is a member of The Moorish Science Temple of America, the oldest American-based Islamic society, and is currently a youth essentials coordinator with REAP Inc. in Portland.

Asked (as was Mapps) what policies or initiatives he proposes to reduce homelessness while prioritizing the dignity and well-being of homeless individuals and families, Bey responded “It is a deeply rooted religious obligation to exercise principles of action toward Moral Rejuvenation and Healing Justice. It is a part of my faith to uplift fallen humanity.”

“We must address the rampant fear that many in Portland have that the fundamental dignity of food, clothing, shelter, and medical care could be refused to anyone. We will do this by repurposing existing buildings and utilizing vacant or underutilized space, which will likely require restructuring our city's current zoning laws,” Bey said.

He said the city should collaborate with supportive services such as Outreach Services and Clubs and expand therapy programs, alternative medicines, somatic therapies, and rehabilitation across the city and all age groups.

He said a “balanced approach toward public safety will feature a three-tier enforcement system, beginning with mental health profes-

sionals, trained security personnel, and then law enforcement only as a last resort.”

I also asked both men to outline a strategy for increasing affordable housing stock in the city, and how to ensure it remains accessible. In the first quarter of 2023, Portland residents faced vacancy rates as tight as 5.2%. While Portland does mandate that 20% of all new housing construction must be “low-income accessible,” rents keep increasing for families while wages have stagnated and inflation runs rampant, resulting in extra and unneeded housing hardship.

Bey answered that “sustainable accessibility” to low-income residents “will be achieved through walkability and incentivizing small businesses, especially those aiding in Portland Logistics personal parcels, the protection of “independent contractors,” and organizations such as Meals on Wheels.” The overall goal is to provide employment opportunities for “our unhoused neighbors upon their inevitable completion of rehabilitation and various transformative therapies,” he said.

I also asked what steps they as mayor would take to engage with homeless individuals and advocacy groups to gather their input and involve them in the decision-making process.

Bey said he proposes “a holistic view of health and wellness, considering not only individual health but also the health of the entire family unit” – offering families a wide range of support with “mental health, childcare, family counseling, somatic therapy, and other alternative healing services as a viable and regrettably untested solution.”

Clearly, the challenges of tackling homelessness in our city are profound, and the most vulnerable of our citizens are facing a crossroads. The mounting crisis will test any candidates for mayor and will prove to be a pivotal chapter in the city's history.



Photos by Tony Acker



Best Writing

Group 3

1st Place

The Commuter- Linn Benton CC

Kacey Montgomery

The screenshot shows the website for 'THE LINN-BENTON COMMUNITY COLLEGE COMMUTER'. The article is dated March 20, 2023, by Kacey Montgomery. It features a photo of a bus on campus and discusses faculty concerns over budget cuts. The right sidebar includes navigation for 'NEXT STORY' (Students Worry About Loss of LBCC Computer Science Program), 'PREVIOUS STORY' (CIVIL Discourse Op/Ed: Tuition-Free Community College), a newsletter sign-up form, and three promotional posters: 'EARTH DAY April 22, 2024', 'CHROMA & CLAY GROUP SHOW April 1 - June 16, 2024', and 'SEXUAL ASSAULT AWARENESS MONTH: Building Connected Communities'.

THE LINN-BENTON COMMUNITY COLLEGE
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Students Worry About Loss of LBCC Computer Science Program

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EARTH DAY

April 22, 2024

CHROMA & CLAY GROUP SHOW

April 1 - June 16, 2024

SEXUAL ASSAULT AWARENESS MONTH: Building Connected Communities

Best Writing

Group 2

3rd Place

Oregon Daily Emerald

Jess McComb

https://www.dailymerald.com/arts/culture/an-inside-look-into-the-lives-of-uo-student-pets/article_1af7eba-cd581-11ed-8a81-cb861cc15fce.html

FEATURED

An inside look into the lives of UO student pets

Jess McComb
Apr 10, 2023

1 of 4

< >



Coco is unimpressed with the rainy weather taking place in Eugene. University of Oregon students share about living with pets during college. (Skyler Davis/Daily Emerald)

Living in dorms and apartment buildings with strict no-pet policies limits many students' social circles to a furry-friend-free zone. But for some, having a pet is worth the extra effort. And for those that make it work, having an animal around the house has been instrumental in supporting their mental health.

Gillian Miller and her cat Oliver

Oliver Miller has fur the color of cream with dark brown markings, piercing blue eyes and that melt-into-your-lap plushness of most older cats. Gillian Miller, Oliver's owner, is a sophomore geography and environmental sciences student at UO and has had Oliver since she was four. At the beginning of her sophomore year, Miller moved Oliver out of her family home and into her apartment in Eugene. Miller has to pay an extra fee each month to keep Oliver at her apartment but she said he is worth it.

"I've known him longer than all of my friends," Miller said. "When I come home and none of my roommates are here, Oliver is always around, and he'll come out to say hi. It's like having a very low maintenance friend."

Miller said having a pet at school has made school feel more like home, and being a pet owner has made her feel more like an adult — or as she would describe it, a single mother. Miller recently had to take Oliver to the vet and said it was a cool experience because she had never been so in charge of his health before.

"Your life becomes very self-centered in college. You're only taking care of yourself and your day-to-day life mostly depends on you and your decisions," Miller said. "It's sort of a nice change of pace to take care of someone else."

Miller said taking care of a cat is pretty low maintenance, but there have been some aspects of pet care that have been challenging. Oliver is a very attention oriented animal and likes to spend a lot of time with his people. Because of this, Miller feels guilty when she spends too much time out of the house.

"I can tell he gets frustrated when I've been out of the house all day a few days in a row. 'Oh god I have to get home to my cat,'" Miller said.

She said this can be challenging on days she has a lot to get done, but coming home to Oliver makes it all worth it. Above all else, Miller recognizes the emotional support benefits of having a pet in college.

"It's really nice to just pick him up and hold him if you're having a rough time of it," Miller said. "Sometimes my roommates will come home and be like 'I need some cat time!'"

Lamar Davis and his dog Clover

Clover Davis is a perky little 6-month-old pomeranian chihuahua. When asked to describe her, owner Lamar Davis used one word in particular: derpy.

Best Writing

Group 2

2nd Place

The Daily Barometer

AJ Damiana

In 2015, during a severe drought in Washington, John Henning, a courtesy professor in the Oregon State University Department of Crop and Soil Science, noticed something interesting happening to the hop crops he was studying.

“I saw my hop variety Vista growing phenomenally well,” said Henning, who is also an agricultural research service scientist with the United States Department of Agriculture. “When other hop varieties were barely making it halfway up.”

Vista is the name of the hop variety that has recently gained some notoriety for not only its tolerance to low-water, high-temperature conditions, but its ability to outperform other hop varieties.

“It was intended to be just your regular rolled, aroma hop that’s bred for craft brewing,” said Henning.

Vista is just one of the hundreds of different varieties of hops developed by OSU researchers, but researchers have now turned their focus to understanding what makes a hop drought-resistant.

A unique characteristic of the Vista variety is that it is *triploid* – it has three sets of chromosomes instead of two (like humans). Usually, this breeding technique is used to give plants more leaves or produce more fruit – not necessarily to make it more drought-tolerant.

“Vista’s growing like there’s no problem, so that’s what started me thinking down that road,” Henning said.

Henning joined forces with a postdoctoral researcher student, Renee Erickson, to study the phenomenon. Since then, Henning has been focused on understanding the genetics of drought and high temperature in hops.

They found that hops are incredibly sensitive to high temperatures and low-water conditions during flowering. This doesn’t bode very well for all the products that rely on hops because the flower– also known as the hop cone– is what is harvested from the plant.

“When it was 115 degrees here, it affected flowering in the plants greatly,” said Shaun Townsend, an associate professor and senior researcher in the Department of Crop and Soil Sciences who works closely with Henning.

Townsend’s work focuses more on field based selection and applied selection techniques– which means he’s responsible for collecting data on the plants as they grow.

By limiting water to the crops, Townsend can track how it affects their physical characteristics compared to those with normal watering conditions.

Heat tolerance is less easy to track, “That’s basically whatever Mother Nature decides to do. But when we do have those significant heat events, we can take a lot of notes in the field, in my various populations,” Townsend said.

Henning and others are still trying to pinpoint exactly what in the plant’s genetics leads to tolerance, though. He’s part of another study that began this year, doing just that.

Best Writing

Group 2

1st Place

The Linfield Review

Riley Omonaka

HOME LINFIELD HOME ABOUT STAFF SUBMIT A LETTER TO THE EDITOR TIPS/CORRECTIONS


THE LINFIELD REVIEW
The student journal of Linfield University

SPORTS NEWS LIFE & CULTURE OPINIONS CLIMATE & ENVIRONMENT EN ESPAÑOL MEDIA ARCHIVE

SPORTS Swimming

Casey Wong: Tech extraordinaire, spirit leader and swimmer

Riley Omonaka, News Editor | February 13, 2023



In the chilliest months of the year, the Linfield swim team made the trek back from a meet at Willamette University in a bus with no ability to defog its windows. The bus was equipped with little fans in a poor attempt to clear the windshield. In that moment of low visibility a hero arose: without a word Casey Wong, a member of the team, walked to the front equipped with paper towels. Wong stood at the front of the bus for the rest of the ride continually wiping the glass so that the driver could see.

Wong has a killer backstroke, but he's so much more than just a swimmer. Wong is also the team's tech guy, supporting and walking thesaurus. The senior from Honolulu has been swimming since he was 8 months old. In his early days, his parents forced him to attend class and practice, but he has since grown to love the sport and his team at Linfield.

"We truly feel like a family," Wong said. "Coach Kyle (Kimball) and Coach Alec (Webster) make you feel wanted, and they understand the ups and downs of being a collegiate athlete."

Even in those moments of seemingly endless conditioning, Wong's gracious nature shines through. Winter training, for example, is a grind but also his favorite time of the season because he bonds with his teammates.

"It is the part of the year where the team truly gets close to each other," Wong said. "The feeling of all of us being there, doing the same thing and trying hard together is special to me."

The relationship Wong shares with his teammates is one of trust. So much so that Wong's teammates consider him a second coach, often going to him for advice or drills to improve their swim mechanics. Wong's knowledge of the sport supersedes his age and experience. His teammates' trust in him is a testament to Wong's wisdom.

"A lot of people go up to Casey and ask, 'What can I work on?'" teammate Omri Forte, a graduate student, said. "He also coaches an actual swim team and he's incredibly good at it."

Beyond his knowledge of the sport of swimming itself, Wong brings an unyielding spirit to the team. He's known for being decked out at the conference swim meet in the team's colors of cardinal and purple.

"He has so much school spirit at conference. He's got hats, necklaces, leis and even fake tattoos," Forte said. "He's always cheering people on."

Wong is a beloved member of his team. He puts his teammates high on his priority list and is constantly trying to help others. While he will soon graduate with a degree in computer science, it is unlikely Wong will be forgotten anytime soon. His energy and vitality have left a mark on his teammates and the program.

"Casey is one of the most prepared, caring and quirky people I've ever met," teammate and roommate Ben Simpson, a

Best News Story

Group 3

3rd Place

The Advocate-MHCC

Avery Diep

'DUNGEONS & DRAGONS' IS FUN FOR ALL

Sabrina Kuhlmann
The Advocate

In 1974, in a small city in Wisconsin, what could be considered the world's most well-known tabletop game was born.

For a few years, Dungeons & Dragons was an instant, then expanding hit, but after the rise of digital games, it seemed to disappear. That is until 1996, when Wizards of the Coast relaunched the role-playing game.

Today, D&D has moved from being a tabletop game that only the

coolest of nerds played, to a global hit that nearly everyone has heard of. And in late March, geeks and nerds all over the world shared their excitement as Paramount Pictures released the film "Dungeons & Dragons: Honor Among Thieves."

As someone who has been playing D&D since I was 12 years old, I had extremely high hopes for the movie. And I'm very happy to say that it very much fulfilled my expectations.

The story follows Edgin Darvis (Chris Pine), a Bard with a tragic

past, as he and his party try to outrun their criminal past and reunite him with his daughter, Kira (Chloe Coleman).

His party includes Holga Kilgore (Michelle Rodriguez), a human Barbarian with a complicated romantic past; Simon Aumar (Justice Smith), a half-elf Sorcerer suffering from poor self-esteem; and Doric (Sophia Lillis), a Tiefling Druid striving to bring peace to the peoples who took her in when she had no one else. Together, they embark on a journey filled with danger, hilarity, and strangely, an impressive number of baked potatoes.

I originally faced a bit of skepticism because there are people who have never played D&D, and I worried that they wouldn't understand the film. However, one of the best aspects of the movie is that it's extremely easy for everyone to enjoy. The banter between four adventurers makes it a barrel of laughs for all involved, and knowledge of the game is not needed. The characters do a really good job of setting their

scene in a way that helps non-D&D players understand, and forces them to laugh.

I think the actors do an incredible job portraying the often-mischievous characters most D&D players create, and the storyline is good. As a D&D connoisseur, it was so fun to pick out the little things thrown into the movie, touches that were clearly meant for D&D players to recognize.

Immediately, I recognized that the story is set in the Forgotten Realms campaign, one of the most well-known modules in the game. I also was able to recognize several common spells, such as Thunderbolt, Fireball, Detect Magic, and Prestidigitation. I was pleased to discover some of my favorite monsters are included and their presence makes the movie the masterpiece it is. D&D players can expect to see Displacer Beasts, Mimics, Gelatinous Cubes, and yes, dragons.

I was also pleased to see a variety of the diverse races in D&D on the screen, including Aarakocras

(bird people), Tabaxi (cat people), Halflings, Dragonborns, Elves, and Dwarves.

All in all, I think that the movie is well thought-out and enacted. The plot is humorous and unexpected at times, as a D&D campaign should be, and I was very satisfied with it.

There are only a couple of things I would change, and that would just be that spellcasting would be more consistent. I saw a few times that component-based spells are cast without the use of components, and more disturbingly, Wild Magic is cast without the random consequences that are supposed to come with it.

I also would have felt like the movie would be more complete if it was portrayed as being a campaign that was currently being played. Even an end scene showing that this adventure has all been a game would really wrap it all together.

Despite those few negatives, I would definitely recommend it to anyone who enjoys humor mixed with action.



BEHIND THE CURTAINS OF SHEN YUN

Avery Diep
The Advocate

Have you ever seen an advertisement for the traditional Chinese dance performance Shen Yun?

For many, it is impossible not to be bombarded by Shen Yun advertisements if you live in the vicinity of one of the 130 cities that the dance troupe tours every year, one of which is Portland.

In fact, we have advertisements for Shen Yun right here on the Mt. Hood Community College campus. I first noticed this very poster (shown here) a few months ago, pinned onto the bulletin board directly below our Library's entrance.

The poster that depicts a graceful dancer soaring across the stage immediately piqued my interest. I thought it looked like an intriguing performance – but that was all there was to it. I was never much of a traditional dance person, so I never considered actually watching it. And so, over time, I walked right past the poster and forgot about it.

I had thought that would be the last I heard of Shen Yun, but I was wrong.

Months after I had first seen the poster, an inconspicuous video about Shen Yun appeared on my YouTube feed. But to my surprise, the

video wasn't about Shen Yun's dance performance. The video was about the dance troupe's ties to the controversial religious movement Falun Gong.

What is Falun Gong? Founded in China in the 1990s by Li Hongzhi, Falun Gong, also known interchangeably as Falun Dafa, is a new religious movement focused on ascending to higher spiritual planes. Followers of Falun Gong believe it is possible to ascend spiritually through good karma and a series of breathing exercises.

In 1999, China began persecuting Falun Gong due to its growing popularity, which the country claimed was a threat to its "social stability." Following Falun Gong's persecution, the religious movement largely relocated to the state of New York, where it remains headquartered today.

A group of Falun Gong practitioners founded Shen Yun Performing Arts in New York in 2006. According to Shen Yun Performing Arts' [official website](#), the group's "mission [is] to revive a culture that was once almost lost."

The interesting part of this whole story is the teachings of Falun Gong that are shared by Shen Yun. Falun Gong condemns homosexual and interracial relationships. It also preaches

that human evolution is a falsehood. These views have been perpetuated in the performances of Shen Yun. According to an [article](#) from The New Yorker magazine published in 2019, during one performance of Shen Yun, it was sung that "Atheism and evolution are deadly ideas. Modern trends destroy what makes us human."

These themes have drawn significant criticism from many attendees of the performances. According to [Chron](#) (online platform of the Houston Chronicle in Texas), in an article from 2018, many attendees felt "blindsided by the political content." Several Yelp reviews of the performance accused it of being a "religious sermon" or "cult propaganda."

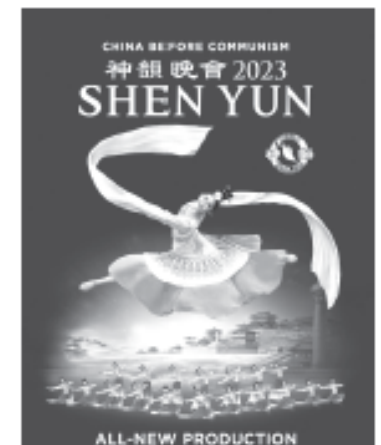
But how does a dubious religious dance troupe generate enough revenue to advertise itself so extensively? Well, in truth, it does not. Shen Yun Performing Arts does not directly pay for its own advertising: Rather, it is paid for by local groups in each area it visits that are related to Shen Yun and Falun Gong.

These groups spend enormous amounts of money to advertise the Shen Yun tours. According to the San Francisco Chronicle [news paper](#), these "groups spent at least \$39.3 million on advertising across the [United States] from 2015 to 2017."

Although the poster at Mt. Hood mentioned earlier has been taken down as the Portland shows passed in January, in its place is yet another Shen Yun advertisement. It is a small advertisement for Shen Yun Zuo Pin, Shen Yun's video platform.

As of now (early May), it remains pinned on the backside of the bulletin board beneath the Library entrance.

Go check it out, or maybe do not – if dances of religious doctrine are not quite the entertainment you are looking for.



Best News Story

Group 3

2nd Place

The Clackamas Print

Michaella Fithian

The screenshot shows the website for 'The Clackamas Print'. At the top, there is a navigation bar with links for 'About', 'Join The Print', 'Staff', 'Advertise', and 'Contact'. The main header features the site's logo and name, 'The Clackamas Print', with a search icon. Below the header is a secondary navigation bar with categories: 'HOME', 'NEWS', 'ARTS & CULTURE', 'SPORTS', 'COMICS', 'OPINION', 'VIDEOS', and 'PODCAST'. The main content area displays the article title, 'Campus Safety responds to classroom incident that highlights need for mental health services', dated 'May 15, 2023' by 'Michaella Fithian'. Social media sharing buttons for Facebook, Twitter, LinkedIn, and Email are provided. A photo placeholder indicates the image is 'Outside the room where the campus safety incident occurred. Photo by Grant Paul.' The article text begins with 'The first few weeks of college are nerve-wracking for any student...' and continues with details of a classroom incident. On the right side, there is a search bar and two promotional banners: one for 'PDX TUITION ADVANTAGE' and another for a 'Winter 2024 Episode' on Spotify.

Best News Story

Group 3

1st Place

The Clackamas Print

Joseph Lohmolder

The screenshot shows the website for 'The Clackamas Print'. At the top, there is a navigation bar with links for 'About', 'Join The Print', 'Staff', 'Advertise', and 'Contact'. Social media icons for Facebook, X, and Instagram are in the top right. The main header features the site's logo and a menu with categories: 'HOME', 'NEWS', 'ARTS & CULTURE', 'SPORTS', 'COMICS', 'OPINION', 'VIDEOS', and 'PODCAST'. The featured article is titled 'Arbitrator to decide if former theater director's termination justified', dated May 5, 2023, by Joseph Lohmolder. Below the title are social sharing buttons for Facebook, Twitter, LinkedIn, and Email. The article text discusses a grievance committee at Clackamas Community College and an arbitrator's upcoming decision on the termination of theater director Jim Eikrem. On the right side of the page, there is a search bar, a 'PDX TUITION ADVANTAGE' advertisement for Washington State University, a 'Winter 2024 Episode' audio player for 'Cougar Talk', and an 'Archives' dropdown menu set to 'Select Month'.

Best News Story

Group 2

3rd Place

Vanguard - PSU

Alyssa Anderson

CAPS UNDERSTAFFING CAUSES PROBLEMS FOR STUDENT ORGANIZATIONS

SYSTEMATIC ISSUES ARE HARMING STUDENT LEADERS

ALYSSA ANDERSON

Editor's Note: Reaz Mahmood is the faculty advisor for Portland State Vanguard, and his opinions come from his experience.

STUDENT MEDIA AND OTHER STUDENT-RUN organizations at Portland State struggle to stay afloat due to delays in the Contract & Procurement Services (CAPS) office. In addition to the work of its editors, student media publications like *Portland State Vanguard* rely on paid contributors to write content.

Contributor contracts must be fully processed before contributors can work and get paid. For the last several months, the processing time of contributor contracts has taken—on average—around three months to complete. This has left editors to do the bulk of the writing, resulting in editors experiencing burnout and intense stress. This has even prompted some to quit entirely.

However, *Vanguard* is not alone in this struggle. These delays have negatively impacted basically every student-run organization and some additional services.

According to Aimee Shattuck—the executive director of Student Activities and Leadership Programs (SALP)—these issues have existed since at least 2001. CAPS pays outside vendors for university events in addition to the contracts which permit them to pay student workers.

In recent years, due to delays in contract processing, some vendors have gone months without being paid for their labor and now refuse to do any work for PSU whatsoever.

Shattuck said many university events, performers, caterers and other laborers must complete a personal service invoice (PSI) to get paid. Even last year, Shattuck said PSU advised these workers to submit these contracts 20 business days—roughly four weeks—in advance of the event, which she said is an unreasonable requirement. Shattuck explained how this was an issue with the catering service used for Party in the Park, which was held at the beginning of this school year.

"SALP sent in a contract on Sept. 11, 2023, to pay Bashas [Mediterranean Cuisine] for food at Party in the Park," Shattuck said. "It was submitted three weeks before the event. This is a vendor that has close ties to Portland State and has been providing the Party in the Park catering for many years. It took seven weeks for the contracts office to process the paperwork only after the vendor told me that she was two months behind on her mortgage because we had not paid her. She had to put up quite a bit of expense to feed 3,500 people."

Shattuck said it creates a reputational risk for PSU when they cannot pay the workers and performers they rely on for such events. With student media, who have been waiting months for contributor contracts to process, this creates an issue with



Student media is being adversely affected by a backlog of unprocessed contracts. This issue has resulted in staff burnout and has even led to some members quitting.

FEATURE

FUMBLING STUDENT ATHLETES! Higher roster numbers are associated with declining retention rates for male athletes at Pacific

EMILY RUTKOWSKI
THE PACIFIC INDEX

Student-athletes are a major source of enrollment—and pride—for Pacific University. Nearly 60 percent of incoming male students play sports—a statistic that Pacific boasts about in speeches and promotional materials, and uses as a marker about the soul of the school. But that number also creates an unyielding problem, and casts a dark shadow across student retention: When these recruited athletes don't make the starting team, or fail to get significant playing time, they don't always stick around.

Said more plainly: Pacific University has a retention problem; male athletes are the number one group of students who leave Pacific, and they are leaving the college in unprecedented numbers. While specific numbers were not available by press time, Pacific holds a somewhat middling retention rate of 75 percent. Within that number, it has been acknowledged that the leading cause for those feeble retention numbers are male athletes; presumably meaning that more than one out of four male athletes who enroll at Pacific leave before graduating.

The math is fairly simple: With squads in baseball, basketball and football more than quadrupling the number of starting spots, the chances of playing time for the vast majority of male athletes is low. The Pacific football team, for example, has over 130 players rostered for the 2023 season. With 11 players on the field at a time, that means that the program could host nearly five different lines of offensive, defensive and special teams. Even with active JV squads, that leaves a lot of players competing for prime playing time.

During his first year, Lucas Dahl was on the football team as a wide receiver. But when returned for this year as a sophomore, he left the football squad (but is still a member of the track team). "I played for a really small high school," explained Dahl. "Coming into college and being on such a big team, it sucks to feel like just a number." He went on, "I think many people came in, and it wasn't what they expected."

Likewise, Boxer basketball has significantly fewer spots available than athletes recruited. One glaring statistic is that the team had 29 people rostered on the JV squad last year, and 16 did not return.

"At the end of the day, it's a recruitment problem," said Evan Thompson, who is one of those JV players who did not return. After one year at Pacific, he transferred and is now a student at Oregon University. He went on, "The JV starters would get maybe 15 minutes in a game that lasts 40 minutes."

One bright spot, though, has been the baseball program, which also carries a large number of male athletes, but has developed a JV program that seems to be satisfying



Top: JV Baseball Riya Patel / The Pacific Index; Bottom Left: JV Football Molly Sporn / The Pacific Index; Bottom Right: JV Basketball GoBoxers SmugMug

athletes' desire for playing time, and for being part of the squad, while simultaneously developing a support system for the varsity program.

The Boxer baseball team has a 33-player roster this season, including 16 freshmen players. With nine men on the field, those numbers track the football or basketball squads, which all carry roughly five times as many players on their roster as starting positions. However, baseball's retention rates are strong: Only three players left or transferred from last season; the rest returned.

An important part of that success has been the development of full squad unity, and particularly using the JV squad as an active development opportunity. Assistant Boxer Baseball coach Ryan Krout explains that he considers it essential in team growth that each player understands their value and sees a clear uphill trajectory.

"The way we look at it is we are always one team," says Krout. "We practice together, same locker room; it's just about scheduling more games, and we want to get as many guys on the field as possible," he explained. "We can get our athletes on the field, and not just waiting around lifting and hitting all year."

And Krout should know: He is a 2022 alumni who spent his freshman season with the JV team, known as the "Red Wave,"

before jumping to the varsity team his sophomore season, eventually earning first-team All-Conference Honors his senior year.

"I was a JV guy," Krout admits, referring to his first year at Pacific. "Honestly, the JV program was huge for me. I wasn't ready for college baseball; it was scary and too fast," he expressed. "Getting a year on the JV helped me get my confidence and grow a little."

"We honestly treat our Red Wave program kind of like a minor league," Krout continues. "It kind of ebbs and flows up and down to allow guys to get comfortable at the college level before being asked to play high-speed game environments on varsity."

And that lesson and success with retention seems to be resonating with other coaches at Pacific. After speaking with the baseball team's head coach, Brian Billings, and learning about their "minor league" strategy, head basketball coach Justin Lunt implemented something similar for his

players, creating a "G-League" season.

The "G-League" provides non-varsity athletes more chances to play competitively and to display their abilities. The varsity players coach and officiate the mini four-team league aimed at creating team cohesion. The team conducts light-hearted post-game interviews and even has a Twitter account.

Lunt spent 12 seasons at Puget Sound and took the Logans to seven Northwest Conference Tournament appearances, a Northwest Conference title, and the Sweet 16 of the NCAA Division III basketball tournament. This year is his fifth season at Pacific.

"One of the reasons I left Puget Sound," he explained, "was because I love the fact we had a JV program here." He added, "I feel like there are opportunities when players come in as a freshman, that they may not be at the level they need to be, but then they get the opportunity to play."

Lunt points out that he has players who started on JV and are now regular varsity team starters—and that two of those players from the previous season are now playing professionally abroad, including Ethan Chung, who graduated in 2023 and now plays professionally in Taiwan's Plus League.

"I want to create the vibe that JV is more of a developmental team," says Lunt.

Best News Story

Group 2

2nd Place

The Pacific Index - Pacific Univ

Emily Rutkowski

Best News Story

Group 2

1st Place

Oregon Daily Emerald

Daniel Friis



Best Series

Group 3

3rd Place

The Advocate-MHCC

STAFF



Guest Column:

ADVOCATING FOR OUR STUDENT ASSOCIATION



Image taken from web

Alessandra Dante Sciarratta
General Psychology major/ASMHCC support staff

As the name of your publication is the Advocate, I would like to take a moment to advocate on behalf of our student government.

While I make no claims of impartial or nonpartisan opinions, I do aim to set a series of inaccuracies straight. More specifically, I write to respond to Kane Finders's "ASMHCC's Lack of Candidates" article, recently published in the April 28 issue of the Advocate.

In his column, Finders critiques the student government, claiming a lack of access for

participation in elected roles, strenuous time commitment, and minimal compensation for said positions. Quoting unknown sources for complaints and creating hypotheticals to support his protest against ASMHCC, he constructs a clear argument against our student association. However, readers should note the superficial basis of this argument. Maintaining a student-run government certainly is not without its obstacles, but Finders's points fall flat with misinformation. I seek not only to refute these accusations, but call into question the weight behind his criticisms.

One must speak for the character of the ASMHCC first and foremost. It must be clear that the Associated Students of Mt. Hood Community College operate under the intent to best represent and serve the student body of MHCC.

Any position within a government, even a student-run one, should be filled by those who are able to take on the responsibilities and commitments that come with a governing role. Should we not want our representatives to uphold these values? I consider Finders's hyper-focus on the financial aspect of filling roles in the ASMHCC to be discrediting of the work-ethic held by our student government,

and even dismissive of the many positive changes they have created on campus.

Additionally, despite Finders presenting otherwise, students here at MHCC do not need to hold a position in ASMHCC to participate within the student association. Simply looking at the description of the Associated Students page on MHCC's website, an open invitation to join the ASMHCC's discussions and contributions is extended to any student enrolled at Mt. Hood. Whether it be attending cabinet meetings in an accessible, virtual setting, or dropping by their office in the Student Union to speak directly to an elected member, the ASMHCC is wide open to any and all inquisitive students.

We should consider the fact that filling these elected positions, where students hold the utmost responsibility for representing their campus and community, is not a simple matter. It certainly should not be granted to students solely drawn to the station by thoughts of offered money and compensation. Furthermore, readers should consider that in order to pay ASMHCC members, it would require students to pay additional fees in tuition or take away funds used in student aid and on campus activities, creating more financial

problems for our student body instead of resolving them.

So rather than thinking of a role in ASMHCC as a job, where wages are owed in turn for hours worked, I encourage students to consider working in ASMHCC as volunteer work, a donation of time and effort to improve the school around them.

Students in the ASMHCC dedicate their effort to organizing events and bettering life on campus, not because of a desire for 'compensation,' but because it genuinely benefits both fellow students and community members.

A role in ASMHCC is not a paid position, it is not easy. And nor should it be. It's a role of public service, requiring dedication and even sacrifice, in the name of making our campus a better place. In light of Finders's criticisms, I ask fellow students to consider their contributions on campus, and what we can achieve by donating a bit of time and effort.

ADVOCATE SHINES IN OREGON COMPETITION

Returning to publishing and posting full issues in 2022, The Advocate again scored a strong showing in the annual Oregon Newspaper Publishers Association (ONPA) competition for student-run newspapers.

In results announced during the May 5 Collegiate Day seminar and awards ceremony online by the ONPA, Advocate staff won four first-place awards and 17 staff or individual awards overall - capped by a clean sweep in the Best Section category.

The Advocate's work was judged against that of peer two-year colleges across Oregon.

Other first-place awards came for Best Design, Best Columnist, and Best Feature Photo. No award for General Excellence was given by

the ONPA, a departure from previous years.

The following awards are for Advocate published during the 2022 calendar year:

- Best Section:**
1st Place, Entertainment
2nd Place, Opinion
3rd Place, Features
- Best Columnist:**
1st Place, Nell Little
2nd Place, Shalynn Robinett (Rivas)
- Best Design:**
1st Place

- Best Feature Story:**
2nd Place, Kelley Chang
3rd Place, Kelley Chang
- Best Sports Story:**
3rd Place, Aurora Myers
- Best Editorial:**
2nd Place
- Best Headline Writing:**
2nd Place
- Best Website:**
2nd Place

- Best House Ad:**
2nd Place
- Best Photography:**
2nd Place, Jennifer Wilhoite
3rd Place, Aquilina Larkins
- Best Sports Photo:**
2nd Place, Aquilina Larkins
- Best Feature Photo:**
1st Place, Martell Meacham

GET TO KNOW THE ADVOCATE

Lindsay Leeman
Staff Writer | Photographer



Photos provided by Lindsay Leeman

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Gresham OR 97030

The Advocate encourages readers to share their opinion by letters to the editor and guest columns for publication. All submissions must include the writer's name and contact information. Letters to the editor should not exceed 300 words and guest columns should not exceed 600. The decision to publish is at the discretion of the editorial board. The Advocate reserves the right to edit for style, punctuation, grammar and length. Opinions expressed in columns, letters to the editor or advertisements are the views of the author and do not necessarily reflect those of The Advocate or MHCC.

Hi, I'm Lindsay! I work with The Advocate as a writer and photographer. I was adopted when I was 5 and since I was a little kid, I have always loved anything artsy. This is my second term here at MHCC. I am 18 years old, and after I graduated from Clackamas High School,

I decided to focus the next few years getting my AAOT, and one day I hope to be an art therapist for foster and disabled kids. Aside from school, a few things I enjoy are hiking, playing my guitar, making greeting cards and visiting my friends and family.

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A Follow up on Jim Eikrem's termination

February 18, 2023 / Joseph Lohmolder / Comments Off

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Former theater director Jim Eikrem began an arbitration process with [Clackamas Community College](#), following the termination of his employment in the summer of 2022. A formal hearing is not expected to take place until April 18.

Arbitration is a dispute resolution process where two parties come together with an adjudicator to reach an agreed solution. Administrators at Clackamas Community College wouldn't comment on Eikrem's termination, or the reason for arbitration, until the process has concluded.


Eikrem's termination came in the wake of several allegations from staff and students, who claimed he had a tendency to harass and demean them. He allegedly bullied people and used his position to retaliate against people who spoke out against him.

Julia Holloway, a former CCC student, previously told [The Clackamas Print](#), "Jim was using his power in an inappropriate way to bully people, and in a retaliatory fashion."

Melissa Richardson, the Chief Human Resources Officer for Clackamas Community College, told [The Clackamas Print](#), "I cannot really comment on that because it is an ongoing personnel matter for the college."


Eikrem did not respond to several requests for comment from [The Clackamas Print](#).

Eikrem previously declined to comment on the reason for his termination.




Jim Eikrem was terminated from Clackamas Community College last year, following several complaints from students and staff regarding his conduct. Photo by Joseph Lohmolder. Eikrem's termination came in the wake of several allegations from staff and students, who claimed he had a tendency to harass and demean them. He allegedly bullied people and used his position to retaliate against people who spoke out against him.

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The Commuter- Linn Benton CC

Kacey Montgomery



words by **KACEY MONTGOMERY**
photos by **SARAH ROSE LARSON**

Without a doubt, spring term 2023 brought immense changes to Linn-Benton Community College that few foresaw. The administration announced that the college would be letting go of 11 faculty members, three of which were the faculty librarians in the campus library. Discontinuation of computer science, the criminal justice program, and a sizable portion of the Adult Basic Skills offerings were also on the chopping block.

LBCC had been seeing a downturn in enrollment in previous school years. LBCC President Lisa Avery often recounts a time in the mid-past when the in-person enrollment of the college was so high that people had to park on the grass beyond the college's parking lots. Covid only did further harm to enrollment and in turn, revenue. With a deficit of more than \$2 million looming, budget cuts were an unpleasant necessity.

Fall term of 2023, LBCC has seen a notable uptick in enrollment. The campus is alive again; students are slowly starting to populate the halls, courtyard, classrooms, and even the mostly librarian-less library. Yet behind the scenes, there are still many unknowns and unanswered questions suggesting a disconnect in communication between administration and faculty.

Outwardly, the library is functioning for students with few noticeable differences. The

library is offering most of the services it had in years past and is open Monday through Thursday 7:30 a.m. to 6 p.m. and Fridays from 7:30 a.m. to 4 p.m. The library is also open from 11 a.m. to 3 p.m. on Saturdays.

As for instructors, the library is able to accommodate most requests. Online resources created in past years should still be available, and ordering can be accomplished by reaching out directly to Library and Learning Center Director Samantha Hines. For a reason unrelated to the budget cuts, interlibrary loan requests are also to go through Hines for the time being.

Faculty instructors last spring were concerned about where students would now go for help and mentorship when working on research, a crucial duty carried out by the former faculty librarians. Some suggest that research librarian-specific information will be hard to come by in light of the lack of faculty librarians.

"I do notice students internalizing the feeling that they're simply 'not good at research' when previously they would have received extra support from librarians who could help them gain skills and confidence. It's like the difference between a student getting tutoring in a difficult class and a student going it alone," said English faculty Karelia Stetz-Waters.

Others were concerned with the ability of the college to continue producing resources for Spanish-speaking students. The faculty librarians had taken on the task of providing bilingual services for equitable access to educational materials.



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Vanguard - PSU

Alyssa Anderson



ADJUNCTS MARCH INTO BARGAINING SESSION WITH PSU ADMINISTRATION ON JULY 28. ALBERTO ALONSO PUIAZON BOGAN/PSU VANGUARD

PSUFA CONTINUES BARGAINING FOR FAIR WAGES

COST OF LIVING INCREASE FOR ADJUNCT PROFESSORS REMAINS ON THE TABLE

ALYSSA ANDERSON

THE PSU FACULTY ASSOCIATION (PSUFA) met with Portland State's administration on July 19 in another Cost of Living Increase (COLA) bargaining session for adjunct professors. The PSUFA—a democratic union advocating for part-time faculty at PSU since 1979—has negotiated for a COLA since March 10. The bargaining session on July 19 was the first time the PSU administration presented the PSUFA with an offer.

According to Shannon Kidd—an adjunct professor for the School of Art + Design—the PSU administration offered adjuncts an 8% increase on the top wage they could make. Another bargaining session was held on July 28 so PSUFA could respond to the offer.

"Adjuncts don't really make hardly any money doing what we do, even though we're just as qualified as full-time faculty," Kidd said. "Even if we are offered a cost of living increase

of 8%, it's an 8% increase on the top wage we can be paid—which is about \$25,000 a year—versus the lowest pay that full-time faculty can receive—which is usually about \$60,000 a year. So an 8% increase in their wage versus an 8% increase in our wage doesn't really match out. It's an increase—that's a win—but it's still not very much."

Kidd explained how the continued bargaining is part of an economic reopen process—which occurs at the halfway point of their five-year contract and allows them to edit the parts of the contract which were established in previous years and no longer serve PSUFA's needs.

During the past few bargaining sessions, Kidd said that the PSUFA presented their requests to the administration. The PSUFA provided all the details behind their demands for increased pay, a need for adjuncts to purchase

technology and the various reasons why they deserve to receive a livable wage.

The PSU administration has resisted these tasks. Kidd said PSU claimed they needed to allocate the funds required for a COLA elsewhere. "Some of the loose reasons we've gotten is that there's just funds that need to be allocated to other places, but we don't really know where those other places are," Kidd said.

When asked for a comment, PSU stated that the Office of Academic Affairs "continues to work together with PSUFA to find solutions. Bargaining is ongoing, resuming again Friday, July 28."

Emily Ford—president of the PSU chapter of the American Association of University Professors—explained how the full-time union successfully secured a COLA for full-time faculty during their economic reopening process which ended in December.

"We were successful, so that means there is

no reason that PSUFA and the university cannot adequately acknowledge the labor that adjuncts perform on behalf of our students, and their contributions to student success and retention and student learning," Ford said.

Ford explained how adjunct professors at PSU do just as much work as full-time faculty developing curriculums and supporting students academically and emotionally. "There is no reason that—because of their contingent status—[adjuncts] should not be afforded equal compensation, benefits for healthcare or sick time. It's equal pay for equal work," Ford said.

"The PSU administration is really good at crying wolf when it comes to their budget," Ford continued. "I don't know that [the] PSU administration is putting their financial resources behind the teaching mission of the university. If the administration were putting its financial resources behind the student-serving mission

Best Series

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Vanguard - PSU

Kat Leon, Anish Arumugam, LeeAnn Rooney

IT'S NOT ALL DOOM AND GLOOM FOR THE BIG ONE

PORTLAND'S BRIDGES MAY SURVIVE THE CASCADIA SUBDUCTION ZONE EARTHQUAKE



TILIKUM CROSSING BRIDGE. ALBERTO ALONSO PIAZZON BOGANI/PSU VANGUARD



BURNSIDE BRIDGE IN DOWNTOWN PORTLAND. ALBERTO ALONSO PIAZZON BOGANI/PSU VANGUARD

LEEANN ROONEY AND KAT LEON

SCIENTISTS AT PORTLAND STATE ARE looking into whether or not Portland—the city of bridges—would still have its bridges standing after The Big One, and you might be surprised to hear what they have discovered from their research.

The Big One is a term locals have given to the earthquake expected to arise from the Cascadia Subduction Zone, a fault that runs 70–100 miles off the Pacific coast shoreline.

A. K. M. Golam Murtuz, Ph.D.—a former PSU student of Dr. Peter Dusicka, Professor and Chair of Civil & Environmental Engineering

at the Maseeh College of Engineering & Computer Science at PSU—wrote his dissertation on the earthquake soundness of the Portland bridges built before the '90s and how one might rebuild and/or retrofit them. He described the quake expected from the Cascadia Subduction as a “magnitude nine earthquake.”

“Currently, scientists are predicting that there is about a 37% chance that a megathrust earthquake of 7.1+ magnitude in this fault zone will occur in the next 50 years,” according to the Oregon Department of Emergency Management.

The potential damage and impact if and when this earthquake occurs is a noteworthy quandary. “[I] would say that the extent of damage is going to be geographically broad—distributed,” Dr. Dusicka said. “If this earthquake comes through, it’s going to affect a wide area, so I think that is certain. What we’re studying is how that might affect individual infrastructure, facilities and components.”

PSU’s iSTAR lab is, in part, what influenced Dr. Dusicka’s decision to come to PSU. iSTAR

is “a moderate size research facility where we build, test, evaluate and study structural components under various loading conditions, and one of those being sort of the dynamic loading of an earthquake,” Dr. Dusicka said. “So we have a shake table that allows us to reproduce an earthquake on demand, that we also use to study how earthquakes impact our infrastructure.”

Regarding how an earthquake can impact infrastructure, two primary forms of infrastructure failure could occur. First, brittle failure is “a failure with very little warning,” Dr.

Best Feature Story

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3rd Place

The Advocate-MHCC

Isabela Durighello



How one woman changed the MHCC nursing program for the better



Find more Dean coverage on page 8

>>>



Isabela Durighello
The Advocate

Although it may seem empty at times, the MHCC Gresham campus is blessed with a robust history of diversity and community that is there to help one another.

That feeling was rekindled by a recent visit to the campus by a father-daughter duo that motivated us to start digging into our Advocate archives and asking more questions to learn more. Donald Dean, of Los Angeles, and his adult daughter, Dondi, walked around the college last autumn. He wanted to show off where he grew up and spent much of his youth, and where lasting memories were made.

The strongest impression was actually made by his mother, Diana Dean, who left a rich legacy all during her too-brief life and career. But the campus left its mark, too.

Diana was likely the first female, and definitely the first African American, nursing program director at Mt. Hood. Working here from the mid-1960s until 1974, she was a trailblazer of sorts, constantly innovating and changing the way we know and learn about health today. She pushed the boundaries for woman and minorities alike, and was phenomenally successful in influencing every

community in which she was a part.

For instance, an Advocate story published in April 1973 tells how Diana had recently been involved in consulting with a children's educational television workshop.

A second article, headlined "Career women to gather for Eugene Conference," explained her contribution at the second annual Lebanon Business and Professional



From left: Diana Dean with her sons, Donald and Derryck. Donald Dean with his two daughters, Dondi and Darynn.

Women's Club conference, helping lead a timely discussion titled "The Changing community and Women's Role." This was the second conference for the working woman that Diana had attended, as part of a panel.

As a powerful woman it was not always easy for her, Donald told the Advocate in an interview.

"I recall her having a rough time, because she was a woman in the program and she challenged not only folks involved in the nursing administration and the doctors and such (but also others), being an advocate for much larger and important roles for nurses in that program," he said.

MHCC not only has always been a home to influential and strong-minded people but also a haven for those who were not always treated so favorably elsewhere – a critical value for all community colleges since their formative years in the 1960s and 70s.

A SECOND HOME

Diana's son, Donald, recalls spending many hours on campus as a safe place to stay as other local public schools had rejected or mistreated him and his brother, Derryck, numerous times, for reasons owing to overt racism. At his Sandy middle school, Donald and his brother, as the only Black students there, were made to role-play as slaves during a class exercise – and would suffer verbal and physical harassment.

When Diana then transferred the pair into the Gresham school district, waffling a bit on their home address as had other Mt. Hood employees at the time, administrators blocked them.

The school district "decided they had their quota on Black students, and they recognized



From left: Diana Dean with her sons, Donald and Derryck. Donald Dean with his two daughters, Dondi and Darynn.

that we were using the address of other colleagues of my mother's," Donald said. "They threatened to expel the other people's kids, too, if they did not get rid of us."

That's when MHCC became the two boys' second home.

"We had nowhere to go, so when my mother was teaching, she would bring us to

campus, and we would spend every day in the library stacks reading," said Donald.

Feeling welcome and safe on the Mt. Hood campus, the brothers learned as much as they could while their mother worked. On the lighter side, Donald said he remembers running through the college's concrete corridors and sneaking junk food from the cafeteria when his mom was not looking.

SEEDING SUCCESS

Sadly, Diana would suffer uterine cancer, and died quite young.

"We ended up at Catlin Gabel (a private Southwest Portland campus) in middle and high school," said Donald. "My mother passed before I finished high school, so I finished down here in California while my brother stayed with an aunt, out in West Linn." Diana's wonderful legacy includes life and learning success throughout the Dean family tree.

Donald is a technology consultant, while Derryck works for the federal Department of Justice in Boston. Donald's daughter, Dondi Diana Dean, who joined his nostalgic visit, has entered a master's program in social justice at USC, and her sister, Darynn, is studying jazz at UCLA. Ultimately, Diana and her two young sons received a great amount of respect and acceptance from MHCC when other parts of our community were not so loving.

Today, we often overlook our campus for all that it really is – not just a maze of cement pillars and malls, but a blooming ground of opportunity and hope for those in our community who need a place to grow. And one can feel a sense of welcoming to all communities, from the Student Union being always open for anything and everyone, to the Multicultural & Diversity Resource Center, all the way to the stacks in the library.

Our campus will always be a wonderful place to grow and learn.

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Ethan M. Rogers

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HOME NEWS ARTS & CULTURE SPORTS COMICS OPINION VIDEOS PODCAST

Cougars study abroad

November 14, 2023 / Ethan M. Rogers / 1 Comment

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By Ethan M. Rogers

Clackamas Community College students and some faculty traveled to France for the college's summer 2023 study abroad program, experiencing life from another perspective.

"What was mentioned? No air conditioning. Yep, nope, there's no air conditioning. It was pretty hot," said Ernesto Hernandez, chair of world languages department at CCC.

Hernandez, who grew up bilingual speaking English and Spanish, studied French and German in college, learned Japanese while living there and has lived in many countries around the globe. He is one of a handful of staff responsible for the study abroad program, which in the summer of 2023 was two weeks of cultural immersion in the south of France at a town called Perpignan and three days of relaxation in Barcelona.

For Hernandez, returning to France is a homecoming of the heart.

"What do I say, my body is Nicaraguan, I'm American, of course, (and) my heart is French," he said.

Having a deeper relationship with a culture or with a language, Hernandez said, "is like having a relationship with a person, actually. It's not always pretty, but having a deep relationship, whether it's with a person or with an entire culture or language, is worth having."

In addition to the 2023 trip to France, the Global Study Committee has for years been providing students with study abroad opportunities that combine college credit classes with immersive cultural experiences as a way to deepen students' connection to the world around them.

Recent years have included trips to Ireland and Costa Rica. The next study abroad trip, in December, will see 30 CCC students travel, with four staff members, to Ireland.

As an older student concentrating on French language studies for personal enrichment, Zandra Walton had an interesting perspective on the France/Spain trip.





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The Mainstream - Umpqua CC

Rachel Arceo

The Mainstream

HOME NEWS COMMUNITY - STUDENT SPOTLIGHT - HEALTH SPORTS ABOUT US



Student media editor, STEM student perseveres as she pays her own way through college

Published by [Rachel Arceo](#) on June 8, 2023

Nutrition student Savannah Peterson, who is transferring as a STEM student, studies for her Organic Chemistry class. Peterson originally planned to go to beauty school but was inspired by her journalism teacher, Melinda Benton, to go to college to work towards a degree in nutrition.
Mason Ramirez / The Mainstream

When graduating transfer student and The Mainstream managing editor Savannah Peterson first began at UCC, she was still heavily considering skipping college and going straight to beauty school. However, as a young swimmer, she had been inspired by her own observations of the impact of good

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Oregon Daily Emerald

Ellie Graham

A ROADMAP TO ENVIRONMENTAL JUSTICE FOR WEST EUGENE

J.H. Baxter and Bethel residents have a complex history, and community entities are striving to create a resilient and stable environmental future.

Written by Ellie Graham | Photographed by Ayla Rivera
Illustrated by Aiko Gaudreault | Designed by Kayla Chang

J.H. Baxter
SALES OFFICE
100 ALVA PARK

The J.H. Baxter sales office, located on the northeast end of the property, is seen from Alva Park Drive, one of many residential neighborhoods located near the facilities.

Best Feature Story

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Vanguard - PSU

Macie Harreld

CAN WE ENGAGE IN SHAKESPEARE ETHICALLY?

OPS FEST RETURNS TO PORTLAND

MACIE HARRELD

THIS SUMMER, 11 PORTLAND PARKS have transformed grassy lawns into theater stages for the fifteenth season of the Original Practice Shakespeare Festival (OPS Fest).

OPS Fest prides itself on replicating production techniques true to Shakespeare's time, with limited rehearsals, an onstage prompter and actors reading only their own lines—scroll-in-hand.

"Because we do Shakespeare the way Shakespeare was intended, for me, those performances—both as a performer and as an audience member—are so much more engaging," said Beth Yocam, OPS Fest company manager. "So often we read Shakespeare in a classroom, but that wasn't how it was intended to be."

Contrary to the typical first encounter of lugging through opaque archaisms in a ninth-grade classroom, OPS Fest enlivens these texts—molding chaos into clarity and captivating crowds with electric deliveries.

This year, the company added *Cymbeline* to its already extensive repertoire. Their execution made for an energizing and delightfully witty performance. OPS Fest lends itself to top-notch talent. Actors embody their roles with

compelling vivacity and propel the drama with a vibrant magnetism.

The production closes a certain distance associated with theater arts by transcending even the stage. Actors meander through the audience, respond to the prompter to clarify plot perplexities and interact with the audience's questions, boos and cheers in spontaneous hilarity.

The festival gaps another bridge for the Portland area by providing free performances in public spaces. They rely entirely on donations to maintain this tradition. "We don't have a big set or lights or costumes—it's just the people that we pay," Yocam said. "But it is tricky, and we have to keep our costs minimal in order to make it through."

OPS Fest persists despite budget constraints, inspired by a long storytelling tradition. "I think that the reason that Shakespeare has been done by theaters and theatre makers for so long is just the nature of really good storytelling, and I think we can do things to update and make things land differently than they would have landed in Shakespeare's time," Yocam said.

One way OPS Fest updated Shakespeare is through its diverse cast. While initially only

men performed Shakespeare, Yocam said their company "is really diverse in terms of race and sexual orientation and gender expression." For example, in casting female or nonbinary actors for traditionally misogynistic male characters, OPS Fest attempts to deconstruct patriarchal expectations.

The company also edits out offensive and racist language. "We've tried to update the text so that the connotation that Shakespeare intended is there, but it doesn't land in a way that would harm anyone who's coming to see our shows," Yocam said.

The controversy lies in the fact that Shakespearean literature remains highly regarded in today's culture, despite containing prejudiced language and representations. This raises the question of whether we should re-purpose a narrative that has been used to target marginalized segments of society.

OPS Fest provides entertainment and humor with its spirited and amusing performances. Nevertheless, it prompts us to ponder why we engage with repetitive storylines that require significant mental acrobatics to fit into modern social acceptability.

Jonathan Walker is a PSU English professor who specializes in English Renaissance gender and sexuality, drama and critical theory. He spoke with *Portland State Vanguard* about this dilemma.

"There are characters and language in Shakespeare that's racist, that's misogynistic, that's antisemitic, that's classist, that's nationalistic, and I think that those words—those views and positions—absolutely should be scrutinized, but we should also understand those views and positions in the context of the fact that this is dialogue and these are fictional settings," Walker said.

In contextualizing problematic themes and representations within the broader relations of the works, they become social mores which are wrestled with rather than concrete assertions about class or identity.

However, Shakespeare is more than a playwright. His works are more than the fictional worlds they describe. To reference playwright Madeline Sayet, Shakespeare is also a real-world system which upheld a Eurocentric hierarchy 400 years ago and still does today.



JAIME BELDEN AND SULLIVAN MACKINTOSH PLAYING POSTHUMOUS AND IMOGEN IN *CYMBELINE*. MACIE HARRELD/PSU VANGUARD

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Oregon Daily Emerald

Kayl Wohl



Best Editorial

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The Advocate-MHCC

Kane Finders, staff

EARTH DAY ADVOCATE-ONLINE.NET

RECYCLING'S PATH TO A GREENER FUTURE

Kane Finders
The Advocate

The bans in China on the import of different recyclables have shown the weakness in the United States' recycling infrastructure. Starting in 2017, China installed a ban under Operation National Sword that barred the import of certain waste products. The next two years, it kept adding more and more products to that list. According to the University of Georgia, this ban has displaced over 100 million tons of plastic waste.

All this plastic has to go somewhere – and after the ban, plastic imports from the U.S. increased in the countries of Thailand, Malaysia, Vietnam, and elsewhere. However, these countries don't have as many resources to deal with plastic waste, so the U.S. has to find new ways to deal with the refuse.

Why is exporting plastic waste to other countries bad? These countries weren't prepared for this influx of plastic waste, and they don't have stringent environmental protection regulations. U.S. waste management companies have taken an "out of sight, out of mind" approach. The consequences are a huge negative impact on these nations, and on the world. Without the proper recycling infrastructure, these countries may incinerate, dump the

plastics, or pursue other harmful actions. Incinerating releases harmful chemicals into the atmosphere that can poison people and the animals nearby. Dumping can also affect humans and animals by contaminating water sources and food sources.

The good news is that according to Statista, our plastic waste exports have decreased. In 2017, the start of the ban, the United States exported 3.68 billion pounds of plastic waste. In 2021, we exported only 1.21 billion pounds.

This is a great improvement, but still a lot of plastic waste. This is where the EPA's National Recycling Strategy comes into play. The goal of this plan is to achieve a "circular economy." In the EPA's words, a circular economy "keeps materials, products, and services in circulation for as long as possible." The agency goes on to say that achieving a circular economy will slow climate change while lifting the burden on underserved communities by reducing the waste shipped to landfills and other places that produce harmful effects.

One aspect of achieving this circular economy is by improving our own "national municipal solid waste recycling system." This would require improving education so people know what they can and cannot recycle, while also improving the infrastructure here so we

UNITED STATES SCRAP PLASTIC EXPORT

From 2017 to 2019 we see a steep decline in plastic export due to China's Operation National Sword. This forced the U.S. to rethink its recycling strategy.

Year	Exports in Billion Pounds
2015	3.68
2016	3.68
2017	3.68
2018	2.00
2019	1.46
2020	1.38
2021	1.21

Data by Statista

have the capacity to handle recycling within our borders. According to the EPA, this is only one step in a series of steps to achieve a circular economy.

While we as consumers don't have much control over the EPA, we do have control of what we individually recycle. Making sure you recycle the right things improves the state of our planet by making sure they are reused, or properly disposed of. The problem is often that it's complicated to know what you can and cannot recycle.

To help, the Advocate has posted some graphics here to let you know what you can and cannot recycle in our area. These guidelines are subject to change, and vary from specific area to area. Be sure to check your local waste management agency's website for information on what you can or cannot dispose.

While the U.S. still has a lot to do in terms of fixing its recycling problem, we are taking steps in the right direction by minimizing our export, and pushing development of systems to achieve a circular economy. Ultimately, though, recycling starts with the consumer – you – and in order for the country to minimize the negative impacts on our planet we each have to do our part by recycling the right things.

Mixed Recycling

All recyclables must be clean, empty and loose when they go into the cart

Plastic Bottles & Containers

Food, Beverage & Aerosol Cans

Paper

Flattened Cardboard & Paperboard

Aluminum Foil & Scrap Metal

Graphic by Waste Management

PAGE 6

Best Editorial

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The Advocate-MHCC

Peyton Hull, staff

HOW TO IMPROVE YOUR MENTAL HEALTH

Peyton Hull
The Advocate

Mental health, something that was once a "taboo" subject, has become a common focus, if not a problem, among college students. According to Dr. Carlos Blanco, a former professor of psychiatry at Columbia University Medical Center, in a 2008 study, 1 in 2 (50%) of college students struggle with severe anxiety and depression, while only 25% receive care.

Three out of five adults (60%) also struggle with anxiety and depression.

Unfortunately, these numbers have not improved since the study, and have gradually become worse since the 2020 COVID-19 lockdown.

Fortunately for today's society, receiving help seems ten times easier. In honor of World Mental Health Day (on Oct. 10), let's look at the best ways to improve our mental health with tips and tricks that are possible for a full-time, or part-time, college student.

First things first: What you eat actually has a role in your mental health. Inside our bodies, our GI tract contains billions of bacteria that can produce chemical substances that send messages to our brain. A healthy and nutritious diet can help create positive

dopamine rushes, rather than mood swings and what we describe as "an icky feeling."

However, eating healthy is not easy, and not always cheap either. Luckily, we have a food pantry right on campus - Barney's Pantry - that often has soups, crackers, and similar goods that will help your stomach feel better than junk food. There's a formal request form on the MHCC website.

Additionally, a YouTuber, @letsKWOOWK, has countless video recipes that are cheap, healthy, and quick, specifically designed for college students.

Second, Mt. Hood offers free counseling to its students. On the MHCC website, under the "College Services" tab, you will see "Career Planning & Counseling Cen-

"THREE OUT OF FIVE ADULTS (60%) ALSO STRUGGLE WITH ANXIETY AND DEPRESSION"

ter." Here you will find counseling and job resources. You can book an appointment to meet one-on-one with a counselor, a session that is completely confidential, and did I

mention, free? You can even email the office directly at: counseling@mhcc.edu.

If you would prefer to meet with a larger group, this year there is a formal student Mental Health Club that focuses on improving mental health on campus. It's fairly new, so we don't have a whole lot of information, but you can contact Rozina.Lethe@mhcc.edu to learn more.

Lastly, the biggest way to improve mental health is what we allow in our thoughts. Let's be honest, our brains are odd. To us it's a vast never-ending thought bubble that sometimes becomes overflowing with the chronic "What if...?" It can be extremely hard to ignore or turn these thoughts off, especially for those diagnosed with anxiety, depression, and OCD.

However, a direct study has linked that the majority of these thoughts come from trauma and bad habits. To stop these thoughts, follow these three steps: One, ask yourself: "What is the worst possible thing

that could happen?" By doing so you can stop the reruns of repetitive thinking.

Two, ask yourself: "What can I do right now?" This can help your brain know you are in control of your situation. Three, ask yourself: "What is the best possible outcome?" By doing so, we can look at the positives, and stay optimistic. While this might not be easy, it could have the best outcome.

Starting small and practicing can help turn this trick into an everyday habit.

No matter who you are, you are always welcome on campus. If you are struggling, please take advantage of these resources.

Reach out to someone; you are not alone, none of us are.

We here at the Advocate care for each and every one of the students at MHCC, for we live by our motto "for the students, by the students." And although World Mental Health Day has passed, we can always make strides towards improvement.



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Best Editorial

Group 3


1st Place

The Mainstream - Umpqua CC

Savannah Peterson, Rachel Arceo

The Mainstream


HOME NEWS COMMUNITY - STUDENT SPOTLIGHT - HEALTH SPORTS ABOUT US



Dear Graduates:

Published by [Savannah Peterson](#) on June 9, 2023

Savannah Peterson and Rachel Arceo, 2023 AAOT graduates



Two student media editors celebrate the value of a community college education.
Elyse Powell / The Mainstream

Umpqua Community College is one of those special places where the people, the location, and the activities all come together to create profound, transformative change.

As graduating students, we have learned so much in our courses, but this journey has also changed who we are and what we're capable of.

Foremost, college has taught us the importance of self-motivation and willpower. No one is going to do this for you; you have to do college for yourself even though you don't always do it by yourself. No one gets to graduation without perseverance.

When many of this year's graduates started UCC, the pandemic had forced classes online, and the face-to-face components we had relied on for school success were taken away. Some of us felt like we had to start college by teaching ourselves how to teach ourselves as the online classes required so much more independent learning.

Then, as face-to-face classes returned to campus, many of us had to change again, re-learning how to learn with others and attend college in a different way. We had to learn how to juggle entirely different schedules, figure out transportation issues, and deal with the unique challenges that came with re-entering social spaces we hadn't traversed for a while.

College has also taught us about boundaries. Every student who graduates from college has had at least

Best Editorial

Group 2

3rd Place

The Pacific Index - Pacific Univ

Avari Schumacher

NEWS

SPEAK UP! STUDENT SENATE WANTS TO HEAR YOU!

2023-24 Student Senate has big ambitions

ROSE EVERINGHAM
THE PACIFIC INDEX

Whether it's in the classrooms, on the campus, or at school events, the Student Senate is excited for Boxers to see some big changes this year. Primarily, though, the Student Senate's objective is streamlining their communication with Pacific students. Historically the student senate was reachable via email and occasional polls. This year, they hope more students will attend several new senate sessions. "We have a really big budget, and at the end of the year we have a surplus to spend. I think this year we would like to have students come and pitch \$5,000 ideas to improve campus," explained Senior Student Senate President Ava Johnson.

But this new connection won't only be present in the open meetings. The senate is completely shifting their mindset, even going so far as to change the team's motto. Ava explains, "Last year our motto was 'Boxers, we are one' because we were coming out of Covid and trying to rebuild the campus community. This year our motto is 'Boxers lead the way' because we want to hear more student input and have them lead us in the decisions that we make."

Reflecting on previous years, Johnson emphasized the lessons learned. "Going into this year, our mindset is 'we want change.' Covid limited senate access, because everything was online. Coming out of that, we really just want people to know

they're being heard. I know a lot of people felt like they weren't being heard before, or that things were just happening without them having any say in it. We want them to know that they do."

The exact plan for the year is still to be determined after their first meeting on Thursday, September 7. However, when asked her hopes for the coming year, Johnson offered a few possibilities. Revamping the Boxer costume, building a rock climbing wall, and installing heaters for the outdoor seating were all ideas that floated around. Johnson also mentioned the year with a personal passion project in mind: "A big issue to tackle is lighting on campus. The lighting on campus is not very good, so at night it's sketchy walking from classes back to my dorm."

Ultimately decisions about this year's projects will be left for the senate to deliberate as the year goes on, but the new open dialogue means senate leaders have already been hearing suggestions.

The student senate can be reached in UC-103 and in their email, studentsenate@pacificu.edu. Johnson aims to start a recurring, in-person event for students to reach the representatives easier. Details on this event are still undecided. Overall, her aim is to make sure Boxer voices are heard, whether that's in a formal setting or just around campus. "If you ever see me walking, come talk to me. Just talk to us and let us know what you want and what we can do to help. We are here to get student voices heard in admin spaces."



Rose Everingham / The Pacific Index

ANOTHER YEAR, ANOTHER LAWSUIT

Pacific University's name is in the news yet again—and again for a lawsuit. This time the bill is big. \$4 million dollars.

THE INDEX STAFF
THE PACIFIC INDEX

A week before students returned to campus, a jury in Portland handed down a troubling verdict: Pacific University was ordered to pay a former graduate student nearly \$4 million for emotional distress.

At first glance, the verdict is confusing. The lawsuit stems from a student, Peter Steele, who was enrolled in a Master's program three years ago and was accused of sexual assault. Subsequently, Steele was suspended indefinitely from Pacific University, as well as a restraining order was filed against him by his victim. Then, in a surprise turn of events, Steele sued the university for the emotional distress that he claimed these actions caused him—and in late August, a jury handed down a verdict in his favor.

But in awarding Steele nearly \$4 million, the jury did not rule on whether the former student sexually assaulted another student; instead, the jury essentially said that it was how the university went about

getting rid of Steele which gave him validity for the big-dollar settlement.

Moreover, that lawsuit and that large settlement are part of a larger, disturbing pattern: Over the past few years, there have been several lawsuits leveled against the university from wrongful dismissals and, more specifically, at the center of the lawsuits has been Jennifer Yruegas, the former general counsel and Title IX coordinator for Pacific University, and, since 2021, the current Dean of the College of Business. Likewise, in the most recent case, the pivot point for the jury's decision seems based on how Yruegas dealt with Steele, the dismissed student; specifically, Steele accused Yruegas of failing to play an impartial role in this case—and it was seemingly that accusation with which the jury agreed. Said differently, if this were a baseball game, the dispute wasn't whether the runner was out at first, but whether the umpire was impartial.

Beyond the financial hit, the recent jury decision also stirred up the type of publicity no university wants: The story was carried by the Oregonian, Oregon Public Broadcast and Willamette Week, the Portland-based



Zander Braut / The Pacific Index

weekly newspaper that has a Pulitzer on its shelf for investigative reporting and, almost a year to the day, dug up more dirt on Yruegas.

In August 2022, the Willamette Week broke the news that a year before Pacific hired Yruegas, she had potentially bilked friends out of a half-million dollars when she spearheaded a dubious investment scheme into a wood farm that never went anywhere. In that matter, investors sued Yruegas demanding repayment. Ultimately, the lawsuit was settled out of court with Yruegas reportedly paying back investors \$150,000.

Nearly two months after that news

broke, in October 2022, Pacific University—and again with Yruegas at the eye of the storm—hit the news again, when the Oregon Bureau of Labor and Industries announced a fine in the tune of \$843,000 for failure to disclose personnel records in the pending employment lawsuit.

Because legal matters are pending with lawsuits from former employees—and also including a potential appeal against the \$4 million settlement in the Steele case—President Jenny Coyle has declined to comment; however, to use another sports metaphor, the Index has to wonder: If the quarterback keeps getting sacked, why keep the same offensive line?

Best Editorial

Group 2

2nd Place

The Pacific Index - Pacific Univ

Zander Breault and Reed McFeely

EDITORIAL

FEEDING FRUSTRATIONS *Student discontent in the University Center*

ZANDER BREault AND REED
MCFEELY
THE PACIFIC INDEX

Recently, a few anonymous student workers from Pacific's cafe contacted *The Index*, expressing their discontent about workplace procedures.

Until last year, student workers were allowed to work up to 40 hours weekly at Bon Appetit. But this year, Bon Appetit's manager notified student employees that their hours would be changed to a maximum of 20 weekly. Most were given no explanation why.

In turn, when some student workers voiced concerns, they were told that even Bon Appetit did not know why student hours were changed.

"Everyone is in the dark except for Pacific University. My boss was asking us about [why] we were getting shifted to PAYCOM, and I was like, why are you asking me?" shared a student employee.

As a result, many students at Bon Appetit have left their employment due to the confusion over worker hours—and that has forced Bon Appetit to fill the recently vacated positions with temp workers; and, Bon Appetit has turned to a downloadable app called "Instawork" as their solution.

But that solution only has embittered student employees whose hours were cut, as the cafe hired temp workers are being paying wages double and even triple the rates paid to students.

"[Workers at Bon Appetit are] getting paid like twice as much as your average worker. We get paid 15, they get 30. Some of them even get paid 60," explained a student employee. "They're specifically told not to tell us how much they get paid. As a worker there, when someone tells you they're getting paid twice as much, the motivation to work disappears."

After a screening process, Instawork offers different tiers of worker membership. The lowest—bronze; the highest—

platinum. The higher the membership, the better the pay and benefits, including first dibs at grabbing shifts, instant payment, and a grab bag of other rewards.

The pay that temporary workers at Bon Appetit earn is so lucrative that some have gone to extraordinary lengths to "secure their bag." One student worker reported that a temp commutes two and a half hours from Tacoma, Washington, to work at Bon Appetit. The employee lives out of his car for a week before returning to Tacoma and taking time off.

"I know that as long as he is working, he is sleeping in his car," stated the anonymous worker.

It is an odd situation that smells worse than day-old lunch, and had *The Index* wondering: Why would Bon Appetit hire doubly expensive temporary workers, who sometimes live hours away, instead of employing permanent student workers who often need extra money because they pay to go to Pacific?

The answer we found is troubling: It lies with the new Bon Appetit contract with Pacific, as well as limitations set by Federal Government legislation. *The Index* contacted Human Resources about student hours, and they responded, "Bon Appetit students are now all employed by Pacific University. All Pacific University student employees are limited to no more than 20 hours per week while in school. We follow the federal student aid handbook which states this limit of hours."

The rub is that before this year the contract between Pacific University and Bon Appetit left the cafe as its own entity on campus, separate from university regulation. But the new contract changes this.

As one student employee stated, "Pacific University definitely has their hand in a lot of [Bon Appetit's affairs now]."

That meddling includes following federal guidelines for limiting student work hours, which, in theory, is a good thing.

However, in practice, implementing this policy could have been and could be



Aaron Brewer / *The Pacific Index*

treated with more care. The lack of communication between student employees, Bon Appetit, and Pacific caused some students to leave, forcing Bon Appetit to hire temps who demand high pay. Since then, Bon Appetit has been unable to hire permanent staff.

Furthermore, suppose Bon Appetit is to pay high wages. In this case, it is in Pacific's best interest to encourage Bon Appetit to hire students who pay to go to Pacific, not

random temporary workers hired off the internet. The situation is even more complicated because Bon Appetit tells employees not to tell anyone else their wages, further discouraging student employees to work at the cafe.

With the new contract, Pacific has more power to meddle in Bon Appetit's affairs, but Bon Appetit is still in charge of hiring temporary workers, which begs the question: Who is really in charge?



Best Editorial

Group 2

1st Place

Vanguard - PSU

Staff

HOLDING OURSELVES ACCOUNTABLE



WHY WE REMOVED 'CRIME BLOTTER'

VANGUARD STAFF

IN THE PAST, *Portland State Vanguard* ran a column called "Crime Blotter," which published reports of alleged criminal activity on campus. This column went against *Vanguard's* values, so the editorial team has removed "Crime Blotter" articles from our website and will no longer publish the column going forward.

We'd like to take some time to explain this decision, as we do not typically remove articles from our site after publication. This isn't a decision we made lightly, and we owe it to readers to explain and lay out our policy for the future.

First and foremost, "Crime Blotter" was harmful to the community. The column was essentially a list of arrests and other police activity on campus. It was based entirely on arrest reports and police records, broadcasting the worst moments of people who hadn't received a conviction for any crime. The column often included graphic and personal details about arrestees and typically published their full name.

Previously, *Vanguard's* policy was to "identify individuals accused or convicted of crimes by their full name in News articles."

Moving forward, we're changing this policy. "In reporting, revealing the full names of individuals accused or convicted of crimes should be limited to cases where ongoing safety risks are apparent and/or reporting on the incident provides an important and clear benefit to the community," the new policy states.

"*Vanguard's* editorial team bears the responsibility of determining the appropriateness of such naming while also considering the potential power dynamics involved. For example, it is important to expose individuals who have abused their positions of power, but it could be detrimental to identify a student who was using drugs."

This follows the *Associated Press*, who decided in 2021 to stop naming suspects in minor crime stories. At the time, John Daniszewski—*Associated Press's* vice president for standards—explained how journalists writing crime stories must "consider first whether the story is worthy of our news report, and if distributing it is indeed useful to our members and customers."

Vanguard agrees, which is why we're changing course on "Crime Blotter." Naming criminal suspects—many of whom later had charges dropped—caused harm to community members, and it didn't serve a reasonable journalistic purpose.

Future reports on public figures, individuals in positions of power, public safety and other situations may warrant exceptions. However, generally speaking, we will avoid naming individuals accused of or convicted of crimes, unless there is a compelling reason to do so.

Additionally, "Crime Blotter" was bad journalism. As mentioned above, it was based entirely on statements provided by the police with no outside sources or attempts to follow up with the accused individuals. *Vanguard* makes an effort to critically evalu-

ate claims made by those in authority and provide coverage which is as wide-ranging and even-handed as possible. Unfortunately, that was not the case here.

We take the decision to remove these articles from our website seriously, as we usually keep *Vanguard's* articles online for as long as possible to keep with journalistic standards and maintain a historic record. In this case, the harm incurred by keeping these articles up outweighs any potential benefits.

Search engines made these articles easy to find, and some individuals who were mentioned in the column requested *Vanguard* remove their names. The column made it difficult for them to live their lives, as an arrest report might be the first item that appeared when one searched their name.

"Everyone makes mistakes, and [I] happened to make a few at the wrong place and wrong time..." one commenter wrote. "This has hurt my growth as a person in society trying to blend in."

As our mission statement says, *Vanguard* seeks to provide the PSU community with fair, balanced, timely and comprehensive news and information. "Crime Blotter" did not meet that standard, and it's something we hope to correct.

Vanguard is committed to journalistic ethics, and we hold ourselves to a standard of media as a public good. Sometimes we make mistakes, and in those cases we will do our best to repair any harm done and learn from the experience as we move forward. ♥

Best Sports Story

Group 3

3rd Place

The Commuter- Linn Benton CC

Ryland Bickley

“OUR GOAL IS TO WIN EVERY DAY!”

Linn-Benton Men's Basketball Season Preview

words by **RYLAND BICKLEY**
photo by **SARAH ROSE LARSON**

As fall term begins to wind down, basketball season is just starting up. Linn-Benton men's basketball enters the 2023 season surrounded by optimism following a promising 2022 campaign.

Last year, the Roadrunners finished second in the NWAC South en route to a playoff berth. Led by first-year head coach Todd Zimmermann, it was the team's first time in the tournament since 2017, and the Roadrunners had two players receive All-NWAC South honors. A first-round exit in the playoffs put a damper on Linn-Benton's success, but the season's result still laid a foundation the team is excited to build upon in 2023.

"I think everyone on the team last year came in knowing how the previous years had gone, and I fully believe that each and every one of us wanted to play our part in the turnaround... we really wanted to set up a culture for the team and program," said TJ Zimmermann, a sophomore forward for the Roadrunners.

2022's roster was led by veterans such as forwards Ayden Foster and Jace Mills, guard Tyson Parker, and guard/forward Grant Dunn, all of whom have moved on from Linn-Benton. Now, it's up for players like Zimmermann, who led the Roadrunners with 21 points per game last year, to take on more of a leadership role.

"There were certain leaders on the team last year that we all held a ton of respect for," said TJ Zimmermann. "Those guys truly helped build the culture in their final year. I'm looking forward to being able to lead and continue on what we were able to accomplish last year."

The Roadrunners enter the 2023 season unranked in the NWAC preseason coaching poll, receiving nine votes overall. They share a division with the fifth-ranked Clackamas Cougars and will face top-ranked Columbia Basin twice in their first 10 games. However, the Roadrunners still have high expectations heading into the season.

"Our goal is to win every day! Whether it's weights or conditioning, practice, or a game, our goal is to win," said TJ Zimmermann.

Against the Corban Gold squad in a training scrimmage earlier this year, the Roadrunners featured a starting five of sophomores TJ Zimmermann, Kamana Lapina, Bennett Bos, and freshmen Cade Smith and Michael Lundy. Reserves Liam Spencer, Micha Young, and Mesziah Ford each saw over 20 minutes of playing time as well. Linn-Benton won the game 93-65, with freshmen Young and Lundy leading the team in scoring with 17 and 14 points, respectively.

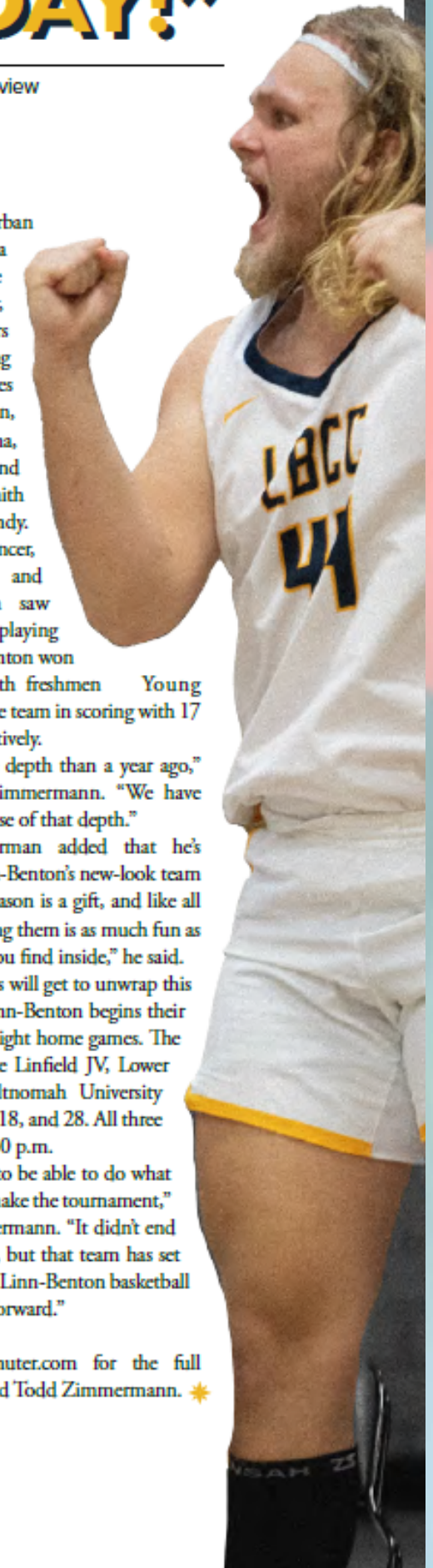
"We have more depth than a year ago," said Coach Todd Zimmermann. "We have more flexibility because of that depth."

Coach Zimmerman added that he's excited to watch Linn-Benton's new-look team this season. "Every season is a gift, and like all good gifts, unwrapping them is as much fun as actually using what you find inside," he said.

Roadrunner fans will get to unwrap this year's gift soon, as Linn-Benton begins their season with three straight home games. The Roadrunners will face Linfield JV, Lower Columbia, and Multnomah University JV on November 17, 18, and 28. All three games will start at 7:30 p.m.

"It meant a lot to be able to do what we did last year and make the tournament," concluded TJ Zimmermann. "It didn't end how we wanted it to, but that team has set the standard for what Linn-Benton basketball wants to be moving forward."

Check out lbcommuter.com for the full interviews with TJ and Todd Zimmermann. ✨



Best Sports Story

Group 3

2nd Place

The Clackamas Print

Aaliyana Balderas

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The Clackamas Print

HOME NEWS ARTS & CULTURE SPORTS  COMICS OPINION VIDEOS PODCAST 

Passing their love for basketball

February 23, 2023 / Aaliyana Balderas / Comments Off

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For the Martineau family, basketball and Clackamas Community College have always been a part of their lives. CCC's head women's basketball coach and Director of Health/PE, Jim Martineau, has been married to CCC Academic Advisor PJ Martineau for 27 years. Their two children, Clay Martineau and CCC athlete Mia Martineau, also both play basketball.



Jim Martineau, Mia Martineau, Clay Martineau, and PJ Martineau. Photo provided by Jim Martineau.

Jim began playing basketball in his early middle school years and continued playing at CCC for two years. He transferred to University of Idaho for one season and finished off his college career at Southern Oregon University. Jim has been the head women's coach at CCC since 1998 and the director of health, P.E. and athletics since 2009. Jim's most memorable moment in coaching has been coaching his daughter.

"We have had many great teams here at CCC ... but the most memorable have been the last three seasons," he said. "Not many parents are fortunate enough to be in a position to coach their own children in college."

PJ Martineau began to play organized basketball in third grade. She played in college as well, where she received a scholarship to play at University of Idaho. PJ played at University of Idaho until she transferred and played her last two seasons at Portland State University.

"I have been involved at some level with the CCC women's basketball team for the past 25 years," she said. "Basketball has been a part of my life for as long as I can remember and has given me opportunities to travel, meet a lot of people and to give back to our youth. My future plans are to retire, travel and spend time with our family."

Sophomore CCC student athlete, Mia Martineau, has been playing basketball her whole life.

"Growing up in the gym watching my parents coach made me develop a love for the game," Mia said.

Her future plans are to transfer to a four-year school to continue her basketball career and education.

"Basketball has been a big part of my life in all aspects," Mia said. "It has given me the opportunity to travel. I have met some of my best friends through basketball, and it has challenged me to be my best and work hard."

Basketball and Clackamas Community College have brought the Martineau family many memories and life lessons.

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The Commuter- Linn Benton CC

Josh Cand,

ROADRUNNERS READY TO REPEAT

words by **JOSH CANDE**
photo by **SARAH ROSE LARSON**

Editor's note: This interview was completed following the Roadrunners' victory over Clark in October. The statistics referenced in the article reflect that date.

With the NWAC regular season drawing to a close, The Commuter interviewed Linn-Benton head volleyball coach Jayme Frazier about the incredible season her team is having. The Roadrunners are defending NWAC champions, having finished the 2022 season with a 34-1 record alongside their conference trophy. While fans are hoping for a repeat, Coach Frazier maintains her focus on the present.

After 23 games in 2023, Linn-Benton remains undefeated, having been taken to five sets only once. Propelled by returning players from the 2022 title team, such as Grace Boeder, Linn-Benton fields a slew of freshmen who have stepped in to pick up



where departing players left off.

Named head coach of the Roadrunners in 1993, Jayme Frazier has been leading Linn-Benton's volleyball team every year except 2000. Frazier's successes with the team are numerous and Roadrunner fans are hoping the ride continues.

I'll start with the obvious, are you thinking about an undefeated season?

We are not actively focused on the outcome of perfection or an undefeated season. Our mantra has been to focus on the details in practice, bring maximum energy and effort each practice and match, and control what we can control – and the outcome takes care of itself.

Going back to last season, Linn-Benton has won 42 consecutive matches, too. What qualities of the team do you credit for such an amazing winning streak?

The sophomores always do a good job of bringing into the next season what they enjoyed or felt would be important in order to maintain excellence. They are open to leading by example and the freshman class has added more athleticism, growth mindset, and competitive spirit to the mix.

Your statistics this season include a 24-set winning streak starting with Edmonds and ending with Skagit Valley; what does that do for the confidence of the players?

I believe that they understand that they are a target and have to work to improve every single practice. They know they can't be satisfied with what we did last month or even last match. Every team watches film and prepares.

What makes your practices so effective?

We focus on the basics: competitive effort, teamwork, ball control and then specific skills that seem to need the most attention at that moment. Additionally – the layer that so often gets

overlooked is that we have to stay strong and healthy in order to be effective on the court. The team has been working on strength and conditioning in the weight room with Jake Forshey since the start of season. Russell Yap is our athletic trainer who assists in keeping them on the court with therapy and everything that goes along with maintaining a healthy practice and competitive environment.

What words would you use to describe your players?

Driven and spirited, and honestly so open to learning each day. I see this on the court and in their study habits. They work hard to succeed in classes and help each other study or understand concepts when they are struggling.

How has the team evolved over the season and since last year?

Every year and every team brings its own challenges. That is what makes it so interesting. It is always a puzzle for me to figure out how to help the team come together to achieve these common goals on the court and in the classroom. This year we had many new players come to the program since so many sophomores graduated last year. I knew the biggest challenge was to get the freshman to figure out the culture and then add their own strengths and personalities all while building confidence that they too could compete and continue this tradition of excellence here at Linn-Benton.

What would another NWAC South title mean to this team?

It is always great to win the region title. The NWAC South is a strong competitive region year after year and always competes well in the NWAC tournament. It is special for any team to be at the top.

While Roadrunner fans are ecstatic with such incredible successes on the court so far in 2023, they can only be left wanting more. As the NFL's 2007 Patriots taught sports fans, a title trumps an unbeaten regular season – and Linn-Benton faithful would be wise to keep this mind as the regular season plays out. With razor-sharp focus, talented players, and a thirst for victory, Linn-Benton fans are excited to see the rest of the season unfold.

Frazier reached 700 career coaching wins this season following a September 30 victory over Rogue, a tremendous achievement for any coach of any sport. ✨

Best Sports Story

Group 2

3rd Place

Vanguard - PSU

Laura Kowall

IT PAYS TO LOSE



After training hard over the summer, the Portland State Viko faced off against the University of Oregon Ducks on Sept. 2.

AN ECONOMIC PERSPECTIVE OF PSU SPORTS

LAURA KOWALL

THE VIKS RECENTLY FACED THE daunting task of playing against the University of Oregon Ducks—an in-state football powerhouse. The result was an 81-7 loss for Portland State. However, the financial implications are crucial to understanding college sports dynamics and how our football team earns money for its \$15 million budget.

PSU's game against Oregon was a classic example of a buy game—a practice where larger programs pay smaller ones for early-season matchups.

PSU is a program battling financial constraints which recently navigated a remarkable three-game stretch that vividly illustrates the economic challenges faced by universities competing in different divisions.

While the program generates revenue from various sources—including ticket sales, sponsorships and philanthropic contributions—it also incurs expenses related to operational and personnel costs.

The Report on the Status and Future of Intercollegiate Athletics at Portland State University was presented to former President Steven Percy and the Athletics Future Committee (AFC) and published back in Nov. 2021. According to this re-

port, “the athletics department has sought to strike a balance between investing in the program’s growth and maintaining fiscal sustainability to ensure that it remains a contributing part of PSU’s overall financial landscape.”

It’s important to note that PSU belongs to the Football Championship Subdivision (FCS), while UO is part of the Football Bowl Subdivision (FBS). These divisions have varying scholarship requirements and postseason structures, with FBS institutions generally having more extensive resources and greater exposure.

In an interview with *Gwinnett Daily Post*, PSU’s Athletic Director John Johnson emphasized the necessity of games like the one against UO for resource acquisition. “You’ve got to play those games to put resources in your programs so you can grow your program,” Johnson says. “But that’s one of the quickest and easiest ways to do it other than getting playoffs and, you know, winning, but that helps pay the bills for not football necessarily, but for the rest of our programs that aren’t revenue generating by nature.” These matchups provide a means to infuse funds into the program and support non-revenue-generating sports within PSU athletics. However, it also raises questions

about the financial sustainability of smaller programs like PSU.

PSU’s improbable journey also included an unconventional matchup against North American University, a team from the National Association of Intercollegiate Athletics (NAIA). NAIA represents a different tier of collegiate athletics, offering a cost-effective alternative for schools looking to manage their budgets more efficiently.

While PSU’s financial struggles in collegiate athletics garner attention, we are not the only school grappling with the complex question of why they invest millions in big-time football.

College football season brings with it the excitement of matchups between football powerhouses like University of Alabama, University of Southern California, Clemson University and University of Georgia. For these programs, the goals are clear—bowl games, championships and substantial revenue from TV deals. However, motivation behind participating in big-time football is less straightforward for many other schools.

Success on the gridiron can also foster a sense of community, attract students and stimulate donations. Certain schools such as the University of Notre Dame, Michigan State, and Penn State have leveraged their football income to become

Best Sports Story

Group 2

2nd Place

Oregon Daily Emerald

Sophia Cossette



Best Sports Story

Group 2

1st Place

The Linfield Review

Kate Walkup

HOME LINFIELD HOME ABOUT STAFF SUBMIT A LETTER TO THE EDITOR TIPS/CORRECTIONS


THE LINFIELD REVIEW
The online news site of Linfield University

SPORTS NEWS LIFE & CULTURE OPINIONS CLIMATE & ENVIRONMENT EN ESPAÑOL MEDIA ARCHIVE

Athletics Basketball **SPORTS**

Coach Rosenberg suspended after altercation during season finale

Kate Walkup, Sports Editor | March 8, 2023



Rosenberg hugs one of the seniors during their senior night against Lewis and Clark.

It's been just over a week since Linfield University men's basketball head coach Sloman Rosenberg was suspended from the program due to an alleged verbal altercation with a Linfield parent during the team's final game of the season.

With less than a minute to play against Whitman University and trailing by 16 points, the Linfield men's basketball team knew their season was over, as they would have needed to come away with the victory in order to earn a spot in the Northwest Conference Tournament. As the clock winded down on February 18 in Walla Walla, Wash., the Linfield seniors knew it was their last time playing in a Wildcat jersey and their last time playing for Coach Rosenberg.

Whitman was celebrating their seniors at this game, as it was their designated senior night and final home game of the regular season. With under a minute remaining, Whitman had the win secured (79-65). John Lamanna—the men's basketball head coach for Whitman—called two timeouts. The first was to sub in the seniors, and the second was to sub them out one final time at home as a way to recognize them.

Linfield had done the same in their home game against Lewis and Clark College the previous weekend.

When Whitman put their seniors in during that final minute of play, a Linfield parent began yelling at Rosenberg, telling him to put the seniors in. This comment resulted in Rosenberg turning to the stands and responding.

"I was on the bench. I'd just got subbed out probably a minute beforehand," said Reece Gibbs, a senior on the team. "And a parent screamed out to put the seniors in. Some people might think that's the right thing to do. Coach kind of took offense to that."

Rosenberg is 6-foot-9 with a booming voice. A parent in attendance estimated that there were about 40 fans in attendance at the game, not including parents, so Rosenberg filled the gym with a commanding presence.

"He basically said, 'Hey, if you want to talk to me about that, talk to me after the game, come talk to me after the game about that,'" Gibbs said. "Some people I guess took it as a little more threatening and aggressive. I took it more as like, 'Really, man, don't say that to me in the middle of a game.' I really don't think Coach Rose truly meant that."

This conversation between the coach and the parent did not stop the game, and the officials did not get involved. After the frustrating loss, the players and coaches went through their normal post-game ritual, expecting to return to campus like usual and resume classes the following week.

"[Coach Rose had] honored seniors in more ways than he even needed to, so I can understand where he took a little offense

Best Review

Group 3

3rd Place

The Advocate-MHCC

Sabrina Kuhlmann

'DUNGEONS & DRAGONS' IS FUN FOR ALL

Sabrina Kuhlmann
The Advocate

In 1974, in a small city in Wisconsin, what could be considered the world's most well-known tabletop game was born.

For a few years, Dungeons & Dragons was an instant, then expanding hit, but after the rise of digital games, it seemed to disappear. That is until 1996, when Wizards of the Coast relaunched the role-playing game.

Today, D&D has moved from being a tabletop game that only the

coolest of nerds played, to a global hit that nearly everyone has heard of. And in late March, geeks and nerds all over the world shared their excitement as Paramount Pictures released the film "Dungeons & Dragons: Honor Among Thieves."

As someone who has been playing D&D since I was 12 years old, I had extremely high hopes for the movie. And I'm very happy to say that it very much fulfilled my expectations.

The story follows Edgin Darvis (Chris Pine), a Bard with a tragic

past, as he and his party try to outrun their criminal past and reunite him with his daughter, Kira (Chloe Coleman).

His party includes Holga Kilgore (Michelle Rodriguez), a human Barbarian with a complicated romantic past; Simon Aumar (Justice Smith), a half-elf Sorcerer suffering from poor self-esteem; and Doric (Sophia Lillis), a Tiefling Druid striving to bring peace to the peoples who took her in when she had no one else. Together, they embark on a journey filled with danger, hilarity, and strangely, an impressive number of baked potatoes.

I originally faced a bit of skepticism because there are people who have never played D&D, and I worried that they wouldn't understand the film. However, one of the best aspects of the movie is that it's extremely easy for everyone to enjoy. The banter between four adventurers makes it a barrel of laughs for all involved, and knowledge of the game is not needed. The characters do a really good job of setting their

scene in a way that helps non-D&D players understand, and forces them to laugh.

I think the actors do an incredible job portraying the often-mischievous characters most D&D players create, and the storyline is good. As a D&D connoisseur, it was so fun to pick out the little things thrown into the movie, touches that were clearly meant for D&D players to recognize.

Immediately, I recognized that the story is set in the Forgotten Realms campaign, one of the most well-known modules in the game. I also was able to recognize several common spells, such as Thunderbolt, Fireball, Detect Magic, and Prestidigitation. I was pleased to discover some of my favorite monsters are included and their presence makes the movie the masterpiece it is. D&D players can expect to see Displacer Beasts, Mimics, Gelatinous Cubes, and yes, dragons.

I was also pleased to see a variety of the diverse races in D&D on the screen, including Aarakocras

(bird people), Tabaxi (cat people), Halflings, Dragonborns, Elves, and Dwarves.

All in all, I think that the movie is well thought-out and enacted. The plot is humorous and unexpected at times, as a D&D campaign should be, and I was very satisfied with it.

There are only a couple of things I would change, and that would just be that spellcasting would be more consistent. I saw a few times that component-based spells are cast without the use of components, and more disturbingly, Wild Magic is cast without the random consequences that are supposed to come with it.

I also would have felt like the movie would be more complete if it was portrayed as being a campaign that was currently being played. Even an end scene showing that this adventure has all been a game would really wrap it all together.

Despite those few negatives, I would definitely recommend it to anyone who enjoys humor mixed with action.



BEHIND THE CURTAINS OF SHEN YUN

Avery Diep
The Advocate

Have you ever seen an advertisement for the traditional Chinese dance performance Shen Yun?

For many, it is impossible not to be bombarded by Shen Yun advertisements if you live in the vicinity of one of the 130 cities that the dance troupe tours every year, one of which is Portland.

In fact, we have advertisements for Shen Yun right here on the Mt. Hood Community College campus. I first noticed this very poster (shown here) a few months ago, pinned onto the bulletin board directly below our Library's entrance.

The poster that depicts a graceful dancer soaring across the stage immediately piqued my interest. I thought it looked like an intriguing performance – but that was all there was to it. I was never much of a traditional dance person, so I never considered actually watching it. And so, over time, I walked right past the poster and forgot about it.

I had thought that would be the last I heard of Shen Yun, but I was wrong.

Months after I had first seen the poster, an inconspicuous video about Shen Yun appeared on my YouTube feed. But to my surprise, the

video wasn't about Shen Yun's dance performance. The video was about the dance troupe's ties to the controversial religious movement Falun Gong.

What is Falun Gong? Founded in China in the 1990s by Li Hongzhi, Falun Gong, also known interchangeably as Falun Dafa, is a new religious movement focused on ascending to higher spiritual planes. Followers of Falun Gong believe it is possible to ascend spiritually through good karma and a series of breathing exercises.

In 1999, China began persecuting Falun Gong due to its growing popularity, which the country claimed was a threat to its "social stability." Following Falun Gong's persecution, the religious movement largely relocated to the state of New York, where it remains headquartered today.

A group of Falun Gong practitioners founded Shen Yun Performing Arts in New York in 2006. According to Shen Yun Performing Arts' [official website](#), the group's "mission [is] to revive a culture that was once almost lost."

The interesting part of this whole story is the teachings of Falun Gong that are shared by Shen Yun. Falun Gong condemns homosexual and interracial relationships. It also preaches

that human evolution is a falsehood. These views have been perpetuated in the performances of Shen Yun. According to an [article](#) from The New Yorker magazine published in 2019, during one performance of Shen Yun, it was sung that "Atheism and evolution are deadly ideas. Modern trends destroy what makes us human."

These themes have drawn significant criticism from many attendees of the performances. According to [Chron](#) (online platform of the Houston Chronicle in Texas), in an article from 2018, many attendees felt "blindsided by the performance accused it of being a "religious sermon" or "cult propaganda."

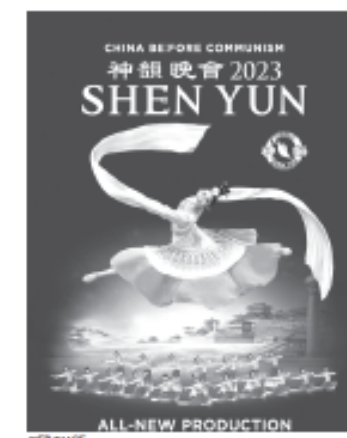
But how does a dubious religious dance troupe generate enough revenue to advertise itself so extensively? Well, in truth, it does not. Shen Yun Performing Arts does not directly pay for its own advertising: Rather, it is paid for by local groups in each area it visits that are related to Shen Yun and Falun Gong.

These groups spend enormous amounts of money to advertise the Shen Yun tours. According to the San Francisco Chronicle [news-paper](#), these "groups spent at least \$39.3 million on advertising across the [United States] from 2015 to 2017."

Although the poster at Mt. Hood mentioned earlier has been taken down as the Portland shows passed in January, in its place is yet another Shen Yun advertisement. It is a small advertisement for Shen Yun Zuo Pin, Shen Yun's video platform.

As of now (early May), it remains pinned on the backside of the bulletin board beneath the Library entrance.

Go check it out, or maybe do not – if dances of religious doctrine are not quite the entertainment you are looking for.



Best Review

Group 3

2nd Place

The Commuter- Linn Benton CC

Steven Pryor

AN **EXPLOSIVE** BIOGRAPHICAL MASTERPIECE

words by **STEVEN PRYOR**
photo by **UNIVERSAL PICTURES**

MOVIE: *Oppenheimer* (2023)

DIRECTOR: Christopher Nolan

STARRING: Cillian Murphy, Robert Downey Jr., Matt Damon, Florence Pugh and Emily Blunt with Dane DeHaan, Dave Dalmastchian and Kenneth Branagh

RATED: R

OVERALL RATING: ★★★★★

O*ppenheimer* is the latest film from Christopher Nolan, who wrote and directed this biopic about atomic scientist Robert Oppenheimer. Coming three years after the mind-bending spy thriller *Tenet*, the film easily ranks among the best of the year so far.

The film deals with Robert Oppenheimer (Cillian Murphy) and his involvement in the Manhattan Project, which developed the atomic bomb. The story is also framed in a nonlinear fashion, paralleling this achievement with US government hearings during the Cold War in the 1950s.

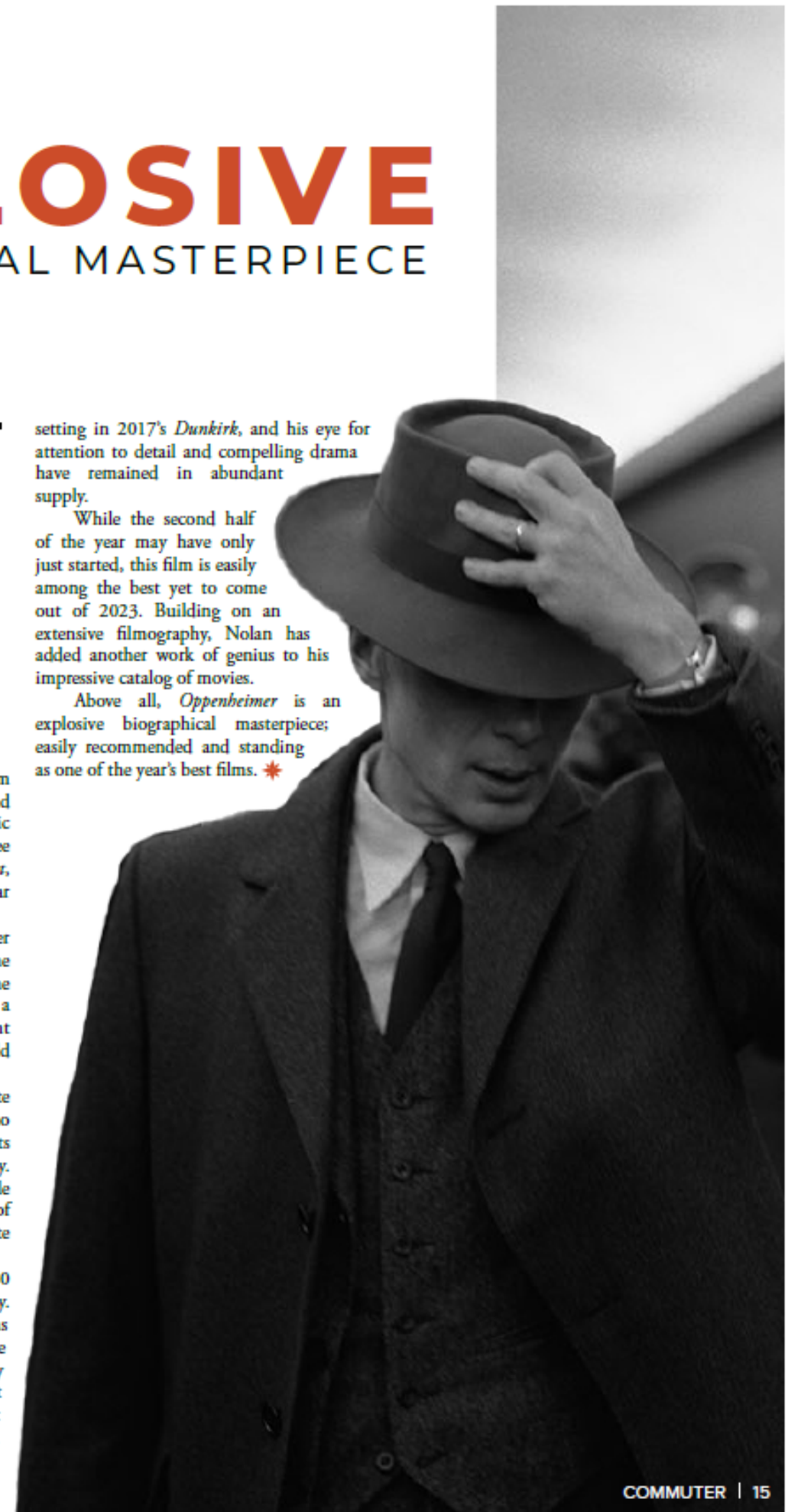
The visuals and sound are an absolute wonder to behold. Notably, the film has no CGI effects used; with each of the bomb tests and other special effects being done practically. The period sets and costumes have considerable attention to detail; and the juxtaposition of shots in color with sequences in black and white enhances the plot perfectly.

Though the film sports a runtime of 180 minutes, it certainly does not feel that way. Nolan has experience with making his films well-paced and tightly-plotted no matter the length; and this is no exception. Murphy compliments a talented supporting cast that features the likes of Robert Downey Jr., Matt Damon, Florence Pugh and Emily Blunt. Nolan had previously dealt with a WWII

setting in 2017's *Dunkirk*, and his eye for attention to detail and compelling drama have remained in abundant supply.

While the second half of the year may have only just started, this film is easily among the best yet to come out of 2023. Building on an extensive filmography, Nolan has added another work of genius to his impressive catalog of movies.

Above all, *Oppenheimer* is an explosive biographical masterpiece; easily recommended and standing as one of the year's best films. ✨



Best Review

Group 3

1st Place

The Commuter- Linn Benton CC

Mason Wills

KILLERS OF THE FLOWER MOON

THE DISTURBING STORY OF THE OSAGE MURDERS

MOVIE: Killers of the Flower Moon

DIRECTOR: Martin Scorsese

STARRING: Leonardo DiCaprio, Lily Gladstone, Robert De Niro, Jesse Plemons, Tantoo Cardinal, John Lithgow, Brendan Fraser, Cara Jade Myers, JaNae Collins, Jillian Dion, Louis Cancelmi, Jason Isbell, William Bellau, Scott Shepherd, Tatanka Means

RATED: R

OVERALL RATING: ★★★★★

words by **MASON WILLS**
photo via **APPLE TV**

Killers of the Flower Moon, directed by Martin Scorsese, is an emotional masterpiece of a movie that will leave you thinking long after you finish watching.

The movie mainly follows the true lives of Ernest Burkhart (Leonardo DiCaprio), Molly Burkhart (Lily Gladstone), and William Hale (Robert De Niro). The story revolves around Ernest Burkhart as he is brought into his Uncle William Hales' plan to systematically murder the Osage Tribe in the area to steal their land, money, and oil. Things start to get messy for Ernest, William, and all the others that were complicit in the murders when the FBI comes to investigate.

Largely this film wants to show the heart wrenching story of the real genocide of an Indigenous community. As the main character is Ernest Burkhart we see this genocide through his eyes. There are many drawbacks to this approach as the indigenous perspective is not shown nearly as much as one would wish, but by following the perspective of the perpetrator the viewer in some ways becomes complicit in the crimes being committed.

This viewpoint also doesn't allow the viewer to relate their own lives to the struggles of the Indigenous peoples in the movie, but rather the perpetrators and murders, creating an inner conflict outside of the story. Many of the white characters, like Ernest, are shown to be multi-layered and sympathetic, but this is juxtaposed with the heinous acts they are committing and complicit in.

Every single performance is a powerhouse. Leonardo DiCaprio and Robert De Niro are amazing, but Lily Gladstone steals the show with her ability to unwaveringly show the emotions that she is facing as her community is murdered one by one. Even characters with relatively little

screen time played by actors and actresses, such as Brendan Fraser, Jesse Plemons,

and Tantoo Cardinal give memorable and powerful performances.

With its incredible length of 206 minutes the story is quite slow and very quiet. It's aiming for the viewer to think about what's happening on screen rather than creating a spectacle out of the events. The murders in most cases are shown directly on screen and it doesn't shy away from showing the amount of cruelty and violence the Osage people endured during this time. Martin Scorsese didn't water down the events to better suit a mass audience, but instead focused on the real horrible treatment of this Indigenous group.

Although it has less of the Indigenous perspective than most would like and boasts a monstrous runtime it is still a must see. This is a story that everyone must witness, it shows the depravity and dehumanization that greed can create in someone. It shows the reality that all indigenous groups have faced in one way or another during the creation and industrialization of the United States. It's a movie that will stay with you as you exit the theater and leave you thinking about the greed, violence, and prejudice that this country is built on. ✨



Best Review

Group 2

3rd Place

Oregon Daily Emerald

John Ofestdal



An Evening at Lemon & Olive

Written by: **John Ofestdal** | Photographed by: **Oliver Barlow** | Designed by: **Lindsay Rogers**

The experience served at Lemon & Olive is plateaus above what college students have in mind when going out for drinks. Stepping into the newly renovated space near Oak and 11th Ave. you'll be served a classy ambiance with a Eugene twist.

Lemon & Olive is the latest venture by Eugene restaurateur couple Kirsten Hansen and Crystal Platt. Fans of their James Beard award nominated Lion & Owl will only have to go one door down to find their new favorite spot to unwind.

The design of the Lemon & Olive is inspired by some of the owners' favorite historic steakhouses in New York and San Francisco. "There isn't really a cocktail bar for grown-ups," owner Kirsten Hansen said of Eugene's mixology scene.

While the bar's sophisticated atmosphere cannot be overlooked by patrons, it is literally overlooked by a life-sized sculpted giraffe gifted to them by regulars, whose watchful gaze ensures you'll enjoy your soiree. The walls are covered in paintings that toe the line between Renaissance masterpieces and pop-art. The decor blends well to keep the mood light while offering a thoughtfully curated space.

The couples' initial foray into fine dining began out of a retro airstream trailer, which grew into a full-sized restaurant after a couple of years. The airstream was installed as a mini bar in Lion & Owl, but they were left wanting to deliver a full cocktail bar experience.

When the space next door vacated, they decided it was time to try something new. "We just wanted to have that extra ambient space for people that want to belly up to the bar and just have a cocktail" said Hansen, "I think it's been a very organic growth."

Hansen moved to Eugene from San Francisco where she worked at a vegetarian restaurant. She said she was consistently blown away by the quality of produce they were able to source in Eugene.

Lemon & Olive works with local farms and takes no shortcuts in serving the freshest seasonal dishes. "We want to showcase what the valley does," Hansen said. "you're not gonna get that quality when you're dealing with something that's not close to home."



Best Review

Group 2

2nd Place

Vanguard - PSU

Alyssa Anderson



SLOAN AS TAMMY SITTING IN FRONT OF A MIRROR. DAVID KINDER/TRIANGLE PRODUCTIONS

ALYSSA ANDERSON

ON APRIL 6, 1998, COUNTRY icon Tammy Wynette passed away in her sleep at the young age of 55. Wynette lived a complex life, with four divorces and four children. However, her soulful vocals and ability to tell a story through song cemented her position as a country music icon. *Me & Tammy*, an original play written by Triangle Productions' founder and owner Donald Horn, is occurring in NE Portland until Feb. 18.

The show opens on the eve of Wynette's death in the dressing room of distraught Tammy Wynette drag impersonator John, played by Jeremy Anderson-Sloan. John, unsure of whether or not he has the heart to perform as Wynette while grieving the death of his idol, is greeted by a shocking visitor—the ghost of Tammy Wynette, played by Danielle Valentine.

What ensues is a tender, music-filled conversation where Wynette tells John the real story of her life—the story of an ambitious, loving young woman with a persevering gift for expressing deep emotions through song.

"I really got to know Tammy Wynette, who I didn't know a ton about before starting the show," Anderson-Sloan said. "I really realized that everyone has their own story."

During the play, Wynette talks about how her hit songs "D-I-V-O-R-C-E" and "Stand by Your Man" were widely misinterpreted. While the feminist movement harshly criticized "Stand by Your Man" for purportedly encouraging women to remain submissive to their husbands, Wynette explains to John that it was merely a love song—a love song she wrote in just 15 minutes. "She says, 'I know why I sang it,'" Horn said. "It wasn't because I wanted a hit—it was because this song had meaning behind it.' That means a lot to me because we've all got a past that we try to cover up, and we've all got stories we don't want to tell."

Wynette regales John with her own version of her storied life, which sheds light on the persevering spirit at the heart of her success. From her childhood picking cotton in rural Mississippi to her rollercoaster marriage to her third husband, fellow singer and eventual collaborator George Jones, Wynette's version of events contrasts the tragic picture painted by the media.

Instead, Wynette's side of her story gives a glimpse into the strength and resilient attitude that allowed her to succeed and likely pushed her to leave several marriages, even if the social taboos surrounding divorce at the time made that tricky. Despite her immense success, she never forgot her roots—she even kept a crystal bowl full of cotton in her dressing room as a reminder of where she began. "I'm impressed because I would not have been nearly as bold as she was," Valentine said. "Like being willing to leave your husband in a time where [women] didn't leave their husbands. That was a really big deal back then."

The boldest and, eventually, most lucrative decision of Wynette's career was also a controversial one. In 1966, newly-divorced Wynette moved herself and her three young daughters to Nashville with the hopes of making it big in the music industry. This risky decision resulted in a deal with Epic Records, which marked the beginning of her immense success. Even when Wynette was topping the charts, she struggled with missing out on aspects of her daughters' lives—a sentiment Wynette explored in her heartbreaking song "Dear Daughters."

"Juggling being a parent with a career, that's something I can relate to," Valentine said. "Do I do what I really love, or be with who I really love right now? That can be a little tough sometimes." Horn hopes all attendees get a message that matters from their productions. "I don't want to put on a show just because it's a hit someplace else," Horn said. "I want heart in a show. I want it to matter."

With drag being such a hot topic among right-wing politicians in the media these days, it is curious that Horn chose to do a play starring a drag impersonator. However, Horn is unbothered by the potential media attention.

"Drag has been around since day one in the theater community," Horn said. "I thought it would be interesting to tell this story differently. Why not have somebody who doesn't know [Tammy Wynette] very well, or thinks he knows her, get to know her more?"

Horn, who has written plays about a wide array of cultural figures from Nancy Kerrigan and Tonya Harding to Billy Holiday, said he keeps returning to telling the stories of strong people who have been misunderstood and misrepresented for a long time. Horn wrote a show about Tammy Wynette not only because he was fascinated with her as a misunderstood cultural figure but because of the richness of the storytelling in her music. Though it was a tricky endeavor, Horn said he chose to strip Wynette's vocals from her original tracks and use those for the play to honor her even further. Though Valentine beautifully performs several of Wynette's most memorable songs, the fact that she is singing against Wynette's original tracks makes the play a much more intimate affair.

From her first experience at Triangle Productions, Portland resident Nancy Conrad was hooked on their impactful storytelling and poignant productions. The first show Conrad attended was, she said, a one-man show about a young man who passed away. Conrad said the play was so well-done, and it captured the feelings of grief so well that she has made it a point to try to attend every show since then. "I discovered this place just about four years ago, but I try to come to every play now," Conrad said. "I've never been to a play [here] that wasn't worthwhile."

And that is what they hope you take away—as Horn said, "I want people to walk away [from a show] going 'oh wow, I didn't know that!' or 'I enjoyed that so much, I want to come back!'"

Best Review

Group 2

1st Place

Vanguard - PSU

Kat Leon

DARK, VIOLENT EXPLORATION OF HUMAN NATURE THROUGH SHAKESPEARE

SPECULATIVE DRAMA PRESENTS: *TITUS ANDRONICUS*



PHOTOS FROM ACT 1 OF *TITUS ANDRONICUS*. COURTNEY JEFFS/PSU VANGUARD

KAT LEON

IS VIOLENCE OUR HUMAN NATURE? Are hurt people destined to hurt people? Is it possible to break the cycle of trauma? These are the questions that Shakespeare asks us to ponder in his revenge tragedy *Titus Andronicus*, showing in Portland for the first time in 25 years.

Speculative Drama presents the performance and aims to make Shakespeare more inclusive and reclaim these stories. "I think people have preconceptions about a lot of the roles," said Myrrh Larson, the director. "They are like, this is what a villain looks like. This is what romantic leads should look like—and getting to see different bodies and different races and different gender presentations and just different iterations of those, I think, takes you out of that place where you're like, I know what I'm seeing, and into this place where you get to really experience what's happening in the story in real-time."

The language of Shakespeare can feel inaccessible in many modern Shakespeare productions, even ones that claim to modernize the verse. This production, however, addresses the accessibility issue differently. Instead of modernizing the verse and scansion, they work to improve the actor's embodiment of the characters.

"I'm pretty anti-Shakespeare voice," said Megan Hale, who is movement director and plays Tamora, Queen of the Goths. "I feel like we connect to the characters, and the actors connect to the characters a lot stronger when they say those words like they're actually words they would say. I feel like there's no such thing as modernizing or not modernizing the verse itself. You're either the person who actually says those words, or you're acting, and you're not actually living in the character."

I have found myself straining to understand the words and story in the past Shakespeare I have seen performed, but this was less so in this performance. While I still believe Shakespeare is best enjoyed with active engagement, I felt connected to the characters and the words they happened to be saying profoundly in this *Titus Andronicus*.

The emotional turmoil—I felt it instead of hearing it. The tone was cutting, fear-inducing and violent in all ways you want a show such as this to be. While the characters' urges were extreme and unrelatable for the average person, the emotion and the pain were deep.

In this corner of reality, their responses seemed like logical responses. The experience and feeling towards the characters were best summarized by Larson when they said, "I don't like

you, but I still have love and have empathy for you. Oh, you must be so wounded to have gotten to this point."

The show's most complicated character to empathize with was Aaron, who seemingly is a perfect example of violence as human nature. Eric Island, the actor, spoke about how challenging it was to play this character. "My natural disposition is I'm a very caring and loving person," he said. "So I'm very empathetic towards those types of things. I would say if that's a challenge, it would be to be that coldhearted and not be phased."

Island did embody the character's nature well despite it being against the actor's personality, and like most Shakespeare characters, Aaron is not all darkness—in one scene, he is portrayed as a violent, bloodthirsty character, and in the next he is a father defending his son.

"I think it's always that tug-of-war of good versus evil," Island said. "Every individual within our person has to deal with that angst of self-preservation versus this is my family—I'm doing this for them. In perspective, if you're not in the family, it could seem very heartless. If you're in the family and you're trying to survive, it seems like the only thing that you can do to push forward. And so then when you step back, and you look at both sides, there's no good or bad, or right or wrong—it is people trying to survive and move forward."

Surviving is difficult in the face of immense loss, and leaning into anger often feels like the only way to do that. Tamora, Queen of the Goths, embodies this and, in her pain, feels justified in the pain she unleashes on others. However, in turning away and endorsing others' violence, she loses herself to her pain, and in her quest and out of love and loss her revenge is realized—but at what cost?

This is a common theme in Shakespeare and arguably inspires modern work. "I think about this show is that its themes resonate with media that's being put out today," said Megan Haynes, who plays Chiron. "I played *The Last of Us* while I was in rehearsal for this, and they have very similar themes of revenge as a vehicle for love. They really have this question of is it really worth it?"

Titus, played by Michael Streeter, explores this question and demonstrates the impact of unbridled grief. Streeter did a phenomenal job embodying this loss and grief. "80-90% of my character throughout the play is talking about his tears and his crying, and his grief," Streeter said. "If I were playing that... you wouldn't hear what's really happening is the poetry

of talking about the grief and the tears as opposed to actually seeing the tears." This character's pain was so immense that expressing that would have filled too much space.

Those around Titus are equally impacted by his grief, as his son Lucius—played by Murren Kennedy—feels the weight of his father's unheard cries for help and vindication. "My character is, I can interpret it as, the ultimate soldier," Kennedy said. "Maybe even designed for war as a tool built to serve, lives to serve. I realized when all these horrible things happen for no real reason even, I have a line, 'Thy grief, their sports, a resolution mocked.'" This grief and feeling anger at the world moving on in the face of their family's pain sets the perfect stage for seeking revenge as a resolution to inaction.

Titus' daughter Lavinia is arguably the most innocent character and the most tragic, because she is a constant reminder of his loss and pain. Despite her own tragedies, which could be considered more numerous than Titus', he grew to resent her for what she represented. This hatred and viewing as inferior after Lavinia is victimized "also speaks to how we as a society tend to view disabled people," Haynes said. "Like they're a burden, an inconvenience to abled people."

Titus' final act might make one ponder as Isabella Buckner, who plays Bussianus and other supporting characters, did "about what grief can do to you if you don't, if you don't handle it, and if you don't like, accept it and let it wash over you... If you close yourself off from it."

In the end, seemingly, that is what he did. Titus closed himself off to his grief and insanity took its place. He got his revenge but was lost long before he sought it. Pain can be insanity-making and rage-inducing, and despite the impulses highlighted by this performance being the worst human responses to these experiences, the emotions are still raw and relatable today. "We all experience love and loss and pain and grief and anger, and I think that these characters that he's written are just timeless applicable," Haynes said.

In addition to live performances, *Titus Andronicus* is also being shown virtually on Wed. 19. The virtual show includes elements not visible in the live show. "This [virtual show] we're doing this Clyde Barker-like horror theme," Larson said. "We're doing all these like slow, extra dramatic scenes." Potential viewers should be advised that the show deals with potentially triggering content such as physical violence and sexual assault. Audiences can catch in-person shows in Portland until April 22. ♥

Best Columnist

Group 3

3rd Place

The Advocate-MHCC

Tony Acker



BEST AI SOFTWARE TO HELP YOU BECOME MORE PRODUCTIVE:

1. ChatGPT:

ChatGPT is a language model developed by OpenAI. ChatGPT, as the name suggests, is specifically designed for generating human-like text in a conversational context.

2. Jasper AI:

Jasper AI is an AI writing tool designed to aid content creation for bloggers, marketers, and businesses. Jasper generates original, top-notch content suitable for blogs, marketing copy, and product descriptions by inputting basic information.

3. GrammarlyGO:

GrammarlyGO is an on-demand generative AI tool that provides the ability to quickly compose, rewrite, ideate, and reply. It's contextually aware and accounts for personal voice, offering relevant and personalized suggestions that respect user agency and authenticity.

4. Google Assistant:

Google Assistant is a virtual assistant powered by artificial intelligence and developed by Google. It's designed to engage in two-way conversations, helping users set reminders, answer questions, and control smart home devices.

5. Wally:

Wally is an AI financial assistant that helps users manage their personal finances. It's designed to provide insights into spending habits, assisting users in budgeting effectively and saving money.

THE POSITIVE AND NEGATIVE

OPINION: AI IS BENEFICIAL TO SOCIETY AND CAN BE USED



Tony Acker
The Advocate

I am a strong believer that using language models and other AI systems as tools to enhance our abilities, enhance the quality of life for disabled people, and to help us discover new solutions and insights is a powerful avenue for progress and inclusivity.

The legitimately critical debate over generative AI artwork centers on a relatively small (if lucrative) market, considering the vast current and future potential of artificial intelligence, neural networks, and language models.

Rather, this technology holds the promise of ushering in invaluable changes to people's lives. For instance, it can help the blind to see and interact with the world and can contribute to the well-being of the planet, through the use of AI in global conservation efforts.

The fears of AI echo fears of decades ago when robotic automation was brought into the workplace, and even centuries ago when the printing press was invented. However, if we learn to use the tools set before us, we can adapt them to create a magnificent outcome.

Because of OpenAI's licensing model and its free-to-use service, ChatGPT can easily be integrated into apps and software for endless possibilities. The opportunities to enhance skills and abilities in nearly all fields of industry are staggering. At the very basic end a user can plug in their employees and create a schedule in an instant, taking the headache out of a menial task. Language translation is something deep learning networks are particularly good at, and even ChatGPT can translate language in real time, making collaboration across global boundaries seamless and easy.

Many users have found that GPT can help them comprehend difficult concepts by rephrasing and explaining things in simpler terms, or by using analogies and visuals. Engineers in the fields of aeronautics and space exploration are using deep learning and AI to design more efficient and faster jet turbine

engines or completely new methods of propulsion.

Still other people are using language models and AI to bridge the gaps left by their medical or other disorders, empowering them to communicate, learn, and engage with the world in ways that were once thought impossible.

Be My Eyes and Be My AI are tools that are helping disabled people in a world that is much harder to navigate without sight. Be My Eyes is an app for smartphones that connects blind and hard-of-sight users to a volunteer who will answer any question about an image and provide instant assistance for a variety of tasks. OpenAI has collaborated with Be My Eyes to bring users Be My AI, which is a virtual volunteer that will analyze and describe an image to the user at any time, creating an invaluable tool in engaging with the world, and opening new opportunities to people.

Scientists and researchers are also har-

and tracking movements. AI is also being applied to ecosystem modeling and simulations to aid in habitat restoration efforts.

As the new technology continues to evolve perhaps AI can even help us explain, understand, and explore the larger universe and ourselves. As it takes on increasingly more powerful, larger amounts of data, efforts such as genome analysis and universal simulations are growing more accurate and efficient. This reduces substantially the time it takes for researchers and scientists to perform studies for biomarker discovery to treat diseases or study gravitational waves millions of light years away - from years, to mere hours.

In fact, AI was implemented by drug manufacturers Pfizer and Moderna during the development of their COVID-19 vaccines. In 2020, Google developed AI to spot breast cancer in mammogram scans, and scientists at McMaster University and the Massachusetts Institute of Technology discovered an antibiot-

"BECAUSE OF OPENAI'S LICENSING MODEL AND ITS FREE-TO-USE SERVICE, CHATGPT CAN EASILY BE INTEGRATED INTO APPS AND SOFTWARE FOR ENDLESS POSSIBILITIES. THE OPPORTUNITIES TO ENHANCE SKILLS AND ABILITIES IN NEARLY ALL FIELDS OF INDUSTRY ARE STAGGERING."

nessing the power of deep learning-assisted bioacoustics, GPS tracking, predictive modeling, DNA analysis, and image analysis, to aid endangered species in many ways.

Scientists use AI assisted bioacoustics and sound analysis to identify species of birds by their songs and monitor their populations, as well as build a comprehensive understanding of language and behavior. Such bird song analysis can serve as an early warning system for detecting environmental threats leading to more proactive conservation efforts. AI also is used extensively within fisheries and assists researchers' studies in estimating populations

ic to an infrequent but serious infectious bacteria called *Acinetobacter baumannii* - which the World Health Organization classifies as a "critical" threat to exposed individuals.

The dawn of the AI era will usher in countless new and unimaginable jobs and will help in a breadth of fields, in ways yet to be known. This transformative technology has great potential for amazing good in the world, and it must be preserved as such. From simplifying mundane tasks to fostering global collaboration and bridging knowledge gaps, and even aiding in the preservation of nature, AI tools can shape a promising world for everyone.

Best Columnist

Group 3

2nd Place

The Advocate-MHCC

Kane Finders

WHAT IS THE STUDENT GOVERNMENT? How to get involved...



Andrew Hull
The Advocate

Student Life – organizations that consist of, and support, students – is a significant part of any college campus.

As part of this, a student government ensures that the college administration hears students' voices and interests. Here at Mt. Hood, the Associated Student Government at MHCC (known as the Associated Students of MHCC, or ASMHCC) also organizes student-led clubs, events, and activities.

Each year a president and vice president are chosen to oversee the student government. This annual election is open to any Mt. Hood student taking six or more credits per term with a GPA of 2.5 or above. That election cycle heads towards its conclusion in May.

While the elected positions atop the student government are open to all students, the

time commitments required are rather strenuous.

Required are two-to-five hours a week during the summer, for both the president and vice president. During Fall, Winter, and Spring terms, 20 hours of time is required for the president, and 15 hours for the VP.

While these elected positions require an extensive year-round time commitment, their impacts on the college and student life may be

tremendous.

As ASMHCC president or VP, those elected become the main liaison between the college administration and the associated student group. This would include working on strategic planning, leading special committees, overseeing ASG funding, and attending Mt. Hood's District Board of Education meetings.

Here are upcoming important dates for students to learn about this year's candidates

for the 2023-24 leadership roles:

Wednesday, May 10: 11 a.m. to 1 p.m. –

Candidate meet & greet in the Student Union

Tuesday, May 16: 11 a.m. to 1 p.m. –

Candidate meet & greet in the Student Union

May 22-29: Online voting by Mt. Hood students takes place

May 30: Noon – Election results announcement in the Student Union

Many other appointed ASMHCC positions are available that do not require election by fellow students. Among them are the Campus Affairs Representative, responsible for addressing student needs for on-campus services and resources, and the Financial Affairs Representative, overseeing the annual student fee process. For more details, see: <https://mhcc.edu/asg/>

COLUMN:

ASMHCC'S LACK OF CANDIDATES

The pitfalls of ASG from a student's perspective

Kane Finders
The Advocate

As a college student, I have a lot on my plate. I need to go to class and do homework for 16 credits' worth of classes, go to work to pay for those classes, and take care of myself.

The way the Associated Students of Mt. Hood Community College (ASMHCC, the college's student body government) is operated, I would never be able to participate in many of its positions due to the current requirements.

As you will see, the time commitment is more than I and many other students would be able to fulfill. Along with this, compensation for the position is low compared to other jobs on and around campus. And I believe these obstacles are why ASMHCC is having a hard time finding candidates for president and vice president this spring.

In fact, when "meet & greet" sessions were hosted in April, only one candidate had applied to run for the vice president position – period. What's more, this school year's elected president, Cheyenne Winchell, told the Advocate the job could not keep her afloat, one reason she chose to withdraw from Mt. Hood earlier this year.

Let's dive into why the time commitment is too much. According to the ASMHCC handbook, the baseline required for the president is 20 hours a week. However, there are so many other required duties for the president I feel as though that time would easily spill past

20 hours.

The minimum number of enrolled college credits to apply for ASMHCC service is six. Let's presume that for each credit, a student has two hours of homework to go along with it. That gives us 18 hours of schoolwork per

"THE TIME COMMITMENT AND COMPENSATION JUST AREN'T FEASIBLE FOR THE AVERAGE STUDENT"

week (minimum – counting class time). Now let's add 20 hours for participating as president – and we are at 38 hours a week, almost a full-time job.

The larger problem is that a lot of us at Mt. Hood don't take just six credits; many of us take 12 to 16 credits. That is how it's a significant burden to have to spend that much time on ASMHCC.

Then, there is the problem of compensation, which plagues all layers of ASMHCC.

The president during the Summer Term will receive a \$600 stipend for two-to-five hours a week of work. During the Fall, Winter, and Spring terms, the president receives a \$600 stipend per term, along with tuition waivers and textbook assistance.

While this may seem like a lot of money, compared to other on-campus and off-campus

jobs available, it is way less. If I worked for 20 hours a week for 10 weeks elsewhere, I could likely make around \$3,600, whereas if I were taking 12 credits (at \$141.50 per credit), the MHCC tuition waiver and stipend would only add up to \$2,298.

This isn't enough compensation for the type of work ASMHCC elected officers are doing. The remaining student government positions offer less compensation, as they have lesser time commitments: Appointed representatives and coordinators receive only tuition waiver and textbook assistance, while the vice president earns a \$400 stipend on top of that.

This leads me to conclude why ASMHCC can't attract candidates for their top positions: The time commitment and compensation just aren't feasible for the average student.

While there is definitely an argument the college isn't looking for the "average student," it is looking for a candidate who truly wants to serve their college community despite these barriers. I would say that these student

government officers still aren't compensated fairly, even if they have the time available.

Along with education costs, many students at Mt. Hood have outside bills to pay and needs to meet. Even if they wanted to participate as a member of the ASMHCC, the money isn't enough to lure them away from other jobs.

To fix this, ASMHCC needs to increase compensation on par with other part-time jobs in our area and decrease the time commitment in order to really open the service opportunities to more people.



Best Columnist

Group 3

1st Place

The Commuter- Linn Benton CC

Brenda Autry

beyond the **classroom:** *Chris Berry*

words by **BRENDA AUTRY**
photos by **CHRIS BERRY**

*I love seeing that
lightbulb
going on when
students understand...*

Chris Berry, an instructor and department chair in Machine Tool Technology at LBCC, has always been a doer. Berry said that growing up in rural Wyoming, he was "One of the kids that got kicked out at first light and came back in when the street lights came on." That constant motion and desire to be outdoors has stayed with Berry throughout his life, and has manifested in some really cool ways.

Berry received his Bachelor's of Science in Business Administration from the University of Wyoming, but in 2008 his love of working with his hands led him to Oregon where he attended Chemeketa Community College and received an Associate of Applied Science in both Machining and Drafting. After Chemeketa, Berry went to work for Viper NW in Albany where he stayed for several years and worked in many different roles.

Outside of his work life, Berry is an adventurer. He loves to be outdoors and he enjoys backpacking, kayaking and especially cycling.

"Cycling is my favorite, life-long hobby," said Berry. "Cycling was my dad's sport, so we always cycled together. When I was a teen I started racing mountain bikes. Now I do a lot of mountain biking by myself, and a lot in groups. I also do a lot of cycle touring on my bike. I like to go places and travel any way I can. That is what excites me."

Another way Berry travels to new places is by kayaking. "Last summer, I did a multi-day kayaking trip on the Willamette, kayaking from Eugene to Salem," he said.

He's even found a way to combine his love of cycling and kayaking. Berry said, "I got a new pack wrap, which is a folding roll-up inflatable kayak, so I can bike and kayak at the same time. I did a few shorter trips where I biked to Corvallis and then paddled back to Albany with the bike on the front of the boat."

True to his machinist background and

nature, Berry is also a builder. "Building, fabrication, and making things is something I'm always doing," he said. "I do a lot of metal fab too. I have an adventure van I use for long road trips and camping, and it's all self-built."

"I also do custom car fabrication," Berry said. "I have a 1969 GMC C10 that I'm restoring. It's actually a 'restomod' since I lowered it seven inches, and cut it from a long to a short box—there's not a lot of original truck left."



Berry uses his custom truck to participate in autocross racing. Autocross is a form of amateur racing where participants drive through a course laid out on a large paved area and marked by traffic cones. One car goes through at a time, and drivers try to obtain the fastest time through the course. You have to be associated with a club to participate.

"The club I race with is mostly out of the Salem area and we race in Salem and at the Evergreen Aviation Museum," Berry said. "I blew my motor up at the first race this year, but I've been doing it since 2012-13 and was class champion a couple of times."

When he's at home, Berry likes to do things around his house. "I do a ton of work in my own shop. A lot of home improvements, building things, fixing up my house. I even

build furniture," he said.

He even likes cooking. "I like baking bread," Berry said. "The more complicated recipes are, the more entertaining I find them to make. I cook a lot of Indian food and things like that."

Berry lives in Albany with his significant other, Kayla Herold; their two dogs: a rescue pug named Spark Pug (Spug for short) and a great dane named Indiana; and their tortoiseshell cat named Sheva.

"I take the little dog in the van but the big dog doesn't fit well so he doesn't like the van too much," said Berry. "He [Spark Pug] goes on all my hikes with me. He even goes kayaking, and cycling when I'm on my own. And the big dog stays home."

Berry started teaching in the Machine Tool Technology program at LBCC part-time in 2016, and was hired full-time in 2018. He says that he really enjoys teaching and that his students serve as his inspiration to keep teaching.

"I love seeing that lightbulb going on when students understand, and seeing them develop a skill set that they can take forward and start a career with," he said. "I used to think of myself as a person who makes things, and now I think of myself as someone who makes machinists who make things. And that is the reward that keeps me coming back every day."

As someone who seems to really enjoy life and does so much of what he loves, I asked Berry if he had any advice to give others looking to add a spark of enjoyment to their lives, and he had this to say:

"I think that life is far too short to be unhappy and we need to find things that make us happy. Whether that's our careers, hobbies or personal lives, we need to find things we enjoy and keep striving for things that make us happy." ✦

*...that is the
reward
that keeps me
coming back every day*

Best Columnist

Group 2

3rd Place

The Daily Barometer

Ryan Harlan

On the eve of the Rivalry Series being played for possibly the final time; I want to take a minute to express my thoughts on this meeting of both schools in this historic rivalry and the fall of the PAC-12 Conference.

Since I've been covering this as both the University of Southern California and the University of California Los Angeles announced their moves to the BIG-10 Conference in 2024. I also helped orchestrate coverage this summer for the Barometer of conference realignment, while balancing fall camp coverage for Beaver football as summer sports editor.

Personally, I'm very disappointed that the PAC-12 Conference will not be the same as we know it beyond the 2024 and 2025 seasons. In a year where the PAC-12 has the best quarterback play and the highest level of competition in years, it sucks to know that 10 of the 12 teams are leaving for new homes.

However, it should have never gotten to this point, we'll now have two remaining teams of the PAC-12 Conference or '2-PAC or PAC-2', whatever you want to call the conference now.

Eventually, when those teams do move after 2024 to their new conferences, we'll be losing a lot of those historic rivalries in the PAC-12 and a lot of storied history from a century-old conference. Especially one rivalry that is near and dear to my heart if it does not continue, which is the Rivalry Series or the game formerly known as the "Civil War".

I have fond memories of this rivalry between Oregon State and Oregon, especially as both a fan and a broadcaster.

As a fan, I got to watch OSU beat Oregon at Reser Stadium twice both in 2020 and 2022. In the 2020 season, I was living in Virginia at the time and stayed up until 3 a.m. when the Beavers won 41-38 over the Ducks.

In 2022, like many other fans that season I saw the famous 19-straight run comeback from the Beavers to win 38-34. While a fan I got to experience the thrill and rush of beating your rival and the big game atmosphere for the first time last year, which is a core memory for my time at OSU.

As a broadcaster, my first ever football game was at Autzen Stadium in 2021 but that ended in a 38-29 loss for the Beavers. While it was a loss, I had fun being in a new stadium calling a football game for the first time and it was my first time watching a game in person at Autzen.

Although I'm not a lifelong Oregonian and didn't grow up with the rivalry, when I came here to OSU in 2019 as an undergraduate student, I was dropped into it and looked forward to it every year.

I've spent the past three years as the football beat reporter for the Barometer and have spent my fair share of time around the Beaver football team in-season as well as in the off-season.

I know when rivalry weekend comes around the football team gets excited for the opportunity to beat their rival. Especially when that rival is no more than 50 miles south of them.

I know that players and coaches feel the significance and passion of the game

Best Columnist

Group 2

2nd Place

Vanguard - PSU

Nick Gatlin

WHY IS IT SO HARD TO PEE IN THE CITY?

THE SHITTY SIDE OF HOSTILE ARCHITECTURE

NICK GATLIN

IT'S EASIER TO PEE IN Portland than most cities in the United States. But public restrooms still aren't accessible to everyone—and the ones that are can hardly be considered dignified. The debate around public bathrooms in Portland, like in most cities, is driven by anti-homeless politics. Everyone needs to use the restroom, and everyone deserves a safe, private, dependable place to go. Unfortunately, Portland has not yet met this goal.

According to QS Supplies, a United Kingdom bathroom wholesaler, Portland has a total of 109 public toilets, or 17 per 100,000 people. That statistic includes all restrooms explicitly available to the general public, including restrooms in public buildings like City Hall and some on the Portland State campus. Compared to cities like New York or Los Angeles—with 4 and 5 public restrooms per capita, respectively—Portland is certainly ahead.

What accounts for Portland's relative headstart? You've probably seen one before: a sleek, oblong stainless steel structure that looks suspiciously like the fuselage of a B-17, sitting in the middle of the sidewalk. I'm talking about the Portland Loo, a metal-enclosed public restroom that can be found in 15 locations around Portland, including one on the South Park Blocks near PSU.

According to Portland Parks & Recreation, there are five Portland Loos open 24/7: one on the North Park Blocks, one on the South Park Blocks, two at the Tom McCall Waterfront Park and one at the original location on NW Glisan and 5th Avenue.

The Portland Loo, a registered trademark of the City of Portland, was first introduced to the city in 2008 by City Commissioner Randy Leonard and Madden Fabrication. It was "designed," according to the Portland Loo website, "to deter criminal activity and meld into its surrounding environment," avoiding problems like "vandalism, illegal drug use or prostitution." Per Portland Loo, "The sleek and modern kiosk discourages crime with graffiti-proof wall panels and open grating that allows you to see if and how many people are inside."

Reading this language used by the company, the Loo suddenly appears far less appealing. They have described a panopticon.

The implied surveillance permitted by the Loo was made explicit by spokeswoman Anne Hill, who told the *Los Angeles Times* in 2012, "As you approach a Loo, you can see what's happening inside. If it's 2 in the morning and there's two sets of feet in the Loo, law enforcement has cause to knock on the door and say, 'Why are there two sets of feet in the Loo? Two of those feet need to come out.'"

Public restrooms are often villainized as hubs for drug use, prostitution, vagrancy, littering, foul odors and any number of other stereotypes associated with the homeless. The Portland Loo, alas, is no exception.

Take Daryl Turner, former president of the Portland Police Association, who told the *Portland Tribune* in 2011, "that's Randy Leonard's crack house right there," pointing to the Portland Loo on Northwest Glisan in Old Town. Turner, who has been vocal in his disgust toward Portland's undesirable populations for years, said in a Facebook statement in 2018 that Portland had become a "cesspool," with "human feces in businesses doorways, in our parks, and on our streets."

Turner's comments represent the contradiction at the heart of anti-homeless policy making—on one hand, critics decry "human feces" in the street; while on



PUBLIC RESTROOM ON SW COLUMBIA AND PARK. ALBERTO ALONSO PUJAZON BOGAN/PSU VANGUARD

the other, they denounce efforts to expand public facilities as hopeless, effective only in providing shelter for drug dealers and delinquents.

Besides the small number of restrooms maintained by the city, Portlanders' options are limited. The most common restroom facilities nominally available to the public are found in customer-facing businesses, especially restaurants and grocery stores. In a place such as downtown Portland, that means businesses like Whole Foods, Safeway and Starbucks. Most of these establishments have their restrooms locked with a code, and even if non-customers are technically allowed to use the restroom, in practice one usually has to buy something in order to go.

Some businesses are even looking at making the de facto purchase requirement a rule, as with Starbucks C.E.O. Howard Schultz. Speaking to the *New York Times*' Dealbook D.C. policy forum in June, Schultz voiced a desire to roll back the company's 2018 open restroom policy. "We have to harden our stores and provide safety for our people," he said. "I don't know if we can keep our bathrooms open."

Schultz is right about one thing—we can't rely on private businesses to provide restrooms for the public. That requires a substantial public investment, something that municipalities across the country appear unable or unwilling to do.

A lack of public restrooms can and should be understood as a form of hostile architecture, a form of urban planning designed to exclude certain groups of people from public spaces. Michael Mehaffy, an architect and researcher with a focus on public space, explained to OPB in June that "public space is our commons... and when we start to exclude people, whoever those people are, we're eroding the public space." He went on to say that it's really "not public space if some members of the public can't use it."

Anti-homeless activists do not see the homeless population as people, but as criminals. Any effort to provide them with the basic dignity of human existence—such as the right to use the restroom—must be accompanied by an increase in surveillance under the guise of "public safety."

Nobody should have to pee in a Benthamian psychological prison, and the fact that I have to write these words makes me a bit disgusted. Everyone, no matter their housing status, deserves a discreet and dignified place to go. The first step to taking back the commons is to take back our toilets. ♡



A VIEW THROUGH THE GRATING AT THE PUBLIC BATHROOM ON SW COLUMBIA AND PARK. ALBERTO ALONSO PUJAZON BOGAN/PSU VANGUARD

Best Columnist

Group 2

1st Place

Oregon Daily Emerald

Sadie Tresnit

OPINION

TRESNIT: CONFRONTING THE ORIGINS OF YOUR FOOD



Opinion: it's time to look closer at the American food system. No more ignorance.

BY SADIE TRESNIT • DESIGNED BY RYAN EHRHART

The grocery store has a whole section with countless options of organic greens for customers to choose from. (Jonathan Suni/Emerald)

As I write this article, I'm eating a peanut butter and pickle sandwich, an orange, a handful of sea salt and vinegar chips and an exorbitant amount of watermelon for dessert.

Except for the pickles (hailing all the way from Boston), I'm patting myself on the back for eating only things from the West Coast. The peanut butter comes from Washington, the orange from California and everything else is from Oregon. The bread is particularly local, made fresh at the grocery store near my apartment. I never used to be a nut about researching the origins of my food, but after taking a course on environmental ethics —ENVS 345 — I think it's something everyone should take the time to do.

Given that we're all living beings, it's safe to assume that eating is an essential part of your day, regardless of how it fits into your schedule. Maybe you look forward all day to savoring a fancy meal you cooked from scratch. Maybe you're at the stage in your life where getting up just to eat peanut butter out of the jar feels like an accomplishment. Maybe you're like me, and you pretend that adding chopped garlic to instant ramen counts as cooking. Regardless, when was the last time you took the time to figure out where your food comes from?

I don't just mean researching the location where each company you buy food from is based. This information is usually readily available and still important to find, especially since food miles (the distance food travels from where it is grown/produced to your home) impact climate change.

However, food often travels much further than you might guess, so just the information on the brand's headquarters isn't necessarily enough. Some estimates point to an average travel distance of nearly 1500 miles for conventionally grown food. It's much harder to find the total distance your groceries have traveled, but it's worth it to

try. And, of course, locally-grown produce doesn't have this issue. Check out the farmers market for some great options!

As harmful as long travel distances for produce can be, America's factory farming system is almost unquestionably worse. Packaging from big brands is often deceptive, depicting happy animals frolicking in wide-open meadows with no cages in sight. As it tends to be, the reality is considerably darker.

Factory farming refers to the practice of raising animals for meat in confined spaces, prioritizing profit over humane treatment. Many of these animals have specifically been bred to be larger over the years, often at the cost of their health. They cannot move at all for most of their lives, crammed into tight cages and pens before they're killed. The system is also cruel to slaughterhouse workers, who experience physical and mental distress while on the job.

Thankfully, some smaller local farms still produce food ethically, even animal products. One of the highlights of my environmental ethics class was our field trip to the Deck Family Farm in Junction City. As a lifelong vegetarian, I initially dreaded the trip but it opened my eyes to how meat production can actually be humane and ethical.

Hearing directly from the family about their work and lives, it was clear that they truly cared about the animals and their wellbeing. They were adamant about providing their animals with decent living conditions and using every part of them when they were killed to prevent waste. Though the cruelty of profit-driven factory farms can be staggering, it's important to remember that it's not entirely hopeless. There are still people doing the right thing.

For those unable to visit and learn about a local farm, independent online research is still a vital step. It can be daunting to start learning the origins and ethics of the food you consume, but UO Professor and Ethics Minor Director Erin

McKenna believes it can be made easier by starting with a few issues that especially concern you.

"Researching one issue usually leads one to start to see the web of ethical concerns related to everything we eat," McKenna said. "This then gets us all thinking — every day."

She recommends the Cornucopia Institute as a helpful resource. The website provides scorecards for various types of foods (think cottage cheese, granola bars, etc.) and gives information such as organic status and parent company of the brands that make them.

"One may find a brand that addresses many of their ethical concerns but not know that that brand is owned by a larger corporation with a bad record on those same concerns," McKenna said. "One may find a label that seems to assure them that certain practices are not taking place, but unless there is third-party verification, it is hard to know if one can trust the label."

Unethical food practices are often hidden well by the companies that rely on them, and taking the time to dig into the issues thoroughly is the only way to be sure about what you're eating.

Learning the truth about the American food production system doesn't mean you need to change your consumption habits overnight — if you decide to make a change at all. In a society that's so influenced by big corporations, it can be incredibly difficult to find fully ethical options at the grocery store. I remember going shopping one night and having a mini crisis in front of the eggs after finishing my ethics class.

That said, it's essential to at least be aware of the truth. Really take the time to consider how your food was grown, prepared and transported so you can make informed decisions when you shop. "We tend to value cheapness and convenience above all else. These come at a great cost that is often not visible unless one wants to look," McKenna said. It may not be a pleasant reality, but we have no excuse for ignoring it.

Best Spot News Story

Group 3

3rd Place

The Advocate-MHCC

Tony Acker



RESURRECTING THE NIGHT with Dead Animal Assembly Plant, 2 Shadows, and Dying In Salem at Dante's

Tony Acker
The Advocate

Wearily, yet with a flicker of intrepid excitement, I crossed the urban wasteland that is Portland in the early nighttime. This was a much-needed respite following a satisfyingly long day at school, and I was eager to immerse myself in a bewildering night of music, indulge in cheap beer, and dive into sonic horror that would make most run in cowardice.

Tonight was Dead Animal Assembly Plant's headlining show in their hometown. The opening acts promised a diverse array of genres – heavy guitars, loud vocals, and a unique aesthetic to each, but every one would offer their own shade of darkness upon the evening.

I arrive at Dante's nightclub around 8:30, fashionably late as the doors had opened at 8 sharp and roadies were already clearing out the stage after the first opening act. The patrons, a macabre menagerie of punks, goths, and metalheads, were already nestling into secluded barstools, sequestered in shadows and their \$5 beers. Luckily, I made it in time to say hi to Zach Wager, singer of Dead Animal Assembly Plant, hit the sticker-covered restroom, and treat myself to a Tecate as the next band set up, preparing to take to the stage.

Unsure of what to expect, the crowd kept a watchful eye on the unfolding spectacle. After a brief introduction, the band Dying In Salem unleashed their fury of wailing guitars and guttural howling. David Kerr on vocals, Jake Hammon on guitar, Jordon Osborne on bass, and Michael Shaffer on drums make up the lineup in this Portland-based metal band. This night marked my first encounter with them, and I was very pleasantly surprised by the sheer brilliance of their performance. Along with every other soul inside, I couldn't help but respond to the electrifying energy they channeled into their instruments and their stage presence.

After a short break and another cerveza in

hand, I was primed in both spirit and body for the forthcoming onslaught of ear-splitting sonic mayhem.

A veiled and painted demonic woman crawled out of the smoke and mist. From the

opinion). I caught up with my buddy, Krist, as we hunkered down center-stage in preparation for the evening's finale.

Emerging from an abyss of murky shadows and swirling fog, the 'Dead' assemblage – Wa-

unleashed wailing screams and deafeningly thunderous cacophony of otherworldly industrial melody. Wager completely owned the stage as soon as his towering boots stepped on it. His energy exploded through the roof as he belted out his spells and incantations of justice, sorrow, and liberation. Rebecca Wager, with raven-black hair and a toxic waste-green, flying V guitar, kept flawless rhythm as Moore and Snyder delivered the sacrament of sonic destruction, hurtling the energy of the crowd into the stratosphere and beyond.

The many faces of our frontman were on full display: the undead brides veil, a grotesque mask resembling the face of a fallen ghoul, the Rat Kings steampunk helm, and the visored helmet of a riot cop. The final chapter of the battlescape was a display of utter terror as Zach unleashed his battle axe, a brutal weapon carved from an old STOP sign.

Despite the visions of beguiling fear and abject horror, D.A.A.P.'s lyrics and message are one of anti-fascism and anti-hate. (In a world that is bright and colorful, some of us enjoy our entertainment extra-spicy!).

From the bowels of Portland's urban chaos, the night proved not only a respite from the norm, but brought me along for a ride into the realms of dark musical exploration and sonic attrition. From the relentless energy of Dying In Salem to 2 Shadows's haunting presence, what emerged was a testament to the diverse and captivating world of alternative music – it was more than just a show; it was an experience, a testament to the enduring power of live music to captivate.

I left Dante's not only with ringing ears and 1,600 photos on my camera, but with a rejuvenated spirit and renewed appreciation for the unapologetic creativity and passion of the bands I witnessed. When magic unfolds before you it leaves an impression, and tonight my soul left The Inferno happily satiated and a little more liberated.



Photos by Tony Acker

2 Shadows

shadows, the band 2 Shadows appeared, clad in black denim dusted in corn starch like acolytes of the 90s prince of darkness himself, Trent Reznor. Their goth rocker apparel clung to them like a second skin forged in leather, chains, and studs. The performance conjured vivid recollections of goth industrial deities, their haunting wails reverberating through my TV late into the night, reminiscent of glimpses from bootleg tapes of Ministry, Nine Inch Nails, and Stabbing Westward. Singer Glen Bridden and guitarist Tryst Germaine make up the core of 2 Shadows, a goth duo based out of Vancouver, Canada, and have been collaborating since 2015.

The headline act was ready to take stage, and the crowd was now dense, and packed tight. Saturated with the intoxicating fumes of alcohol, Dante's was about to combust into a real inferno. I grabbed another tallboy Tecate from the bar and a slice of pepperoni from Pizza Slut, (an adjoining pizza kitchen in the corner of Dante's making some of the city's best pizza, in my

ger and Rebecca Wager, Jason Moore, and Nick Snyder – materialized like macabre apparitions of shock rock horror, clad in leather, black denim, and grease paint. The leader of the pack, the Twisted Flesh of The Rat King, was a striking

"I LEFT DANTE'S NOT ONLY WITH RINGING EARS... BUT WITH A REJUVENATED SPIRIT AND RENEWED APPRECIATION FOR THE... BANDS I WITNESSED."

figure clad in improvised, gore-soaked armor plates, a weaponized microphone with dual blades gleamed menacingly and a crucifix hilt, symbolizing the unique fusion of industrial metal and chaotic spirituality.

Like tormented souls, their instruments



Dying In Salem



Dead Animal Assembly Plant

Best Spot News Story

Group 3

1st Place

The Commuter- Linn Benton CC

Sarah Rose Larson

WELCOME DAY

photos by SARAH ROSE LARSON and BRENDA AUTRY

Welcome Day was a blast and we've got plenty of photos to commemorate the kickoff of a fresh school year! Cheers to a successful Welcome Day, Roadrunners! If you want to see the full photo album be sure to check out our Welcome Day 2023 photo gallery on lbcommuter.com!



Best Spot News Story

Group 2

3rd Place

The Daily Barometer

Sabrina Dedek

The Daily Barometer

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City Daily Barometer

City of Corvallis removes Housing Operational Committee from applications, halting \$1M funding from state



Sabrina Dedek

Don, a resident of the camp on the junction of Mary's River and the Willamette River, collects flowers and poses for a photo on April 26th. Don is irritated about the garbage and trash surrounding his tent, he likes the space he occupies to be tidy.

Alexander Banks, News Contributor
May 1, 2023

A state Bill passed last year gave Corvallis \$1 million to support the homeless, however, the removal of the city's Housing Operational Committee has delayed the process.

House Bill 4123 passed last year, allowing The Oregon Department of Administrative Services to

Best Spot News Story

Group 2

1st Place

Vanguard - PSU

Alberto Alonso
Pujazon Bogani



Best Sports Photo

Group 3

3rd Place

The Commuter- Linn Benton CC

Sarah Rose Larson



Best Sports Photo

Group 3

2nd Place

The Advocate-MHCC

Lindsay Leeman

MAY 26, 2023

SPORTS & RECREATION



ATHLETES SPRINT, SOAR AND SPLASH AT NWAC TRACK & FIELD CHAMPIONSHIPS

Top-Eight finishers for Mt. Hood Saints:

The Advocate

Mt. Hood once again hosted the NWAC Championship track & field meet this season, on May 22-23. The Saints women's and men's teams both finished in ninth place (Lane Community College won both team competitions).

Only the top eight finishers in each event score points for their team, and MHCC athletes had several strong showings.

MEN

OLIVER REIS, 1ST PLACE, TRIPLE JUMP

WILLIE TRAN, 4TH PLACE, TRIPLE JUMP

DEGHLAN JOHNSON, 3RD PLACE, 110 METER HURDLES

DEGHLAN JOHNSON, 3RD PLACE, 400 METER HURDLES

OLIVER REIS, 8TH PLACE, 100 METER RUN

WOMEN

MAKAELYN JENNINGS, 2ND PLACE, JAVELIN

GRACE LAM-TIANG, 8TH PLACE, JAVELIN

GRACE LAM-TIANG, 3RD PLACE, SHOT PUT

4 X 100 METER RELAY, 3RD PLACE:

KENNEDI THURMAN, KAILEY BIGGS, MATLYN LEETCH, ANDREA BOGDAN

MATLYN LEETCH, 6TH PLACE, 100 METER RUN

ANDREA BOGDAN, 8TH PLACE, 100 METER RUN



Photos by Lindsay Leeman

Best Sports Photo

Group 3

1st Place

The Commuter-
Linn Benton CC

Sarah Rose Larson



Best Sports Photo

Group 2

3rd Place

The Linfield Review

Jake Downing



Best Sports Photo

Group 2

2nd Place

Vanguard - PSU

Alberto Alonso Pujazon Bogani

CHASING GRIDIRON GLORY

VIKS FOOTBALL TEAM PREPS FOR UPCOMING SEASON

LAURA RONNALL

AFTER THE FIRST FOR DATE in pads, Coach Bruce Barnum, quarterback Dallas Chabone and offensive lineman Dallas Holliday provided some insights into their primary goals, preparations and any challenges they expect to face in the upcoming season.

The primary objective for the Vikings is to make it to the playoffs. In a post-practice interview on Friday, Aug. 11, Coach Barnum reiterated the team's aspiration to return to the postseason and emphasized the importance of achieving this goal while maintaining a healthy roster.

"I'd love to get this team back to the playoffs," Coach Barnum said while acknowledging the challenge of starting the season with the off-field assignment of being the Oregon Ducks in Eugene, Oregon.

Despite these obstacles, the team remains undeterred. Coach Barnum expressed confidence in the team's ability to rise above the learning adversity.

On game days, the Vikings are determined to impress their fans with their hustle on and off the field. Coach Barnum highlighted the team's commitment to hard work, respectful play and dedication to their dedication to the game.

"They hustle," Coach Barnum said, speaking on what he sees in his team and emphasizing the importance of leaving a lasting impression on spectators. "They play the game hard and right."

Ensuring strong team chemistry and camaraderie is critical to the team's success on and off the field. Coach Barnum discussed the various avenues they utilize to foster unity, such as night fly meetings during training camp.

These meetings cover various topics, from football strategies to personal growth and development. "We talk family, school (and) football," Coach Barnum said, highlighting the holistic approach to help players succeed both on and off the field.

Another demanding responsibility for the coaches during preseason practices is the comprehensive evaluation of players. Coaches assess not only on-field performance, but also factors such as punctuality, attitude and conduct. Coach Barnum emphasized the significance of treating all players with dignity and respect, understanding that each player's path is distinct and necessitates proper support.

The new coaching additions have injected fresh energy into the team by only adding to the great chemistry the team holds. Chabone also underlined the importance of the faculty-coaches being here. He stated, "We had an excellent year last year and during this preseason—gives them a leg up on making strategy plays in hopes of outperforming their opponents this season."

Balancing academic commitments and football demands can be challenging for student-athletes. Coach Barnum discussed how the coaching staff collaborates with the



PHOTOGRAPH BY BRUCE BARNUM. PHOTO COURTESY OF BRUCE BARNUM.

academic department to ensure players find equilibrium between their studies and their sports commitments.

The goal is to provide players with the necessary tools to succeed, both in the classroom and on the field. The coach then described how they focus on accountability—especially during the off-season—to help players manage their time effectively.

Looking ahead, the Vikings aim to transition smoothly from preseason to actual games. Coach Barnum highlighted the significance of team cohesion and discipline as critical components of this transition. He drew parallels to top-tier teams—such as Ohio State and Oregon State—emphasizing the vital role of effective communication in achieving success on the field.

Avoiding the entitlement, Coach Barnum also emphasized the importance of adaptability. He acknowledged how each game presents a unique set of circumstances, requiring the team to be flexible and adjust their strategies accordingly. This ability to adapt on the fly sets championship-caliber teams apart from the rest.

The Portland State football team's approach to the upcoming season highlights an unyielding pursuit of success, a dedication to teamwork and accountability, and an unwavering commitment to growth, both on and off the field.

With their eyes set on managing a spot in the playoffs, the Vikings are determined to showcase their skills and unity. As the season unfolds, fans can expect an exciting display of athleticism which encapsulates the essence of collegiate football. 🏈

Best Sports Photo

Group 2

1st Place

Oregon Daily Emerald

Jonathan Suni

PHOTO STORY



HAYWARD SHINES FOR THE 2023 PREFONTAINE CLASSIC

The Prefontaine Classic and Diamond League Final met for an incredible, record-smashing display of track and field prowess at Hayward Field on September 16 and 17

PHOTOS BY JONATHAN SUNI · DESIGNED BY RYAN EHRHART

▲ Almost as an extension of the World Championships in Budapest, athletes like Ivana Valera (long jump) continue to earn hardware and show their dominance in the prestigious Hayward Field.

▶ Hansle Parchment kisses his trophy and celebrates a new personal best in the 110m hurdles.



▲ On his last attempt at 2.35, Sanghyeok Woo makes it over the bar to capture the Diamond League high jump title along with setting a new national record for his home country of South Korea.

▶ Grant Holloway of USA (left) and Hansle Parchment of Jamaica (right) are neck and neck as they reach the finish line of the 110m hurdles, but Parchment ultimately comes out on top to capture the Diamond League title.

Best Feature Photo

Group 3

3rd Place

The Advocate-MHCC

Isabela Durighello



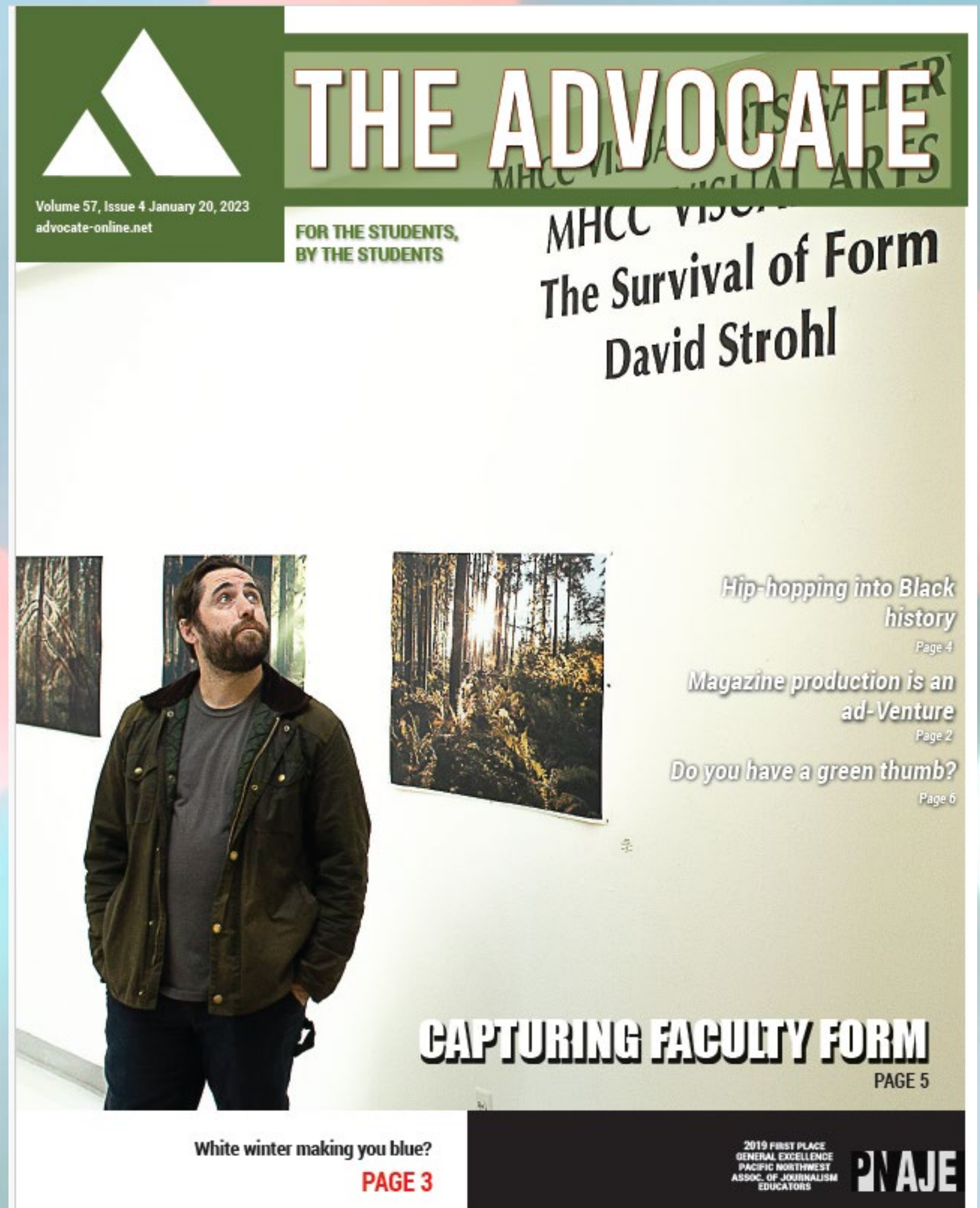
Best Feature Photo

Group 3

2nd Place

The Advocate-MHCC

Martell Meacham



Best Feature Photo

Group 3

1st Place

The Clackamas Print

Gabriel Lucich

The screenshot shows a news article on the website 'The Clackamas Print'. The article title is 'Guitar project strikes chord', dated October 31, 2023, by Eva King, with comments off. Below the title are social media sharing buttons for Facebook, Twitter, LinkedIn, and Email. The main image shows Casey Sims, a counselor at Clackamas Community College, kneeling and playing a guitar. The caption reads: 'Casey Sims, a counselor at Clackamas Community College poses with guitars destined for locations around campus Photo by Gabriel Lucich'. The article text describes the 'Campus Guitar Project' and includes an interview with Casey Sims. On the right side of the page, there is a search bar, a Washington State University advertisement for 'PDX TUITION ADVANTAGE', a 'Cougar Talk' podcast player for '2024 Episode 3 - The Clackamas Print', and an 'Archives' section with a 'Select Month' dropdown menu.


The Clackamas Print

HOME NEWS ARTS & CULTURE SPORTS COMICS OPINION VIDEOS PODCAST

Guitar project strikes chord

October 31, 2023 / Eva King / Comments Off

Facebook Twitter LinkedIn Email



Casey Sims, a counselor at Clackamas Community College poses with guitars destined for locations around campus Photo by Gabriel Lucich

Clackamas Community College counselor Casey Sims is a man of many talents, from playing drums in a ska band to backflow testing. Sims is also the founder of the Campus Guitar Project.

Sims began placing guitars across the campus secretly, in hopes to foster positivity in our community. Now, five years later, the Campus Guitar Project has evolved into part of campus life.

The Clackamas Print: What inspired you to start the guitar project here on campus?

Casey Sims: There was two origins. Have you ever walked down the street in Portland and there's a piano on the sidewalk in the summertime? That's really cool, I think. And then, there was a dean who retired quite a while ago, named Bill Briare, he was a Dean of Arts and Sciences. He had all these instruments hung up on the walls. And I was like, wow, that's super cool, I'll bring an instrument, hang a guitar on my wall in my office. Then, I thought you know what, I'm gonna put one in my classroom. Then, you know, I'm just gonna put one in the hallway, upstairs in Barlow by the vending machines, just kind of just set it there and see what happens.

TCP: Has the guitar project changed at all since it first started or has anything that you didn't expect to happen evolve from it?

Sims: Well, most people didn't know where they came from. So that was kind of fun. And after a few months, Kevin (Anspach) in the marketing department said, you know, everyone thinks it's cool, but you can't really just put stuff up on the walls at the college. I'm gonna make a sticker and it's gonna be branded. So that's why I got the stickers made, which kind of made it more like, alright, this is a guitar to pick up and play. That kind of was a change and then that helped me no kind of more legit like it wasn't under the radar.

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Archives

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Best Feature Photo

Group 2

3rd Place

Oregon Daily Emerald

Violet Turner, Paris Snider

With their trip to the East Coast months in the past, the D.C. coalition is now figuring out how to bring FireGen to fruition. Trefny says their first step is listening. The D.C. coalition recently got into contact with Wonder Labs, a social enterprise located in San Jose, California, that provides funding through the Living with Fire Design Challenge for student-led fire resilience projects. The D.C. coalition successfully applied for a \$20,000 grant and is planning on conducting a research and listening project to determine barriers, opportunities and needs for fire resilience and restoration across communities of young people. This decision, to do extensive information gathering before pursuing action, will help FireGen in two ways.

First, it will allow a wider variety of young people to voice the challenges they face, how they want to be involved in the fire world and how communities should respond to the climate crisis, says Trefny. The results will provide FireGen with a breadth of potential solutions and policy initiatives before the collaborative formally begins. Second, "by doing all this listening and forming community connections, we're building a network that can then be leveraged to both fill and provide power behind the spaces of access FireGen seeks," Trefny says.

Even though the D.C. coalition is months away from completing their project with Wonder Labs — and even farther from making the FireGeneration Collaborative a reality — he remains confident about their endeavors, in part because of the support from other similar organizations. Through connections with leaders in youth climate organizations like the Sunrise Movement, the D.C. coalition will incorporate the experience of other mass organizers to develop FireGen, Trefny says. Ultimately, Trefny recognizes that establishing FireGen will be a slow process, but he believes that FireGen can be part of uniting labor, social justice and environmental movements, all under the banner of fire.

"I know that young people are bold, and we're going to help hold those spaces accountable to our best long-term interest and speak for all sorts of people who can't be in those meetings," Trefny says. "Our generation has shown we can do that when we're able to have some power, so I'm really excited for what that would mean."

de Onís, Trefny and Ingalsbee pose on the University of Oregon campus in Eugene. Trefny first met Ingalsbee through his work with Firefighters United for Safety, Ethics, & Ecology (FUSEE), and met de Onís through her work as a professor in the Clark Honors College at UO.



Best Feature Photo

Group 2

2nd Place

Vanguard - PSU

Alberto Alonso Pujazon Bogani



WOODBURN MARIACHI PERFORMING IN THE PARK BLOCKS. ALBERTO ALONSO PUJAZON BOGANI/PSU VANGUARD



STUDENTS PURCHASING CONCHAS FOR LSLC FUNDRAISING. ALBERTO ALONSO PUJAZON BOGANI/PSU VANGUARD

Mariachi In the Park made its return from the COVID-19 era last year during the spring 2022 term, though it is much smaller than it was in pre-pandemic times. This year La Casa's event was significantly larger, with a huge turnout from students and extensive participation from other members of the Latino Student Leadership Council (LSLC). La Casa and the LSLC—consisting of Mecha, Las Mujeres, Dream PSU, Omega Delta Phi, Kappa Delta Chi and SHPE PSU—held a pop-up resource fair where they all tabled alongside some other student groups and campus resources. Each group gave out candy and stickers, with Omega Delta Phi selling Conchas to fundraise for upcoming LSLC-hosted events. Free paletas from Ice Queen were also given out to the hundreds of students in attendance. All of this was accompanied by an hour-long performance by Woodburn High School's Mariachi Band, which attracted not only students but even people from the greater Portland community, who were drawn in by the music while strolling through the downtown park blocks. ♥



STUDENTS ENJOYING MARIACHI IN THE PARK. ALBERTO ALONSO PUJAZON BOGANI/PSU VANGUARD

Best Feature Photo

Group 2

1st Place

Vanguard - PSU

JM Vincent



Drag queens performed in SMSU during Viking Days to kick off the year. Some PSU students and staff performed at the event alongside local drag legend Poison Waters.



J.M. VINCENT

THE SOUTH PAK BLOCKS WERE empty Sept. 23—the Saturday night before fall classes started. Campus was quiet, except for the south stairwell in Smith Memorial Student Union (SMSU) where students snaked down three stories in anticipation for Portland State's annual Viking Days Drag Show.

Among the performers were Alexis Campbell Starr, T'Kara Campbell Starr, Nikki NiHao, Kourtini Capree Duv, Nay-Nay Leakes Cartier and Poison Waters herself.

"It's one of my favorite events," said Murph Murphy, the director of the Queer Resource Center (QRC) housed on the fourth floor of SMSU. "I love getting to kick off the year with this."

This was the second year Murphy organized the event, and knowing what to expect from the event gave them an edge in planning it. Nevertheless, there were still challenges. "The biggest challenge is [the] quick turnaround," Murphy said.

Housing was still helping new students move in, so a significant hurdle was ensuring students knew about the event. However, as students flooded in they nearly filled the ballroom. "We are talking about having it at a bigger venue," Murphy said. "We don't want to turn anyone away."

By the time the event was getting started, around 300 eager attendees chatted amongst themselves. The music came on and some students dozed in their seats. Then, Waters pushed through the curtain to cheers from the audience.

Waters introduced the show and briefly flirted with audience members before refocusing on the night's performers. The crowd seemed especially excited after discovering several performers had connections to PSU. T'Kara Campbell Starr and Cartier were both students at PSU. NiHao—whom students were particularly ecstatic about—is the current residence director at PSU's

University Housing and Residence Life.

Students may be disappointed that the performance only occurs once a year, but finding any of the queens around town is relatively easy. Waters will be at the on-campus Dead Guy Bar—aka Rogue Hall—for Zombie Drag Queen Bingo on Oct. 12 and 24 at 7 p.m.

At the night's end, Murphy fielded audience questions to the queens. They explained how they got their names, how one learns drag and how they trained. "Just sex, and you know..." Nay Nay Leakes Cartier said.

Before students left their seats, Murphy reiterated that the QRC doors are always open. After all, the QRC was the organization which brought everyone together that night. "Any student that wants to find support and find community—reach out," Murphy said. "We're here. We're queer. We're proud. We're doing drag!"

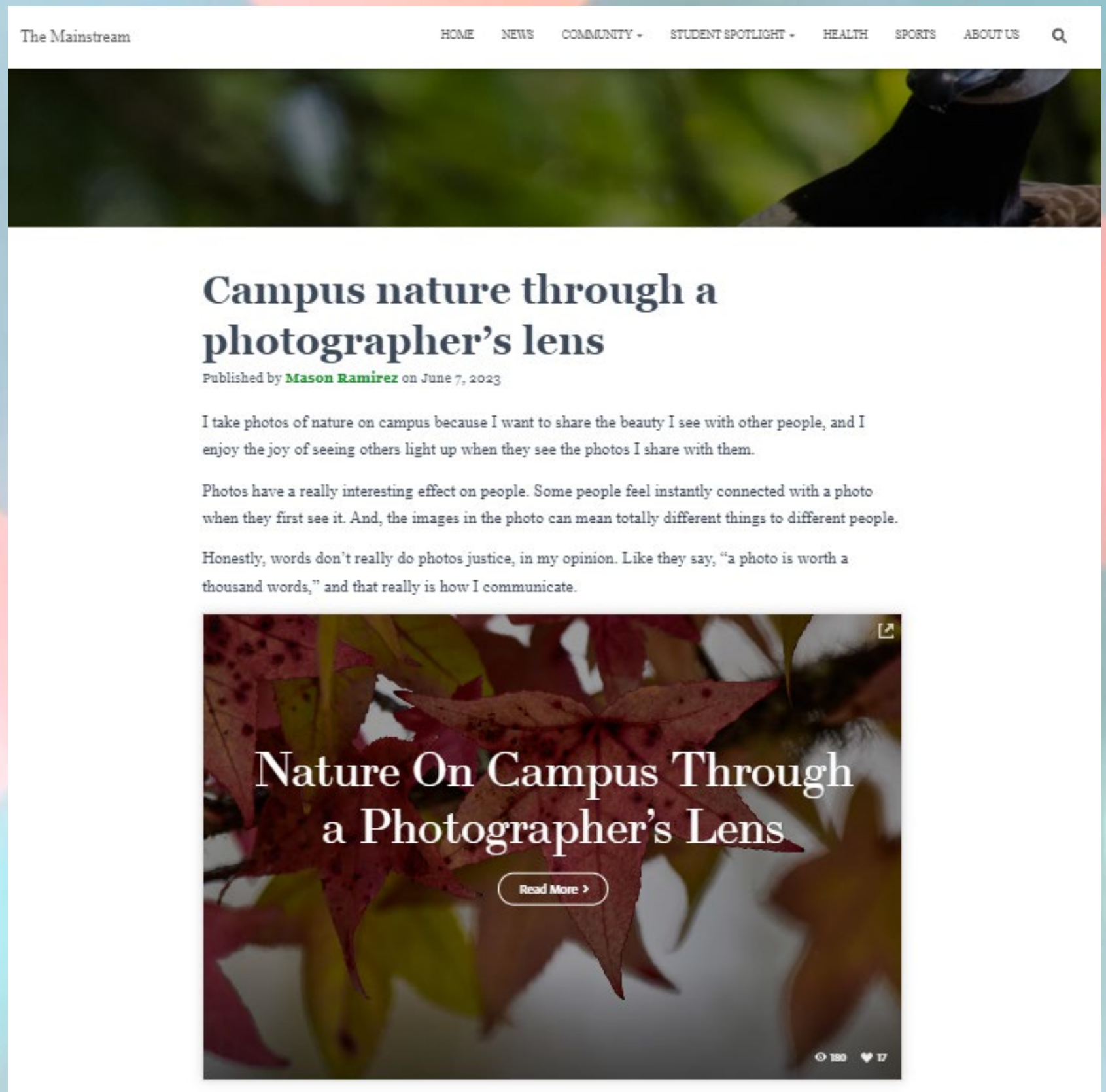
Best Photography

Group 3

3rd Place

The Mainstream –
Umpqua CC

Mason Ramirez



The Mainstream

HOME NEWS COMMUNITY + STUDENT SPOTLIGHT + HEALTH SPORTS ABOUT US


Campus nature through a photographer's lens

Published by [Mason Ramirez](#) on June 7, 2023

I take photos of nature on campus because I want to share the beauty I see with other people, and I enjoy the joy of seeing others light up when they see the photos I share with them.

Photos have a really interesting effect on people. Some people feel instantly connected with a photo when they first see it. And, the images in the photo can mean totally different things to different people.

Honestly, words don't really do photos justice, in my opinion. Like they say, "a photo is worth a thousand words," and that really is how I communicate.



Nature On Campus Through a Photographer's Lens

Read More >

180 17

Best Photography

Group 3

2nd Place

The Commuter- Linn Benton CC

Sarah Rose Larson



words by KACEY MONTGOMERY
photos by SARAH ROSE LARSON

Without a doubt, spring term 2023 brought immense changes to Linn-Benton Community College that few foresaw. The administration announced that the college would be letting go of 11 faculty members, three of which were the faculty librarians in the campus library. Discontinuation of computer science, the criminal justice program, and a sizable portion of the Adult Basic Skills offerings were also on the chopping block.

LBCC had been seeing a downturn in enrollment in previous school years. LBCC President Lisa Avery often recounts a time in the mid-past when the in-person enrollment of the college was so high that people had to park on the grass beyond the college's parking lots. Covid only did further harm to enrollment and in turn, revenue. With a deficit of more than \$2 million looming, budget cuts were an unpleasant necessity.

Fall term of 2023, LBCC has seen a notable uptick in enrollment. The campus is alive again: students are slowly starting to populate the halls, courtyard, classrooms, and even the mostly librarian-less library. Yet behind the scenes, there are still many unknowns and unanswered questions suggesting a disconnect in communication between administration and faculty.

Outwardly, the library is functioning for students with few noticeable differences. The

library is offering most of the services it had in years past and is open Monday through Thursday 7:30 a.m. to 6 p.m. and Fridays from 7:30 a.m. to 4 p.m. The library is also open from 11 a.m. to 3 p.m. on Saturdays.

As for instructors, the library is able to accommodate most requests. Online resources created in past years should still be available, and ordering can be accomplished by reaching out directly to Library and Learning Center Director Samantha Hines. For a reason unrelated to the budget cuts, interlibrary loan requests are also to go through Hines for the time being.

Faculty instructors last spring were concerned about where students would now go for help and mentorship when working on research, a crucial duty carried out by the former faculty librarians. Some suggest that research librarian-specific information will be hard to come by in light of the lack of faculty librarians.

"I do notice students internalizing the feeling that they're simply 'not good at research' when previously they would have received extra support from librarians who could help them gain skills and confidence. It's like the difference between a student getting tutoring in a difficult class and a student going it alone," said English faculty Karelia Stetz-Waters.

Others were concerned with the ability of the college to continue producing resources for Spanish-speaking students. The faculty librarians had taken on the task of providing bilingual services for equitable access to educational materials.



Best Photography

Group 3

1st Place

The Commuter-
Linn Benton CC

Brenda Autry



words by LEAH BIESACK
photos by BRENDA AUTRY

doldrums, meet *daydreams*

The dead of winter is a tough time to try and build a tinderbox of anything new and exciting. It makes a hard environment for fostering any sparks of inspiration, for keeping any embers of ideas alive and glowing. January is that frozen-over period, one that is muted, dulled from damp and the damndest amount of gray

to ever be allowed in a single state. So how do we light a match? From where do we siphon out even a sliver of light in order to keep our own selves lit up? We daydream. Specifically, of faraway lands, the ones that swirl with mystique, and effortlessly beam with beauty. Longtime Commuter contributor Brenda Autry traveled abroad

this Winter break, and along the way, she expertly captured the magic of Budapest, Prague, and Vienna from behind her lens. She brings a little of that magic dust back to us through these dreamy still frames taking up the page, laid out for all our daydreaming-into-infinity pleasure.

Best Photography

Group 2

3rd Place

Vanguard - PSU

Alberto Alonso Pujazon Bogani



Best Photography

Group 2

2nd Place

The Pacific Index –
Pacific Univ

Aaron Brewer

EDITORIAL

MUSIC, TABLES, AND UNCOUTH DECISIONS

With the addition of music and a completely different table setup, some are left unsatisfied.

AARON MEEUWSEN
THE PACIFIC INDEX

(Editor's note: This is an opinion piece, and does not reflect the opinion of the full editorial staff.)

In September, an ad popped up in the UC announcing openings for a "Bozer DJ." The advertisement said that the DJ would play "upbeat and diverse music during the dinner hour in the UC." Most intriguing, the position would be paid and non-work study. And now, in November, it has officially started: with moving lights and a sparkling curtain behind, the Bozer DJ is playing music at the info desk for all the cafeteria and lobby to hear.

Some have appreciated the music and say it has a good change. Others have different opinions. Patsy Golder, co-president of Unified Sports, describes some of the problems that those with sensory issues can have. "Sometimes, when you're rushing between classes, you just want to get a sandwich and chill for 20 minutes," she said. "Now, there are multiple people I know who just avoid the UC because it's overstimulating for them. Personally, you know, I'm neurotypical, and sometimes, even when I go to lunch, I beg that they turn it down."

Jennifer Tester, Executive Assistant

and Programs Manager at Student Affairs, describes why they added the music. "It was a project Vice President Susan Phillip started as a way to entertain and engage students through the semester, especially over mealtime," she explained. "Part of why we wanted the music is because it's a fun option, it allows for a diversity of music that students have interest in, and it's easy because we already have the set up for it."

When asked whether the diversity of music could introduce music that people do not like, she said that she was "sure that there are some [songs] that students prefer over others, and there are some that are more popular."

When introducing a new change, it is essential to consider the pros and cons of that change. Despite the seeming insignificance of adding music, it is still something that affects other people. The UC is a place people can go to for various reasons, such as studying. Of course, there is a main use of the UC, which is eating, but people do more than eat. They talk to people and have fun. Alternatively, they want to relax. All of these actions must be considered when deciding a change for the UC, and it seems like a couple of them have been sacrificed here. "You can't go adding features to some people's experiences if that takes away from other people's experiences," Golder said. "I know a lot of people who like to study at the UC, and now it's harder."

Another change that came to the UC is that of the table set up. Last year, it was arranged so that the cafeteria only had long dining room tables while the lobby only had short, rectangular, and circular tables. Now, there are various types of tables in both spaces, including dining and short tables. Different situations call for different types of tables; circular tables allow for a more personal feel,



Aaron Brewer / The Pacific Index

while rectangular tables have more of a neutral or "focused" function. Short tables allow for a few people, while long tables allow for many people. In that case, having more long tables on the cafeteria side would make sense while the shorter ones remain in the lobby. Now that the two types of tables have intermingled, people use the spaces differently.

"The dining committee and Bon Appetit revamp it every year to sort of refresh what we have available here," Tester explained. "Looking at the flow and gauging student usage, they wanted to make sure students could change how they sit and engage with their friends and eat their meals. And it seems to have worked really well."

Going deeper, she explained what they were aiming for in changing the two spaces. "They don't want to have it be separated as a cafeteria and lobby. They want the university center to act as a dining hall. So, you can study in what was formerly the cafeteria area, and you could eat in what was formerly the lounge area. It's interchangeable."

Doing this removes the UC as a relaxing place to study. If more people are eating where people used to normally study, not only will it

make that place noisier, but the environment is uninviting for people studying as they will be in the middle of everyone talking.

By bringing these two changes to the UC, the school is neglecting a whole group of students who use the space in a way that they don't want it to be used: a space to laugh, chat, and hang out with friends while eating food. Early in the interview with Tester, she noted that the school hopes to expand the music to other hours besides just dinner and brunch, which is currently not possible due to classes happening in Bozer House thanks to the construction at Pacific Hall.

However, when asked about issues with the music, she noted that they could also consider limiting it if more people come to them with formal complaints to the dining committee. The inclination to expand these choices raises implications over how the school decides about doing things. By not coming to the student body for opinions regarding a change they are considering, the school is essentially doing whatever it wants without considering how it could hinder other experiences. And, with the new paid position of the Bozer DJ, they are even willing to pay for it.

Best Photography

Group 2

1st Place

The Daily Barometer

Jason May



Best Design

Group 3

3rd Place

The Clackamas Print

Staff

12



Best Design

Group 3

2nd Place

The Advocate-MHCC

STAFF

THE ADVOCATE

Volume 58, Issue 5 December 8, 2023
advocate-online.net

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Kailyn McQuisten, Staff

THE LINN-BENTON COMMUNITY COLLEGE

COMMUTER

VOL. 55 EDITION 1



AUGUST 2023



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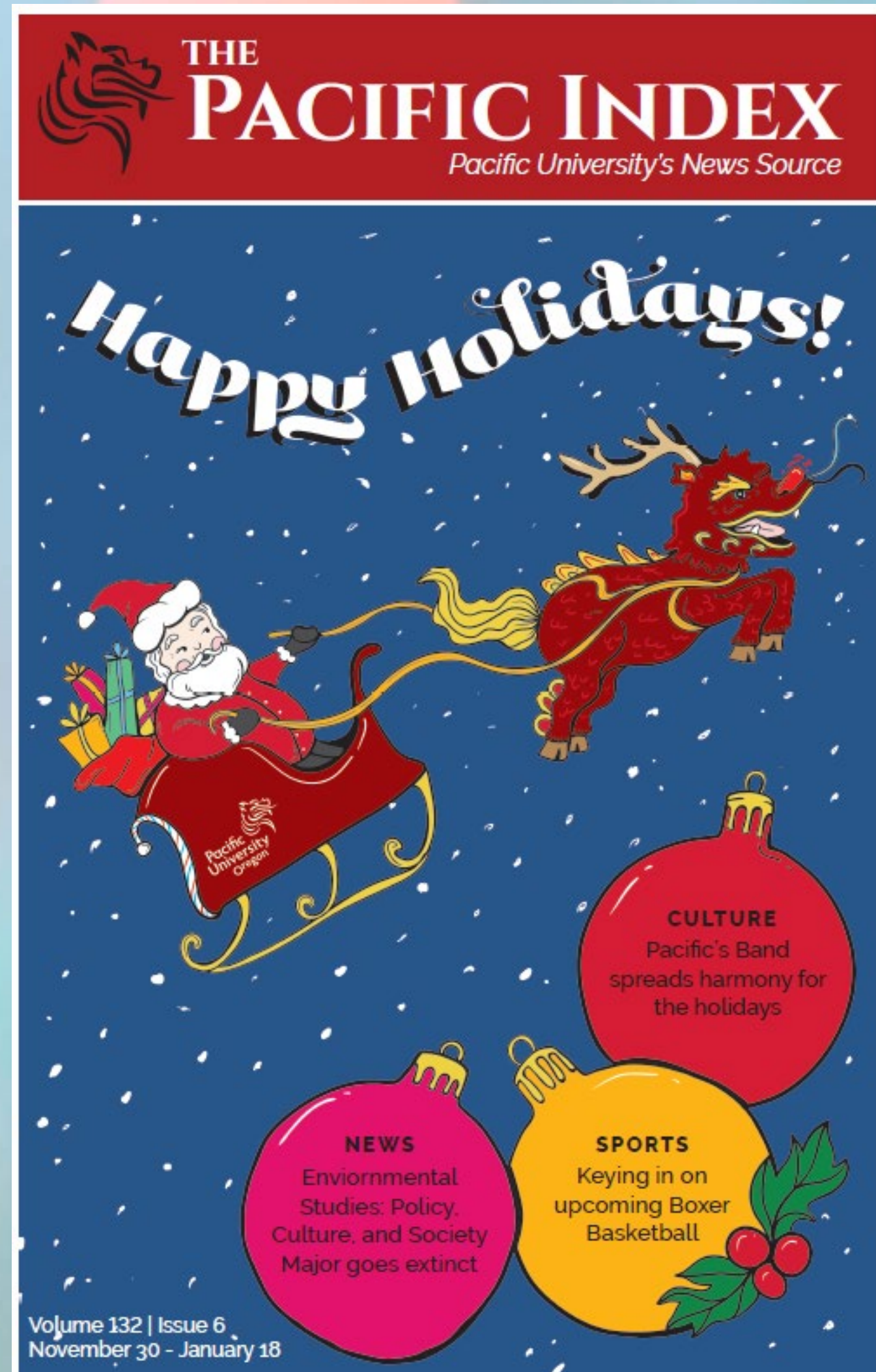
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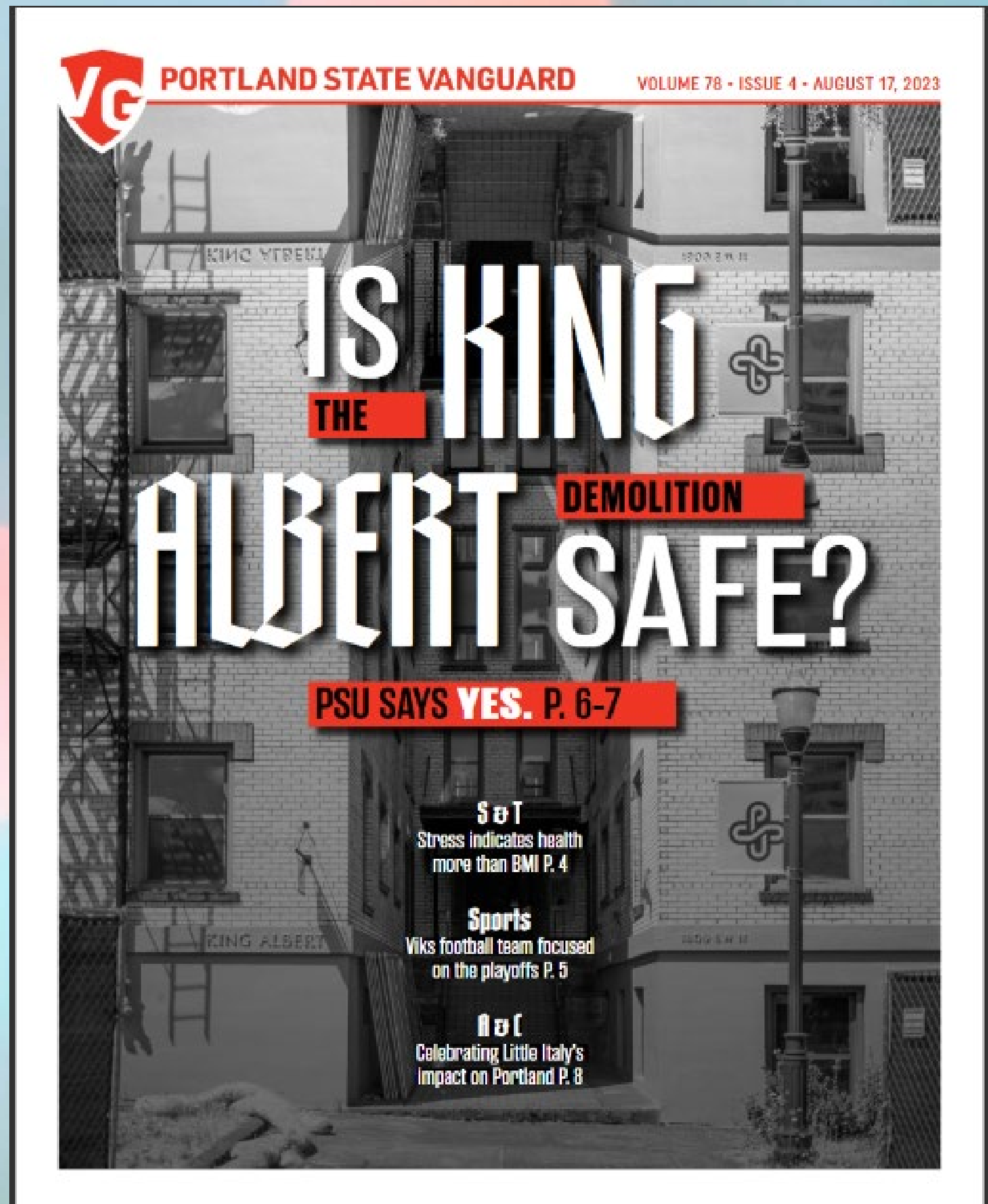
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Vanguard - PSU

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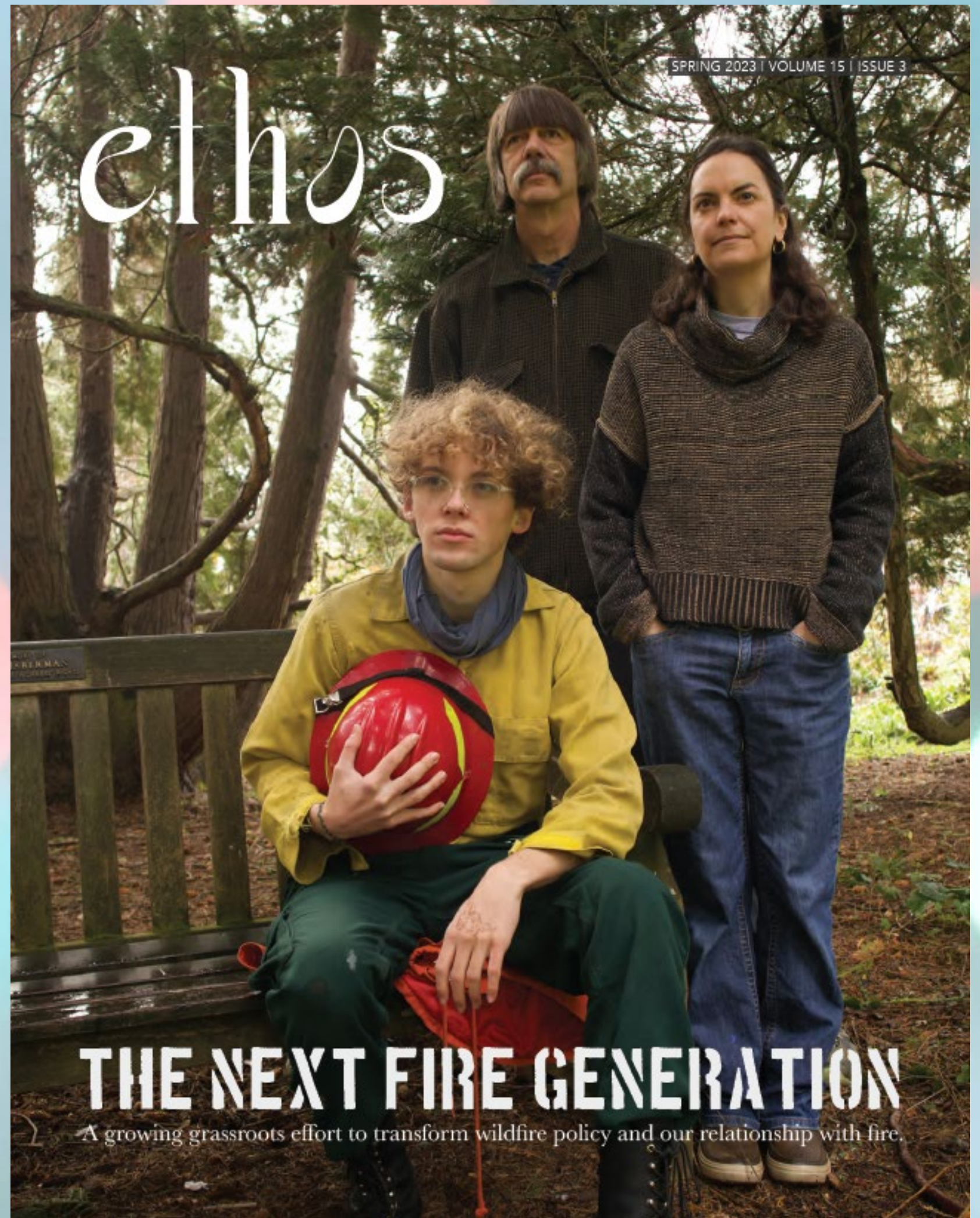
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ARTS + ENTERTAINMENT

ADVOCATE-ONLINE.NET

ALBUM REVIEW: LOVING HEALING WITH KALI UCHIS

Arianna Perez-Garcia
The Advocate

I discovered Colombian singer and songwriter Kali Uchis in my sophomore year of high school. Tracks from her 2015 album, "Loner," made it to my playlist, and I thought it was the newest sound I have ever heard from Latin American artists.

Her 2018 album, "Isolation," has a special place in my heart: All that summer I listened to that album on repeat. I like to think both she and I matured as young women, writers, and lovers.

I appreciate that Uchis's growth and maturity as an artist is being reflected in her newest album, the just-released "Red Moon in Venus." There are 15 tracks that explore the highs and lows of love, the physical and intimate aspect of love, and healing as a person. The first track, "In My Garden," gives a soft and calm introduction. Her voice, the sounds of windchimes, and birds chirping follow throughout the entire album to create the perfect mix.

Three featured artists are part of this project: Omar Apollo, Don Toliver, and Summer Walker. The unique sounds each artist bring to the songs makes me think that the order of the tracks was selected carefully and purposefully.

"Worth the Wait" features Apollo. He and Uchis have worked together before to create beautiful tracks for each other's albums. He has a soft and melodious sound similar to hers. The lyrics to this song explain the feelings of wanting to be around a lover, and experience physical intimacy that was worth the wait.

I love the lyric "I don't wanna end up just another broken family (you would never do that to me, would you baby?)." It's interesting to see a more personal side

of thoughts, fears and emotions that come up when being in a relationship with someone. This lyric goes further than the feelings our bodies experience when in love.

"Love Between..." is what being in love sounds like and flows seamlessly after "Worth" as the second track. This track gives the same vibes as a 1950s-60s oldie. The Temprees are a soul trio from the 1970s with the greatest selection of old-school love songs. Their song, "Love... Can Be So Wonderful," is given credit for the inspiration behind Uchis's new take on the song.

I enjoy when artists do justice to old-school songs, which is exactly what Uchis did on this track, making it my personal favorite. The instrumentals are absolute perfection, especially the electric guitar towards the end of the song.

I think part of her growth as an artist has been releasing even more music in Spanish. "Como Te Quiero Yo" and "Hasta Cuando" are tracks in Spanish, exploring the same themes of love and healing. I believe words in Spanish seem to mean and sound stronger, while personally, I love experiencing music in both English and Spanish.

"Endlessly" is a song that gives me the old sound and style that made me gravitate towards Uchis's music in the first place. "Moral Conscience" is an entrancing song that I would add to my personal favorites. It explains karma when relationships are over, and how that comes back to a person in the depths of loneliness and conscience. "Happy Now" truly brings the album to a happy ending with the same windchimes and nature sounds with which it began.

I definitely recommend this album to anyone interested in music with captivating new and old sounds all together.



Graphic by Matana McIntire

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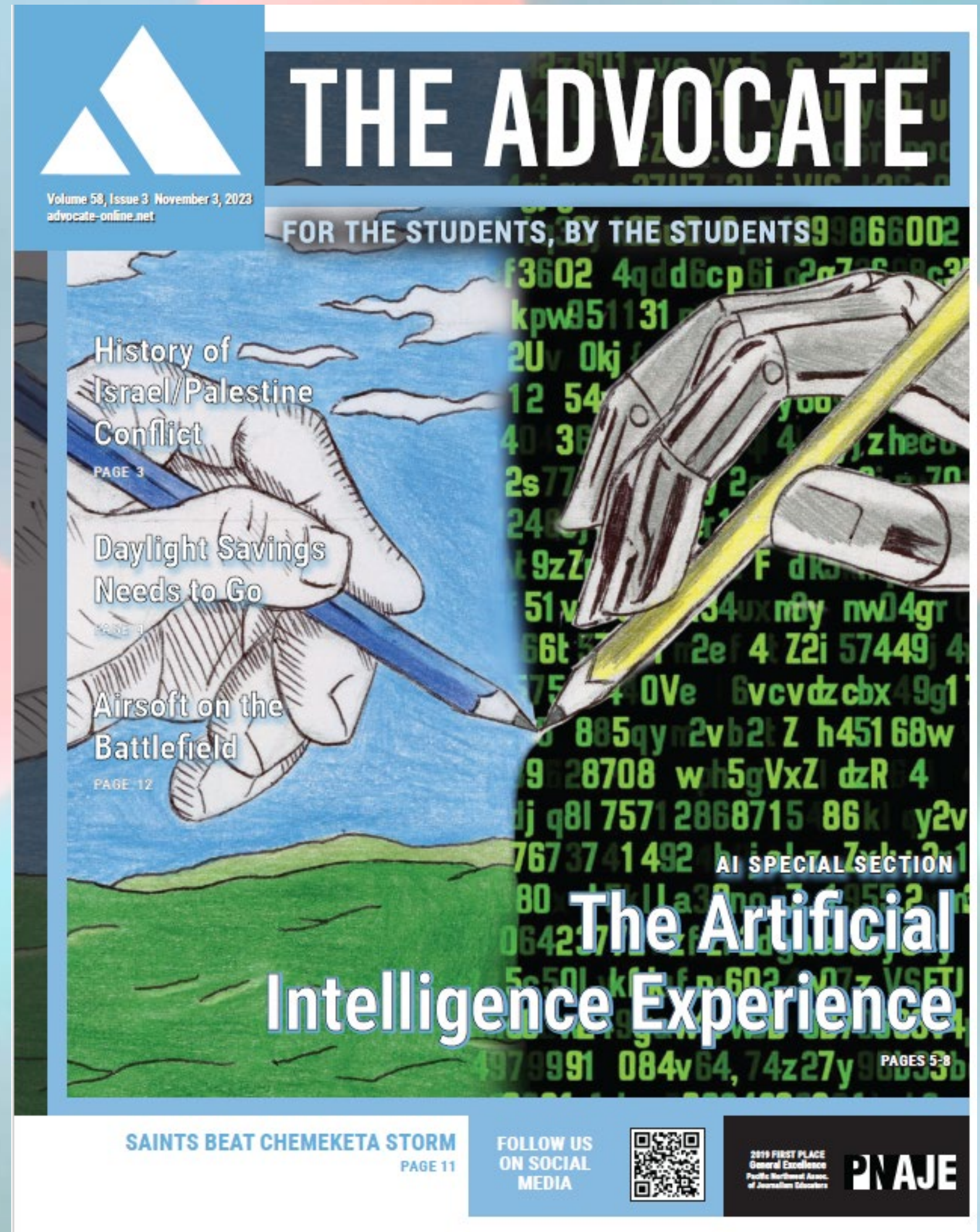
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Vanguard - PSU

Casey Litchfield



PSU RUSSIAN CLUB SPEAKS ON LGBTQ+ ACTIVISM

STUDENT ORGANIZATION HOSTS EVENT DISCUSSING LGBTQ+ RIGHTS IN ST. PETERSBURG

ABBY JOBE

PORTLAND STATE'S RUSSIAN CLUB, a student organization that meets to practice the Russian language and celebrate Slavic and Eastern European cultures, is working to further their education on social differences between the United States and Russian cities. On Friday, the club invited guest speaker Timofey Sozaev—Russian native, gay activist and co-founder of the St. Petersburg LGBTQ+ Organization—to talk about LGBTQ+ issues within Russia and specifically in St. Petersburg.

Historically there are similarities between Portland's methods of activism and those in St. Petersburg, but while across the U.S. states have progressed in their policies, Russian politics have oppressed the LGBTQ+ community.

Sozaev, who is vying for activism and gay liberation in St. Petersburg, shared that historically Russia has gone back and forth between liberation of LGBTQ+ individuals and

conservatism. "Since February of 2021, there has been a wave of repression over all civil organizations, including those that advocate for LGBT individuals," he said.

These aspects of repression include cutting off financing for civil projects, arresting protestors and removing books that discuss sexuality and gender from libraries.

According to travelporland.com, not only is Portland seen as a largely safe and accepting place, but based on population percentage it maintains one of the five largest LGBTQ+ communities in the U.S. Portland has opened many doors to its nearly 100,000 self-identified LGBTQ+ members by means of mental health resources, arts and culture events and safe spaces like the Q Center.

According to Sozaev, in St. Petersburg citizens focus on liberation by means of political involvement, social projects and pushing the medical field to refrain from referring to

homosexuality as a disease as it had still been in the mid-to-late 1900s. Citizens found, however, that the harder they pushed for liberation, the harder the pushback against them was.

In Portland, where there are many resources readily available for individuals seeking community or a safe space, it can be hard to comprehend how other countries do not have these opportunities. Social issues differ from country to country and even from region to region within a country.

"In 2017 there were physical attacks against LGBT people who lived in regions that were within the Russian Federation, even though there was no law against homosexuality," Sozaev said. There was a change in the law, however, between 2017 and 2020. In 2020 the president of Russia, Vladimir Putin, became more firm on demanding that marriage stay between a man and a woman, persecuting those who participate in gay activism and

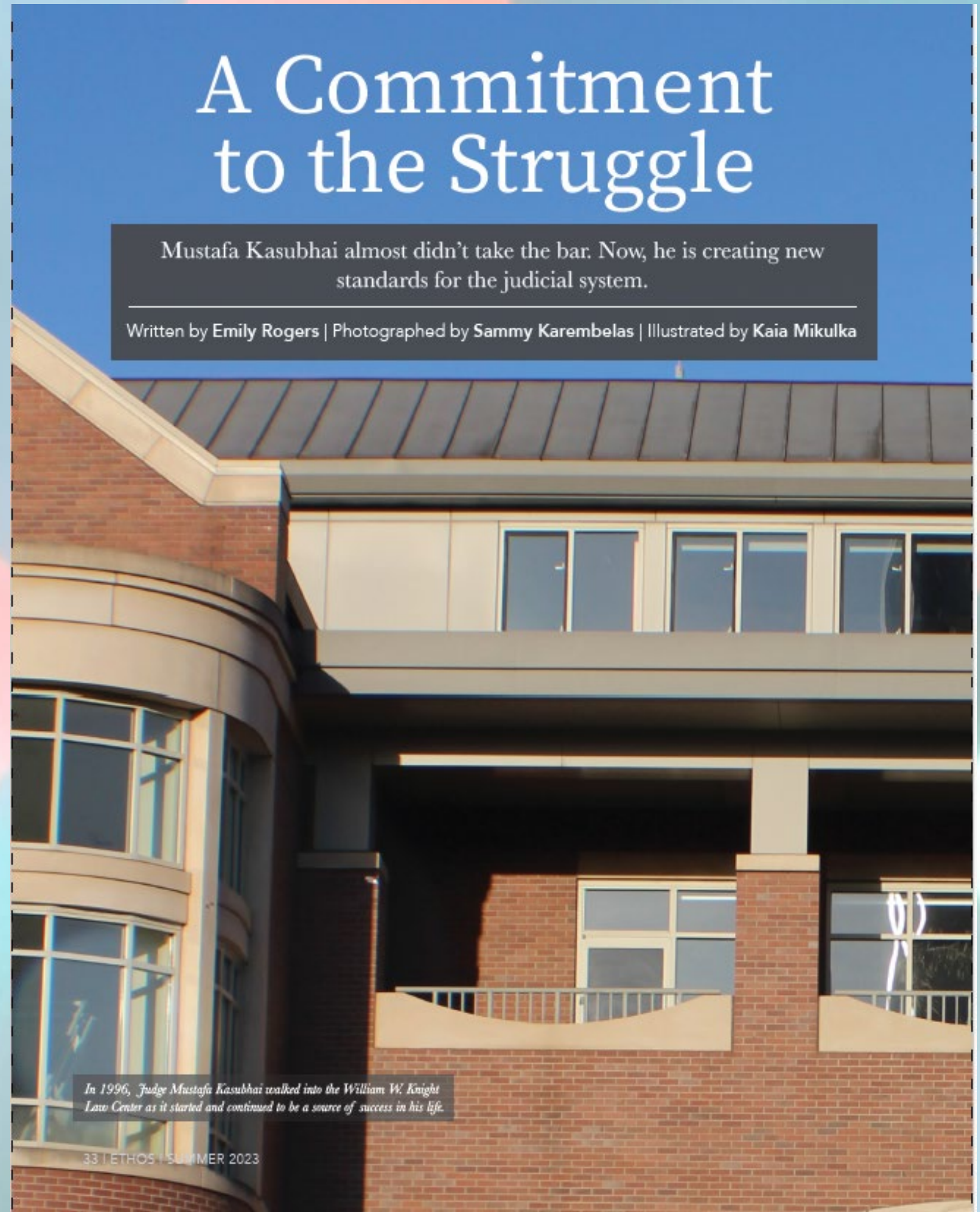
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Kaia Mikulka



Best Graphic

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The Daily Barometer

Rida Kauser

HISTORY
'Civil War:'
8 games in
history
By WES FLOW
Campus Editor

1910
November 12, 1910
Bell Field, Corvallis
Final Score: UD 12, OAC 0
Attendance: 5,000

3,000 spectators, among them Governor-elect Oswald West, Bell Field held its 1910 OSU vs Oregon State (then Oregon Agricultural College) football game. The game itself was a 12-0 Oregon victory, but a series of postgame incidents nearly killed the budding rivalry.

As a crowd of Oregon fans moved toward the Corvallis train station, instances of "rowdiness" broke out between fans and OAC fans. In the days following the incident, the University of Oregon would accuse the OAC student body of everything from hazing to (in allegations which went unchallenged) to kidnapping a UD student en route to an allegation related by the Corvallis Chief of Police.

OAC students of the time saw the claims as "silly and malicious," according to a Nov. 22, 1910 issue of the O.A.C. Esquire, and the student body voted to sever all athletic relations with the University of Oregon. When the next matchup was finally played in 1912, it was played at a neutral site in Albany.

1933
November 11, 1933
Multnomah Stadium, Portland
Final Score: UD 13, OSC 3
Attendance: 33,000+

1933 may still be one of the most anticipated matchups in the two school's histories. UD entered the game with a perfect 7-0 record. Oregon State College, led by head coach Lee Oliver in the first of his 14 years with the program, was also undefeated, with a 3-0-2 record. Both teams needed a win to keep alive their hopes of a conference title and Rose Bowl appearance.

1930 OSC students made the trip to Portland for the game, taking to the streets singing and yelling in the pre-game celebration. Ultimately, though, it would be the Oregon fans who left the game celebrating, as the UD Webfoots came away with a 13-3 win.

1953
November 21, 1953
Hayward Field, Eugene
Final score: OSC 16, UD 7
Attendance: 22,500

A game in Eugene against a 3-7 Beavers team was off first and foremost between OSU University of Oregon and a trip to the Rose Bowl.

However, an explosive UD offense was never able to blow up, and the Beavers managed to come away with a 16-7 win. Beavers fans who made the trip, however, came away not happy about the win, but unhappy with the opposing fans.

At halftime, several rally girls were grabbed from the water section by Oregon fans and carried back to the UD section by a group of Oregon fans shouting, "You're around!" They were released later in the game. After the game, a group of around 300 Oregon fans surrounded the Oregon State section and began throwing mud at the remaining Beavers fans.

1983
November 13, 1983
Autzen Stadium, Eugene
Final score: OSU 0, UD 0
Attendance: 33,776

A cold, rainy Eugene day in November 1983 produced one of the most memorable meetings between OSU and UD... for all the wrong reasons.

While OSU put up 238 yards on offense, and UD an even more impressive 343 yards, neither team scored so much as a field goal, and the game eventually ground to a 0-0 tie.

The Beavers' offense produced seven turnovers (five interceptions and two fumbles), and while UD kept it clean in the passing game, their offense fumbled the ball away four times. Meanwhile, OSU scored two field goals, from 26 and 36 yards out, and UD missed a pair as well, from 20 and 30 yards.

"It was a strange football game," UD head coach Rich Brooks said afterward. "It was almost like neither team wanted to win."

1988
November 13, 1988
Parker Stadium, Corvallis
Final score: OSU 21, UD 10
Attendance: 40,187

The weather on November 13, 1988, may have mirrored the weather from five years earlier, but the game did anything but OSU fullback Pat Crofley rushed for 107 yards and two touchdowns, and the Beavers earned a 21-10 win, their first against UD in 14 years.

For quarterback Erik Whelan, the game marked three milestones: his first game as a Beaver, the game in which he set the then-10 career passing record, and his 23rd birthday.

"I've got bragging rights for a lifetime now," Whelan said after the game.

More than 40,000 people attended the game, many of whom roared the field after the game. Groups of fans tore down the Parker Stadium goalposts, hauling them away as celebrations raged on.

1990
November 21, 1990
Parker Stadium, Corvallis
Final Score: OSU 44, UD 41 (2OT)
Attendance: 37,777

No. 18 UD arrived in Corvallis for 1990's matchup with an 8-2 record with their eyes on the postseason. For OSU, even a winning season was out of the question, with a record of 4-6. The game, however, would be a lot closer than the records may suggest.

At the end of regulation, the game settled 21-21. OSU took the lead in the first overtime with a touchdown, and an incomplete 4th down pass by UD seemed to end the game. Fans stormed the field, but had to be cleared off, as the play had been flagged for pass interference.

With a fresh set of downs, Duck quarterback Ake Smith threw a touch-down pass, forcing a second overtime. OSU's defense held UD to a field goal, and running back Ken Stromer ran for a touchdown to give the Beavers a 44-41 win.

"It's a great win for our program," Stromer said postgame. "I'll be darned tonight."

1998
November 21, 1998
Autzen Stadium, Eugene
Final score: UD 69, OSU 10
Attendance: 53,475

Before 2017, the largest margin of victory in Civil War history was 44 points, in 1993 and 1987.

In the 2017 game, the Ducks led the Beavers by 43 at halftime.

In a game with few bright spots for the Beavers, quarterback David Gonzalez finished his college career with an injury, a fight reportedly broke out on the OSU sideline, and the team, led by interim head coach Cory Hall in his final game, was handed a 69-10 shelling.

2020
November 21, 2020
Reser Stadium, Corvallis
Final score: OSU 41, UD 38
Attendance: 0

In an empty Reser Stadium, the 2020 Beavers and Ducks put on a show for a world to read at distance.

Coming back home, Jefferson produced 234 yards on the ground, and quarterback Tristan Galbreath put up 243 yards passing, but it was Orelson's backup Chance Nolan who sealed a 41-38 Beavers win.

On fourth and goal, with less than 40 seconds left on the clock, Nolan was sent out to replace Galbreath, who had been injured on the previous play. Until then, Nolan hadn't taken a single snap in a Beavers uniform, but on the last play of his OSU career, he rolled in the game-winning touchdown.

2017
November 25, 2017
Autzen Stadium, Eugene
Final score: UD 69, OSU 10
Attendance: 53,475

Codwies, from 1910: OAC football player Sub Hastings in 1910; University of Oregon's 1933 co-captains Bernie Hughes and Mark Temple; OSU's Jim Smetzer and UD's Dave Orner grapple over the ball in 1959's matchup; OSU's Reggie Byrum is tackled by UD defender Larry Wilson during the 1983 game; OSU linebacker Jim Conner dives for a tipped ball in the 1988 game; OSU running back Ken Stromer during the 1990 OSU-UD game, action during the 2017 meeting; OSU quarterback Tristan Galbreath throws a pass during the 2019 game, the last game with fans in person before 2020. PHOTOS FROM BAROMETER ARCHIVE

Best Cartooning

Group 3

2nd Place

The Advocate-MHCC

Ian Montgomery

Sideline Schaboingery

HA-01 (Anthrus)



PAGE 8

Best Cartooning

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Camden Benesh



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Cat Smith



Best Cartooning

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H Beck

The Daily Barometer NOVEMBER 2023
DAILYBAROMETER.COM
VOL. CXCVIII NO. 03

THE LAST PAC-12 RIVALRY GAME

OREGON STATE UNIVERSITY vs UNIVERSITY OF OREGON



ILLUSTRATION BY H BECK

STATE OF THE PAC-12
Legislative politics of PAC-12 realignment

FASHION EVOLUTION
Hail to Old OSU: 130 years of OSU football uniforms

ALUMNI
Past OSU football players weigh in on 127th Rivalry Game

127th RIVALRY GAME

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Tory Blackwell

Dept Chair Science

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EMU AMPHITHEATER

THURSDAY OCT. 19TH 11am-3pm

PAGE 12 | EMERALD | MONDAY, OCTOBER 16, 2023

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Vanguard - PSU

Briana Cieri

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Design. Illustrate. Create.

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PHOTO & FILM: Create engaging content that captivates our audience in modern and creative ways

EDIT: Ensure precision, clarity and consistency in every article

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Best Website

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The Advocate-MHCC

STAFF

The screenshot displays the homepage of 'THE ADVOCATE', subtitled 'THE INDEPENDENT STUDENT VOICE OF MHCC'. The site features a search bar and a navigation menu with categories: NEWS, FEATURE, OPINION, SPORTS, ARTS & ENTERTAINMENT, VENTURE, and ABOUT US. A prominent news banner reads 'BREAKING NEWS: ASMHCC PRESIDENT, VICE PRESIDENT RESIGN' over a photo of a man and a woman. A sidebar on the right contains a welcome message and a 'CLOSE' button, with an image of staff members working at computers.

Best Website

Group 3

1st Place

The Clackamas Print

Staff

The Clackamas Print

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OMSI

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Cougars knocked out at championships

News to your inbox: Name Email Address

News Sports Arts & Culture

College provides for students in need

Clackamas wrestling finishes fourth at Championship

OMSI's film festival returns with Sci-Fi classics

College to carry Naloxone

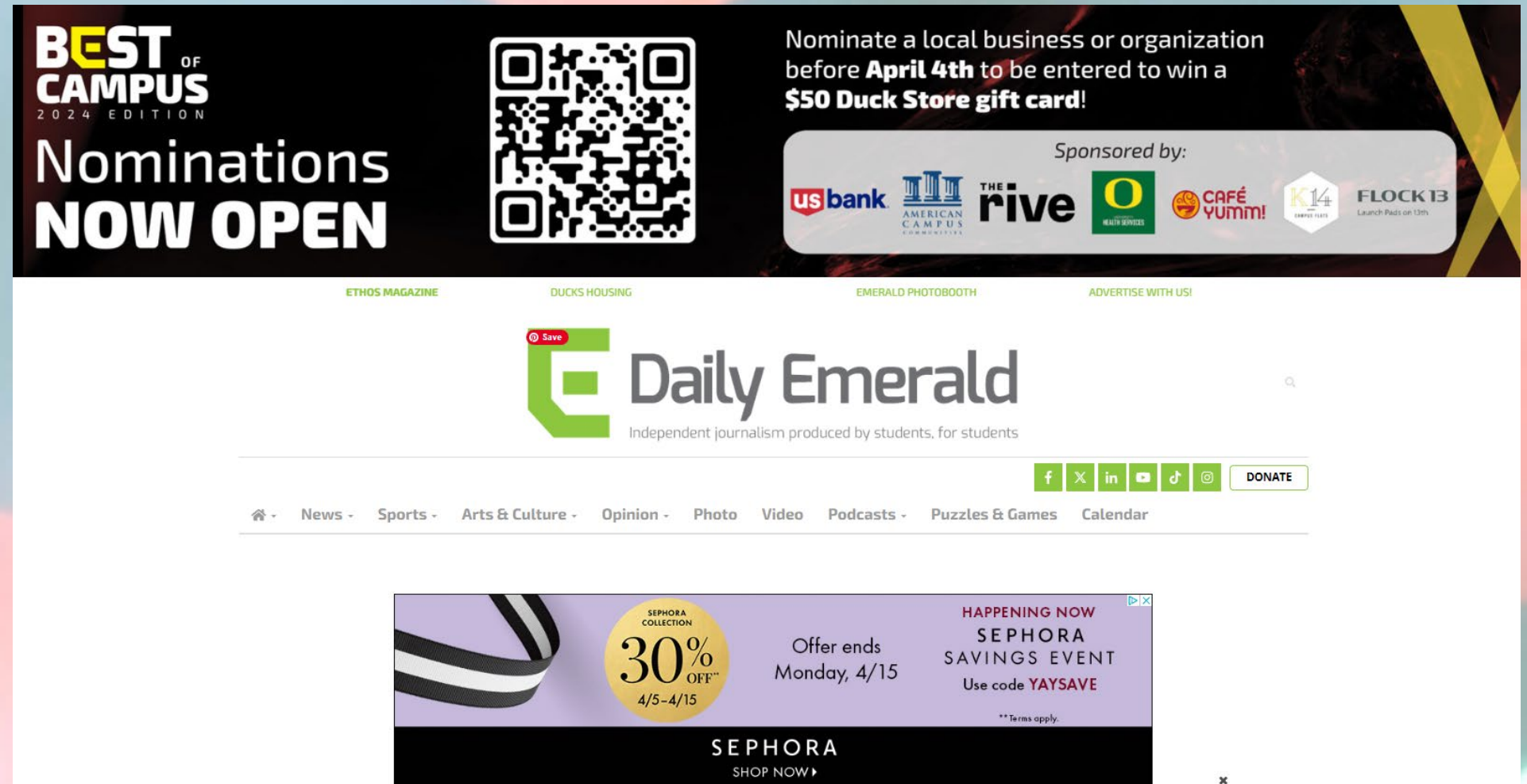
Best Website

Group 2

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Evan Reynolds, Emerald Media Group Staff



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Alexander Banks

The Daily Barometer

OMN Home Campus City Sports Opinion About Print Issues Donate

Corvallis

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Social issues mix religious beliefs at OSU's interfaith panel

April 11, 2024
Sasha Szilasz, News Contributor

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Best Website

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Vanguard - PSU

Staff

The screenshot displays the PSU Vanguard website. At the top, the logo 'PSU VANGUARD' is visible, along with social media icons for Instagram, Facebook, Twitter, and YouTube. A navigation menu includes links for NEWS, ARTS & CULTURE, OPINION, SPORTS, MULTIMEDIA, SCIENCE & TECH, GUIDES, JOBS, CURRENT ISSUE, and CONTACT US. The main article is titled 'Community & Wellness Resources' and is updated weekly by Milo Loza. It is organized into three columns: 'Happening Soon', 'Resources', and 'Wellness'. The 'Happening Soon' column lists events like 'Board Game Night', 'Paris Costume Party', and 'Alison Miller with the PSU Jazz Band'. The 'Resources' column lists services such as 'PSU Basic Needs Hub', 'PSU Food Pantry', 'SHAC recovery meetings', 'SHAC weekly online parent support group', and 'Women's Resource Center'. The 'Wellness' column lists programs like 'SHAC Mind Spa', 'Uplink Overdose Reversal Training', 'Mindful Mondays', 'Telus Health Student Support', 'Outdoor Workshop Wednesdays', and 'BDRP online fitness studio'. To the right of the article are two featured images: one showing a person in a red jacket working on a device, with a caption 'PSU replicates UW study testing for drug residue on public transit', and another showing a woman in a dark jacket speaking at a podium, with a caption 'Press conference with President Cudd'. Below the article is a 'Latest Posts' section with three preview cards: 'Community and Wellness Resources', 'Cop cities and the militarization of vulnerable populations', and 'Student Media speaks with Cudd'. A 'Current Issue' section shows a flipbook of the 'Student Media speaks with Cudd' article. At the bottom, there is a 'News' section with two preview cards: 'Press conference with President Cudd' and 'Bomb threat at NASCC'.

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